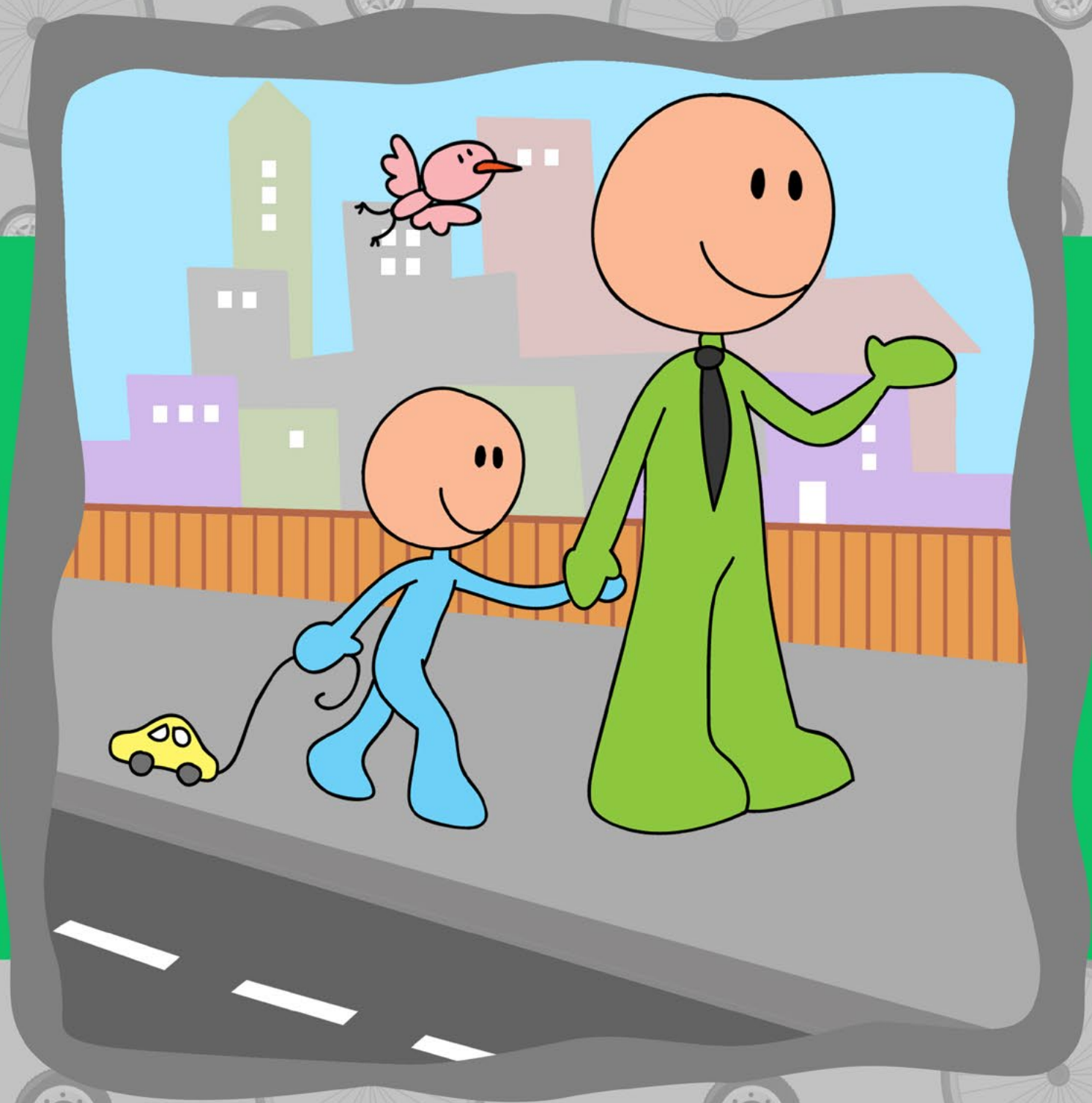
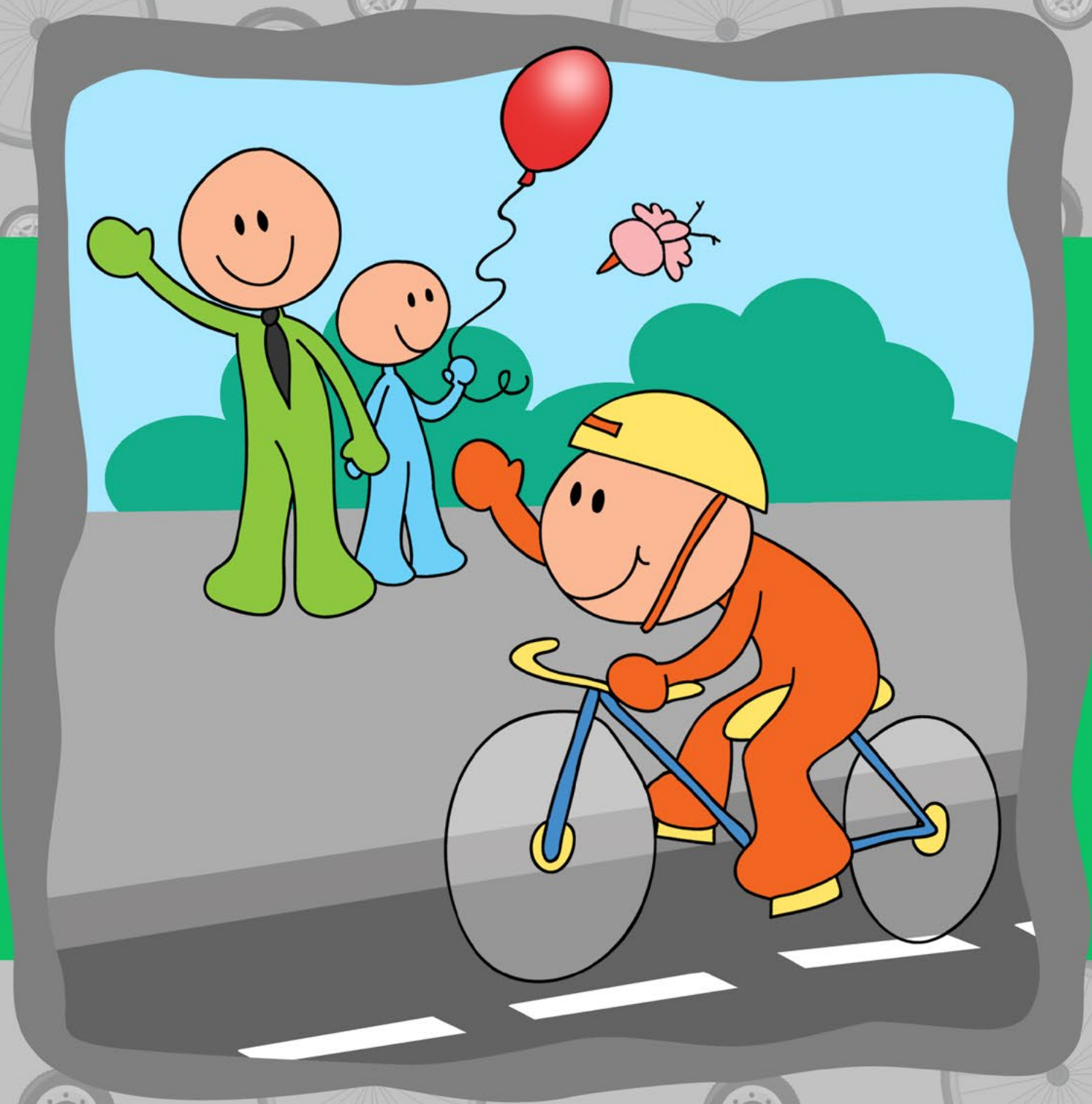




