

Don't Be A Bully :-)

From the Learn Sight Words Series



Bullies
are horrible!

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**free kids
Books**

Learn Sight Words

Don't Be A Bully

Learn Sight Words Series
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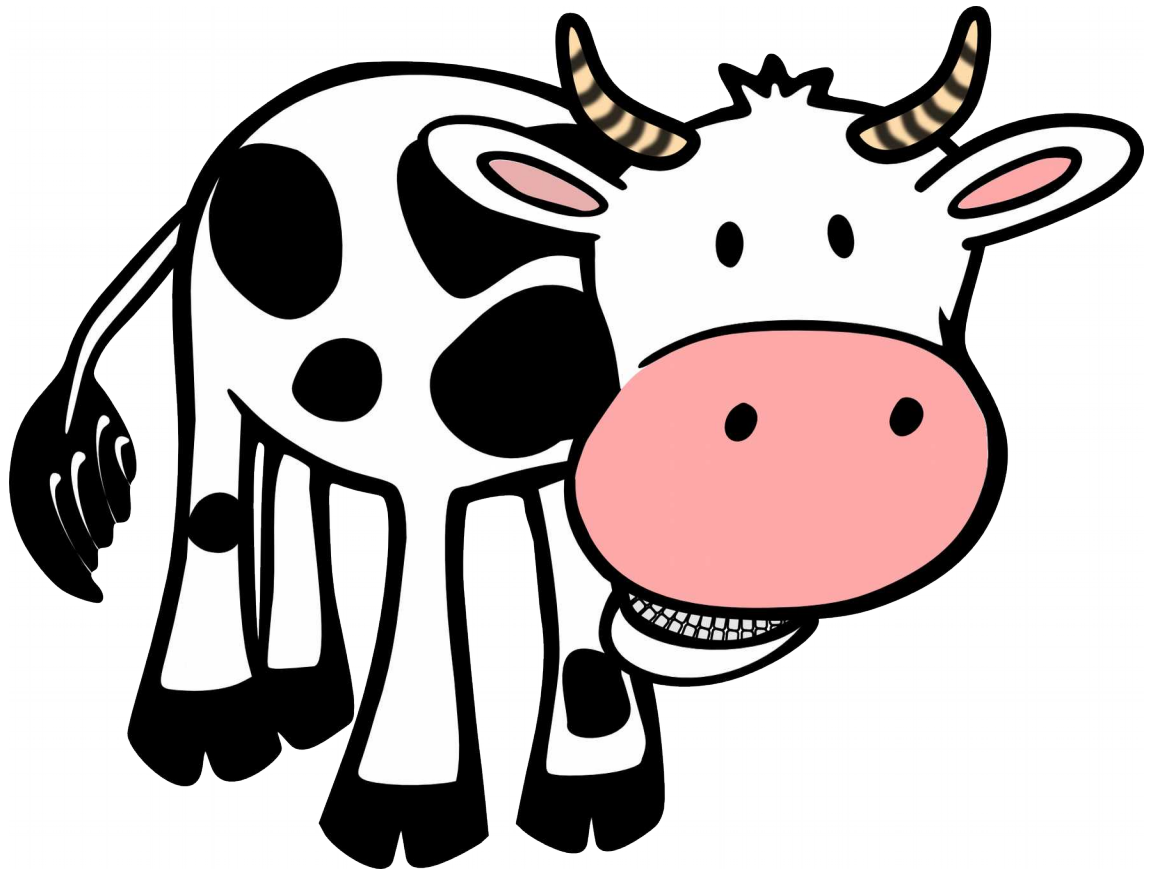
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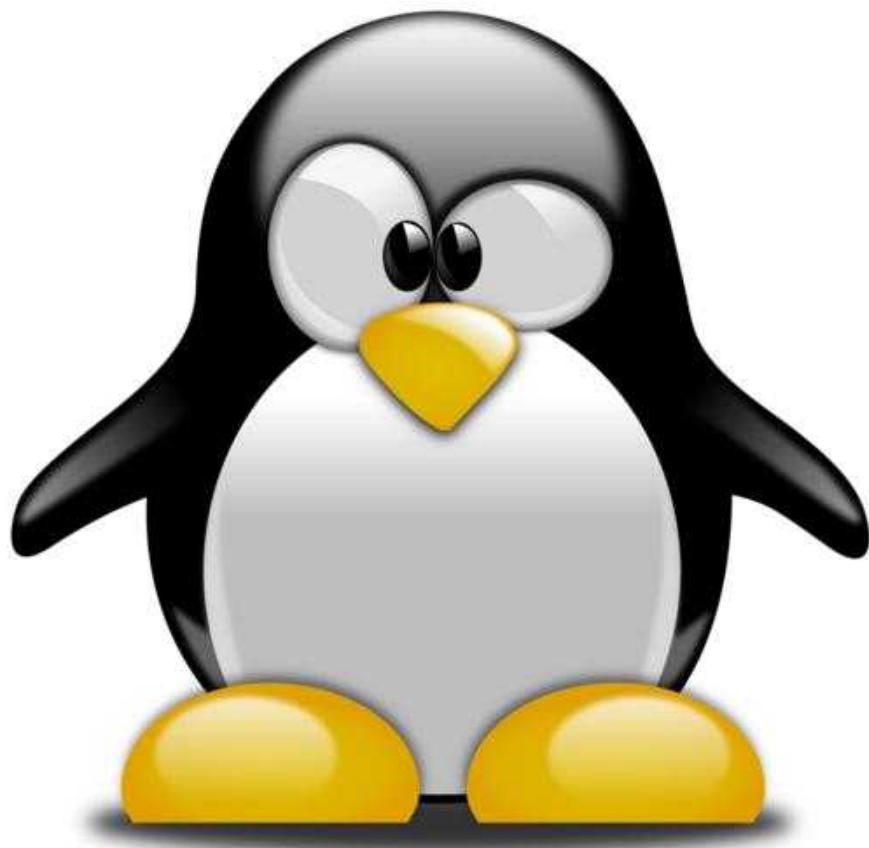