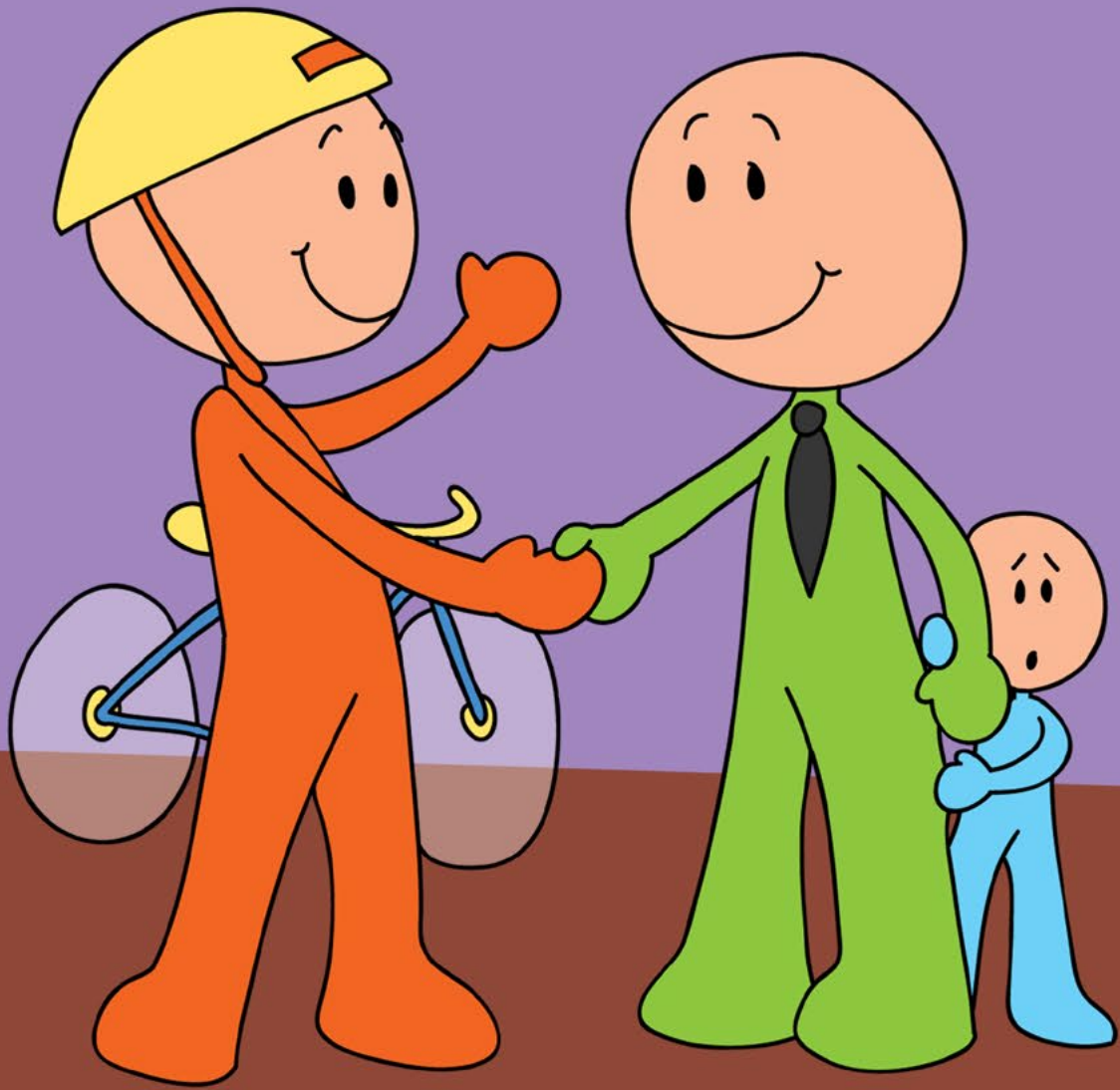
*I love going
out and seeing
new places.*



“Thanks for taking me along, Dad. This is great fun!”



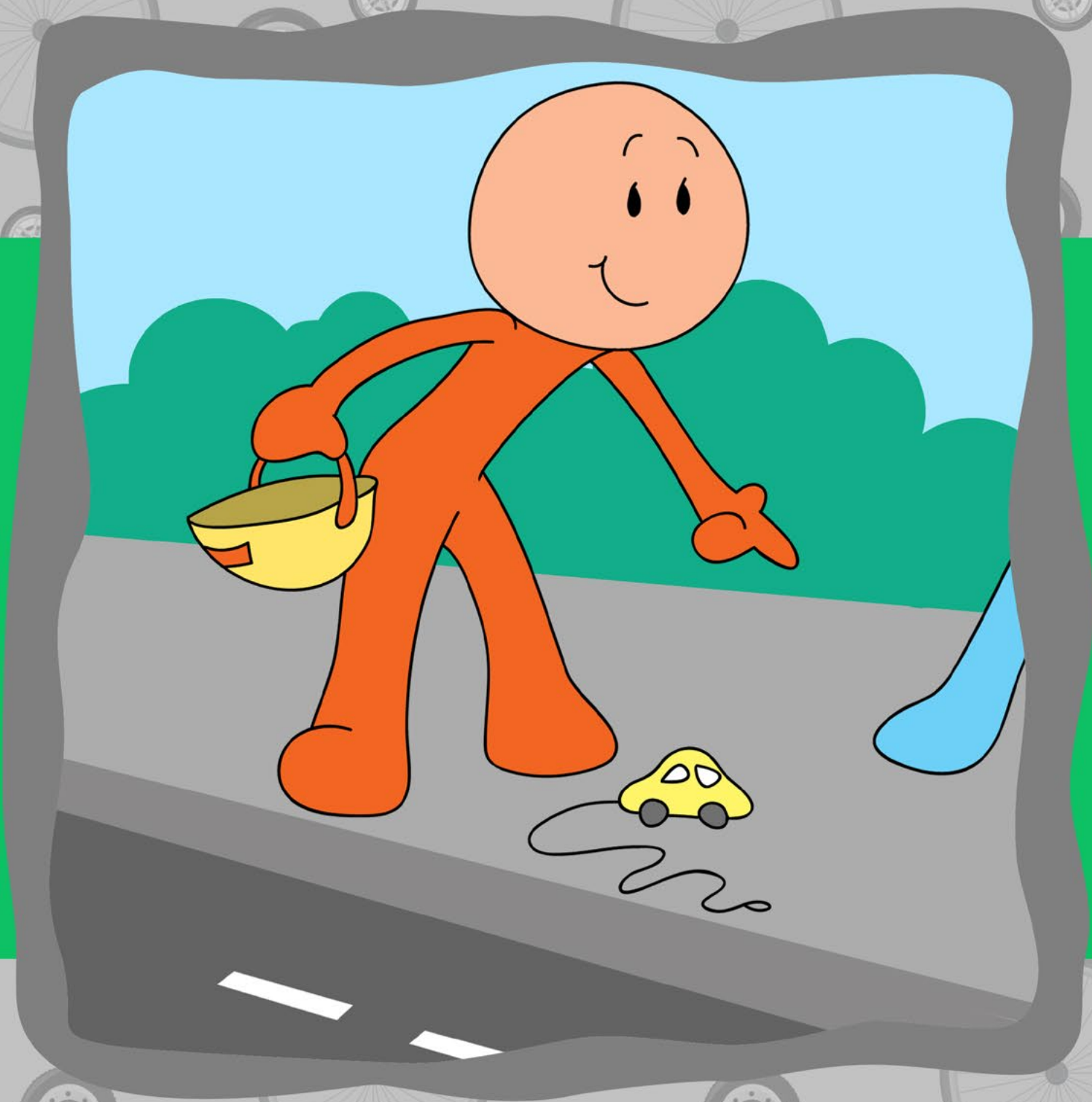
*“Oh look!” says Dad,
“There is my friend,
Greg.”*