Gerty Goat says:
Don't Be a
Bully!

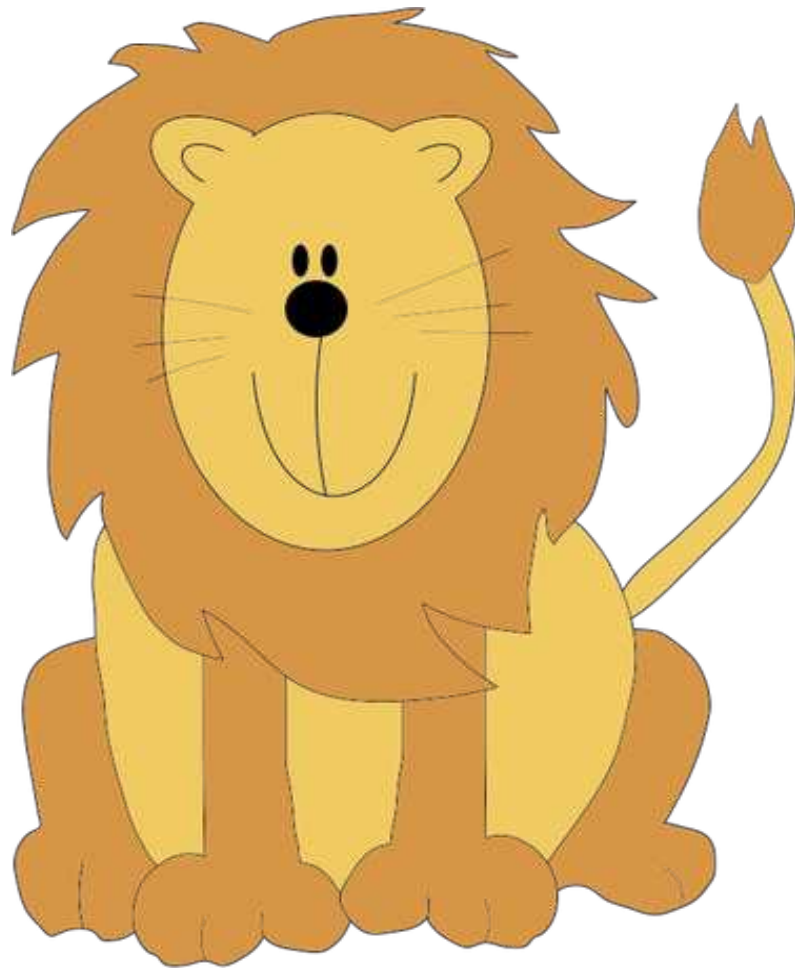


Colin Cow says:
Be fair to
everyone, no
matter what!