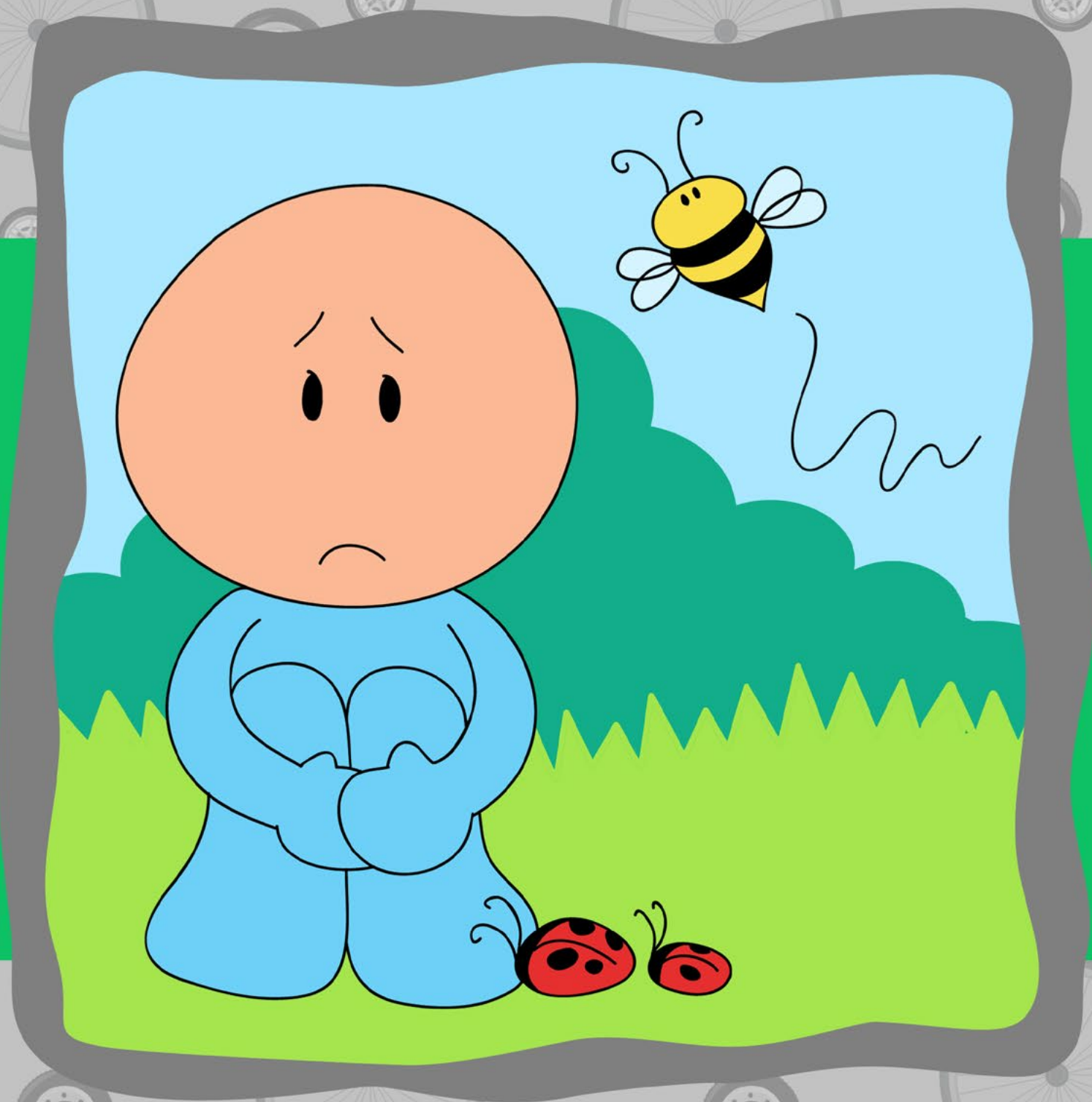
*After Dad and Greg
shook hands, then it
was my turn.*



*But I'm very shy,
and don't feel like
shaking hands or
saying "Hello."*

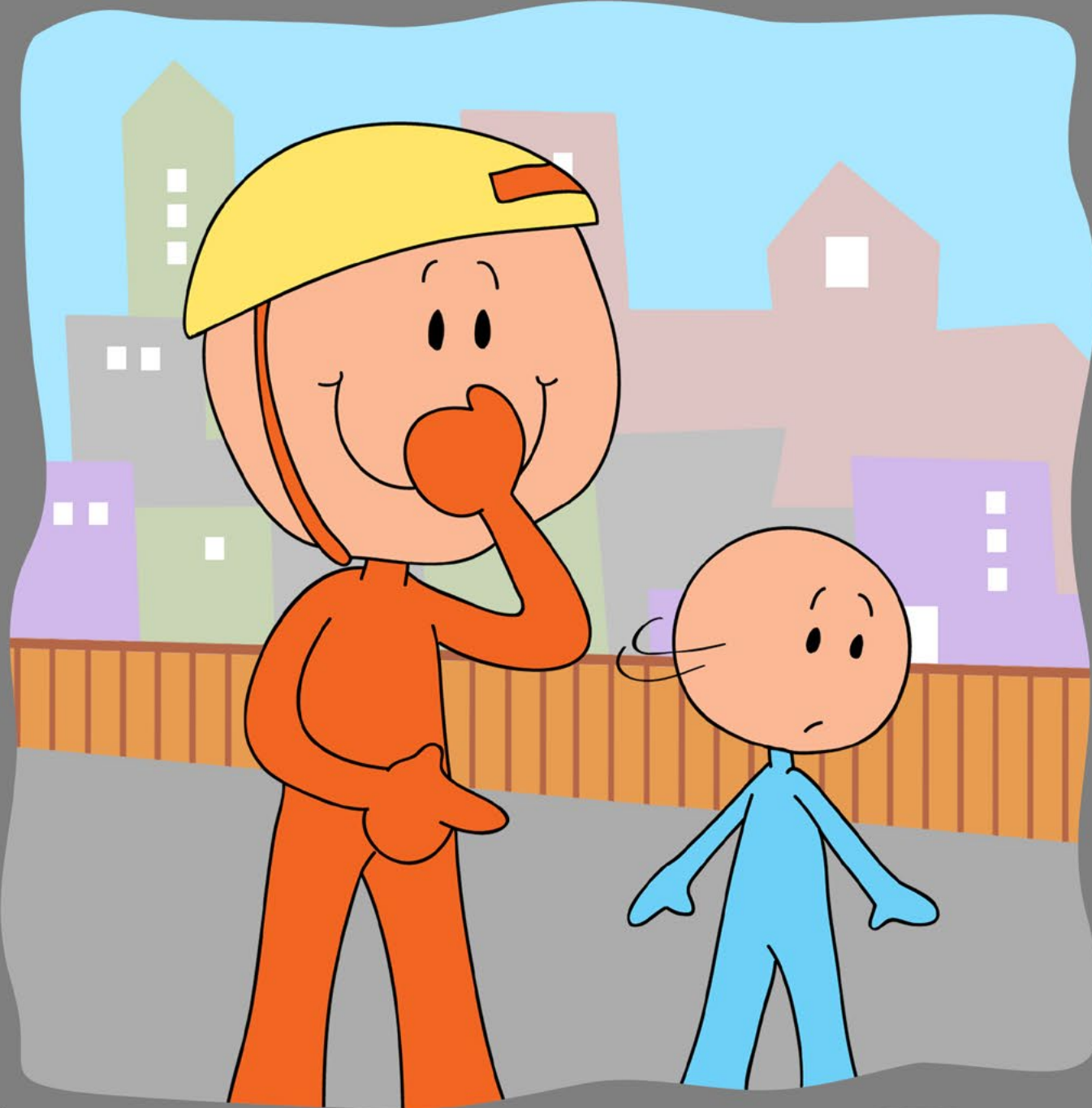


*“If you don’t want to shake hands, can I shake your foot?”