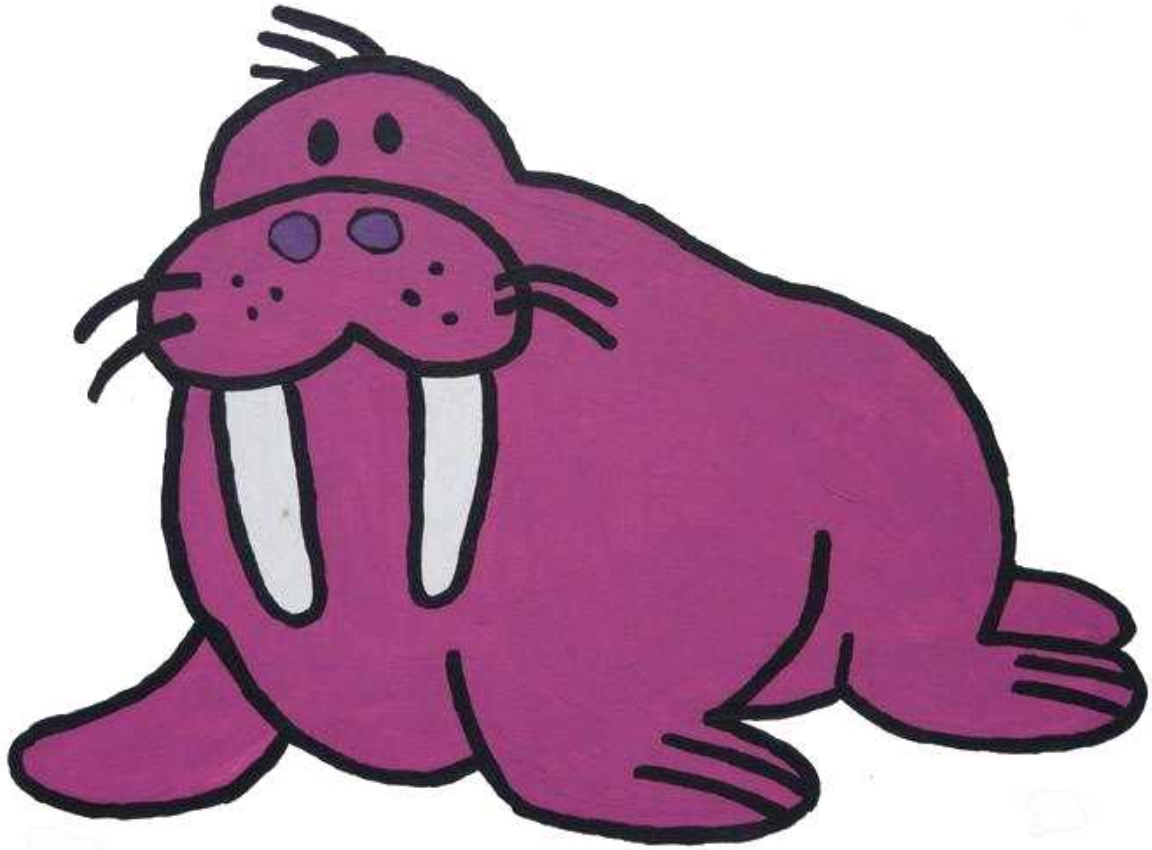
Patty Penguin says:

**Treat every person
the way you want
to be treated.**



Leo Lion says:

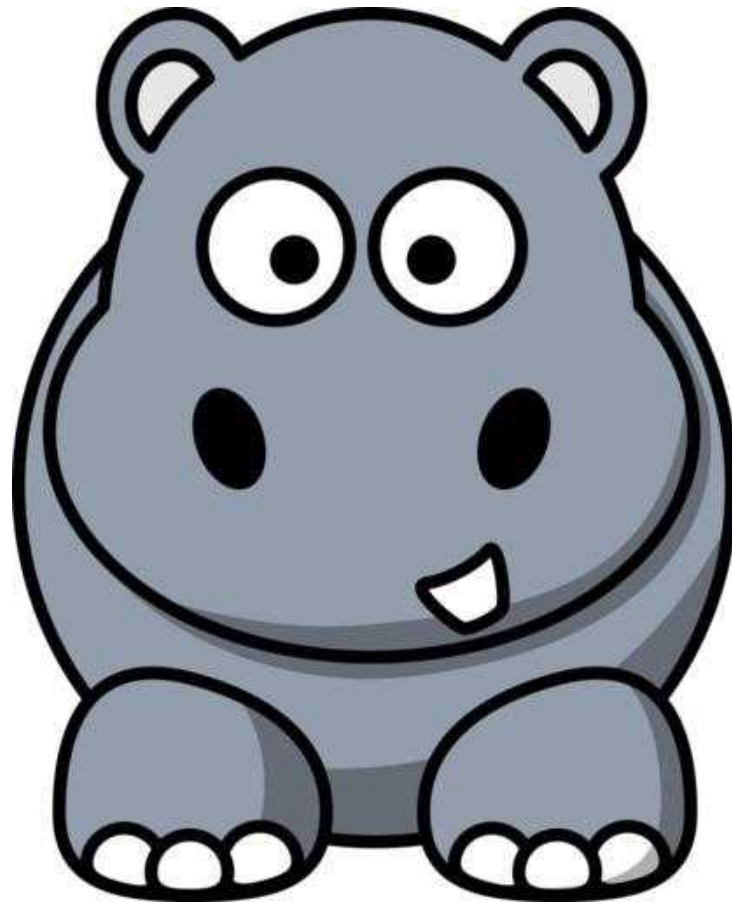
**Don't judge
people for their
beliefs or abilities.**