Greg asked me.*

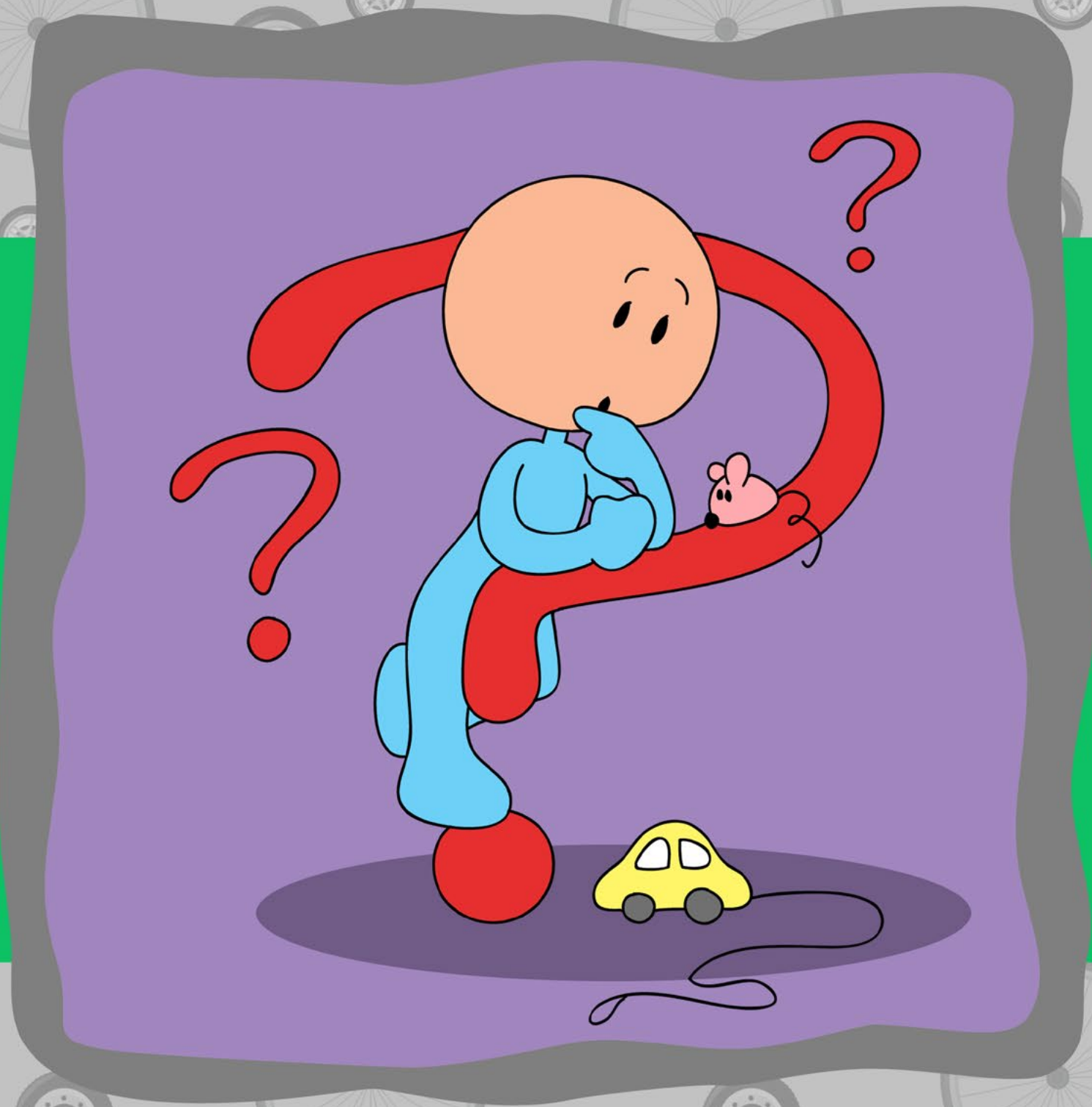


7

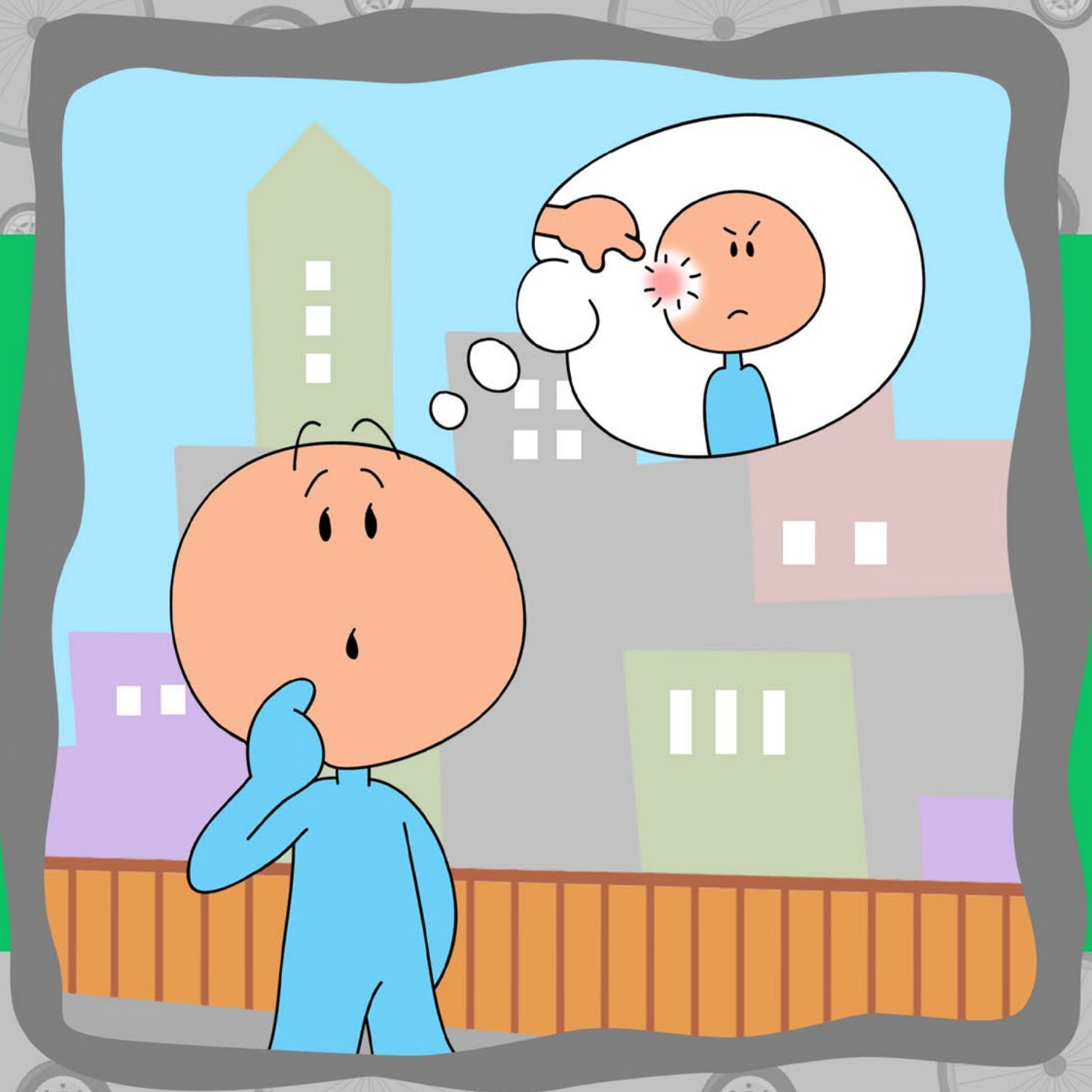
That's funny. Of course, I don't want someone to shake my foot.