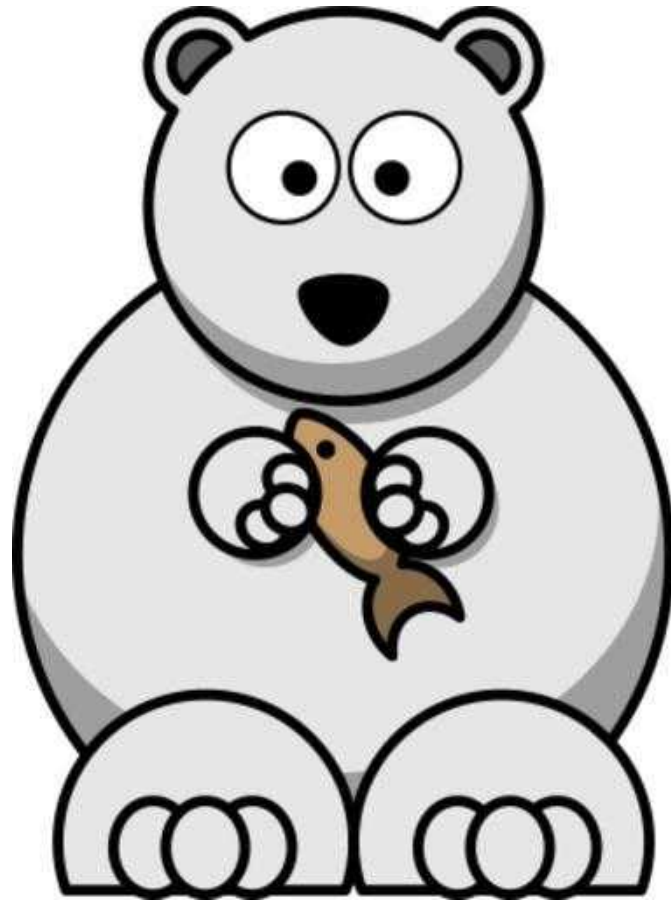
Wally Walrus says:
**Support and
help others!**



Peter Panda says:
**Be honest, but,
be kind!**



Harry Hippo says:
**Never put
someone down!**



Baba Bear says:

**Sharing is
caring!**

Not everyone has fish.



Carly Cat says:
Hate hurts;
Love heals!



And Zenna Zebra says:

Don't

Discriminate*!

*"disriminate" means putting someone down ot treating them unfairly for their differences.

Words in this book

be a to the you for and is
don't no or but
what want way their put down
bully fair
everyone matter
treat everyone
Treated judge
people beliefs
abilities support
help others
never
someone down
hate hurts
love heals
sharing caring
honest kind
Discriminate

ABOUT ANTI-BULLYING and ANTI-DISCRIMINATION

Ask children to come up with ideas for each page on how they can follow through with the concepts suggested, and why it makes a difference:

Don't be a bully.

Be fair to everyone no matter what.

Treat everyone the way you want to be treated.

Don't judge people for their beliefs or abilities.

Support and help others.

Never put someone down.

Hate hurts; Love heals.

Sharing is caring.

Be honest, but be kind.

Don't discriminate.

Talk about what discrimination means, and what types of discrimination can be present, for example:

Discrimination because of gender, disability, race, or religion.

Talk about being all-inclusive, and what it means.

Look at ways people can be insensitive about race, disability, religion, or gender without thinking.

Comment on the following and what is wrong with them:

“Cars are for boys.”

“Pink is for girls.”

“God only loves Christians.”



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are horrible!**

SHARING AND CARING ACTIVITIES

– from Book 2 HOW TO BE HAPPY

Ask children to come up with ideas for each page on how they can follow through with the concepts suggested, and why it makes a difference:

Worry less; Dance more!

Take less; Give more!

Consume less; Create more!

Frown less, Smile more!

Talk less; Listen more!

Fear less; Try more!

Judge less; Accept more!

Watch less; Do more!

Complain less; Appreciate more!

Always be nice.

Appreciate more: Talk about what it means to appreciate, and have children write a list of all the things they appreciate in life.

Consume Less: Discuss sustainability and reduce, reuse, recycle concepts, ask the children to write down ideas to reduce waste, have a green day where children don't produce any waste.

Give more: Research some child welfare charities and discuss ideas of how to contribute, for example a fund raising day or project at school.



**Give
More!**

SHARING AND CARING ACTIVITIES
from Book 1 – ALWAYS BE NICE

Ask children to come up with ideas for each page on how they can follow through with the actions:

Always be nice.
Be kind to others.
Don't let others feel left out.
Think about others feelings.
Don't be mean,
Use kind words.
Help out when you can.
Sharing is Caring
Always say "Please".
Don't forget "Thank-you".

Have a star chart and give children stars whenever another child or sibling notices their caring and sharing behaviour.

Ask children to think about how their behaviour makes others feel when they don't follow these rules.

Ask children if they can think of a time when they didn't follow these rules. How could they change their behaviour to make the situation better.



**Always
be nice!**

Other books in the BE NICE series available at
<http://www.freekidsbooks.org>

Books in the BE NICE Series are all available as CC-BY-NC, you can use them in your school or home for lessons any way you like, and they are in flip book, editable (odg), and pdf versions on our website, here:

FKB Be Nice Series



Or see all the following sections at FKB:

FKB Values Section
FKB Differences and Diversity Section
FKB Emotions Section
FKB Behaviour Section

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Hello Seal - Will You Play With Me?

What is Christmas?



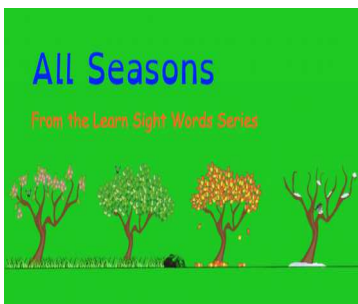
3, 4, and 5 Letter Word Stories



Under the Sea - Learn Sight Words



All Seasons - Rhyming early reader



Or see all the Early Readers at: [FKB Early Reader Category](#)