*“Or, can I pinch your nose?”
asked Greg.*

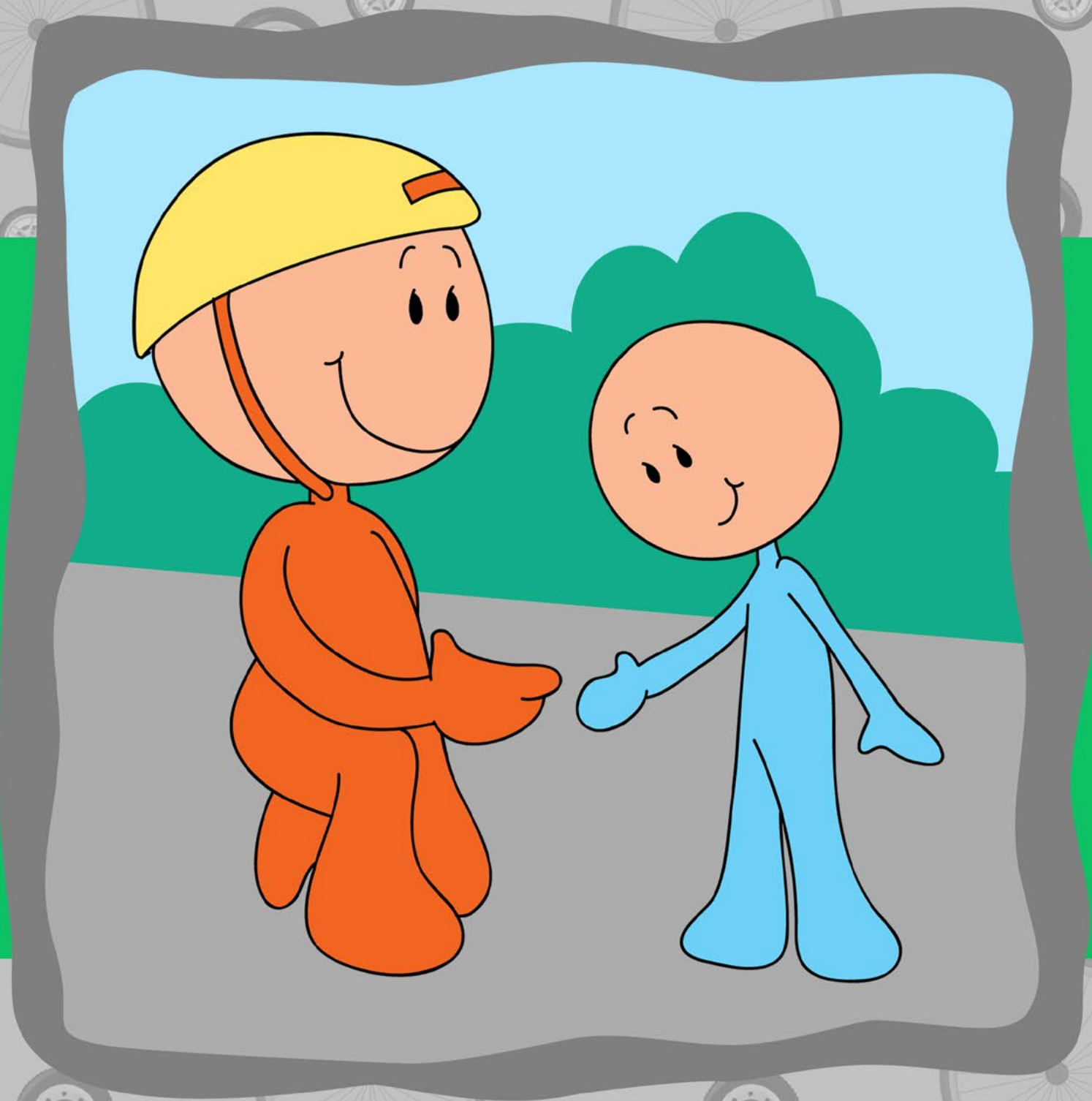


*Think, Think, Think.
What should I do?*