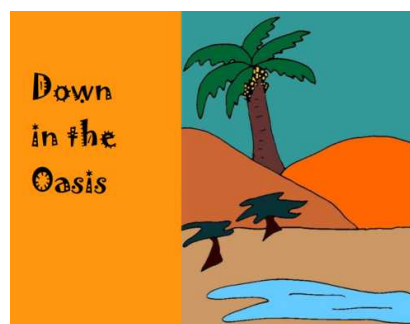
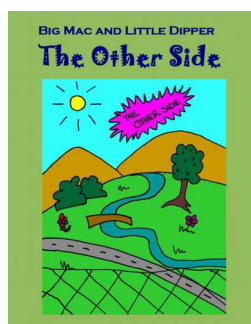
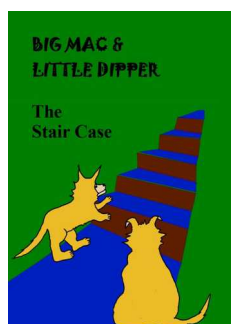
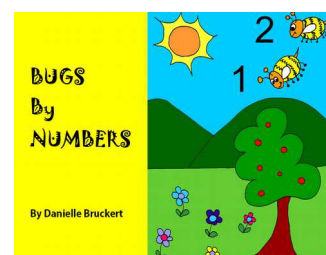
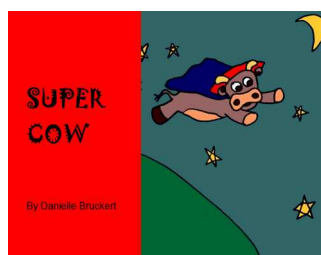
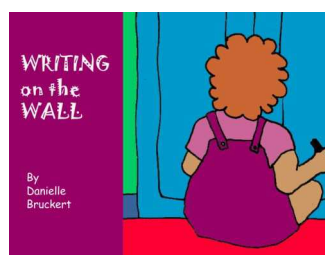
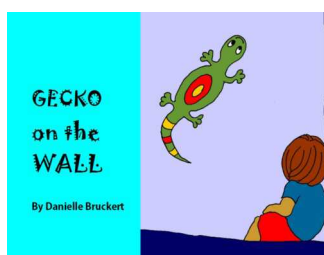
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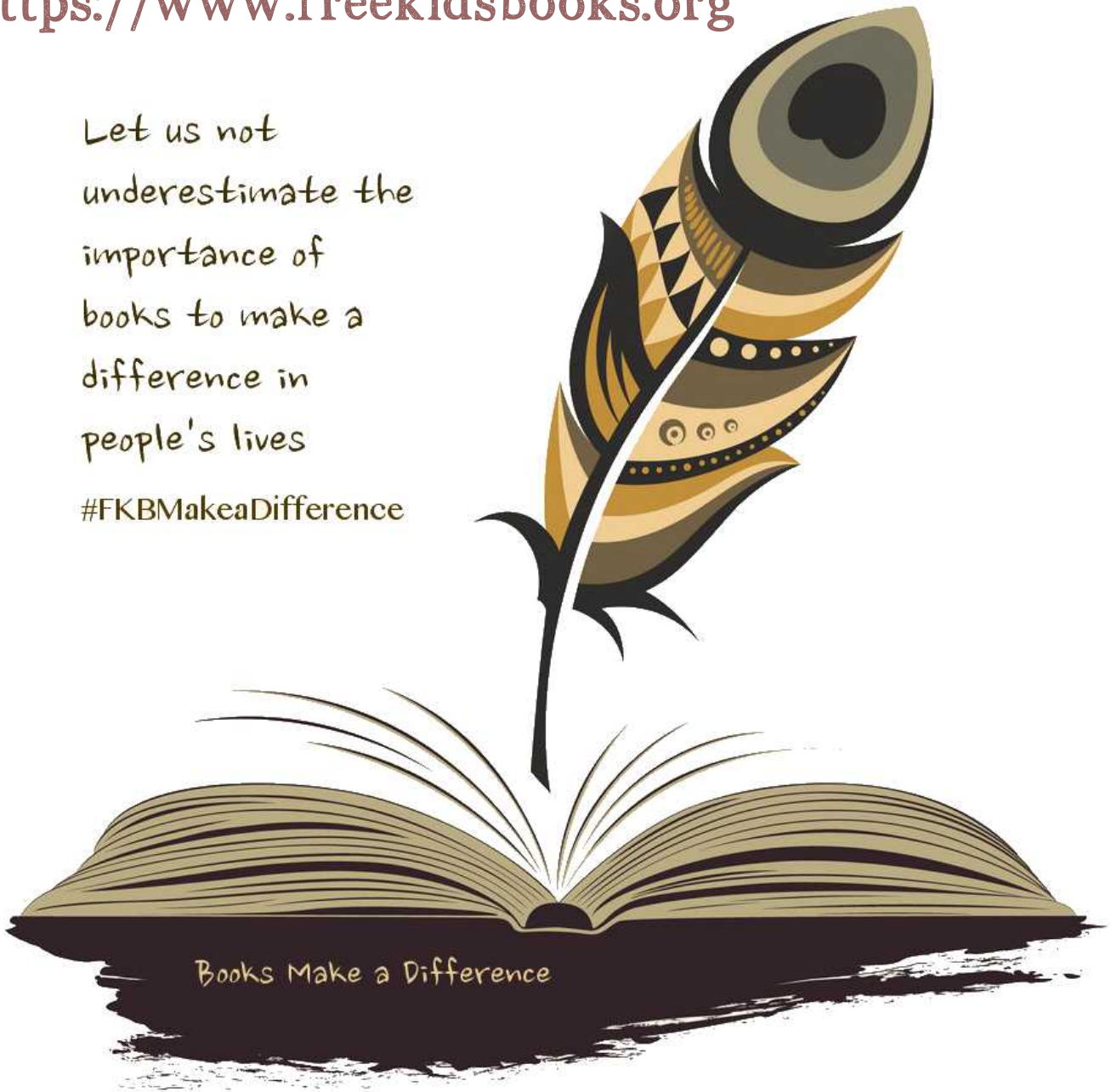
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