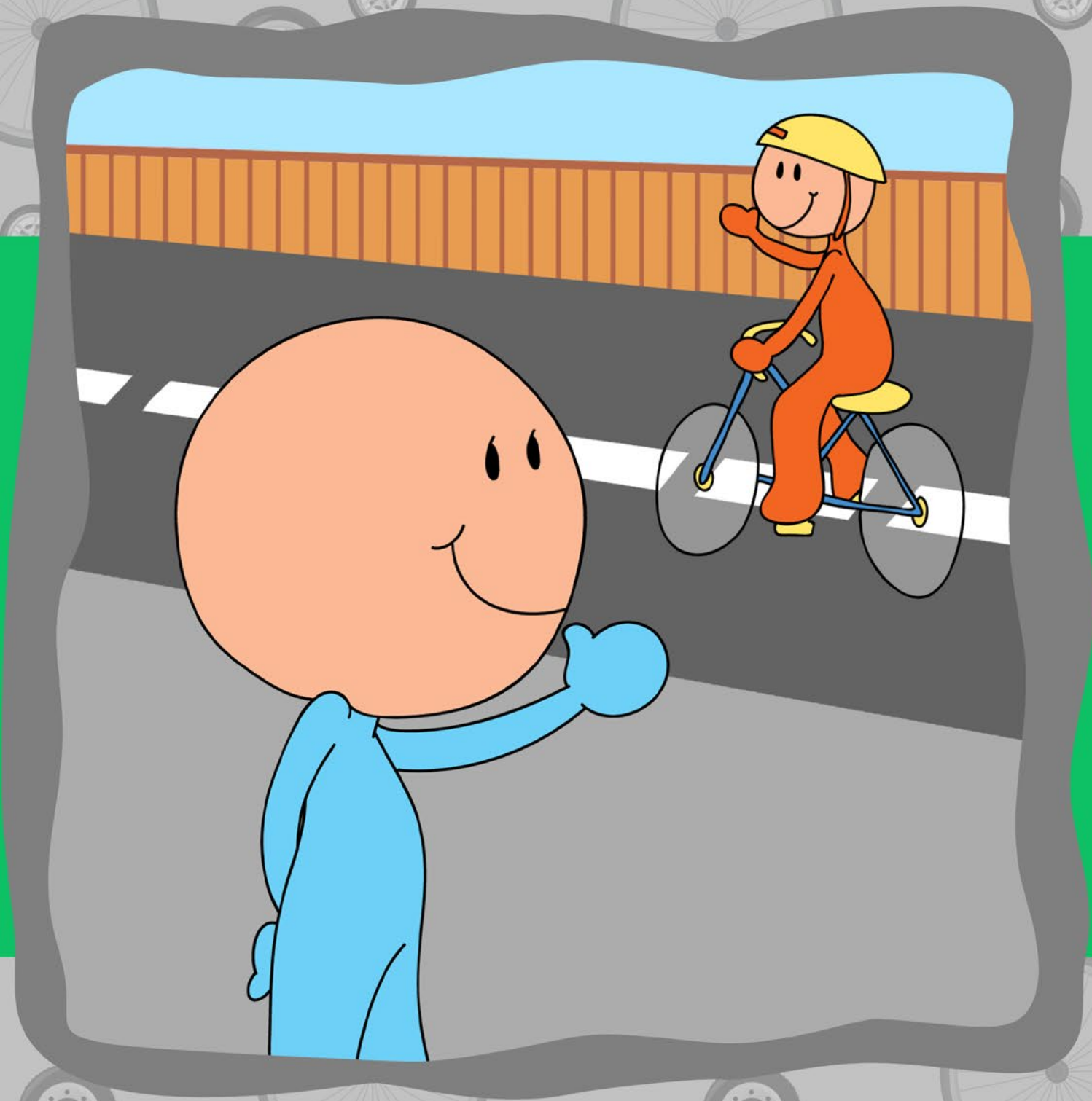


10

Hmm, I'd better shake his hand before he asks to squeeze my cheeks, I thought.



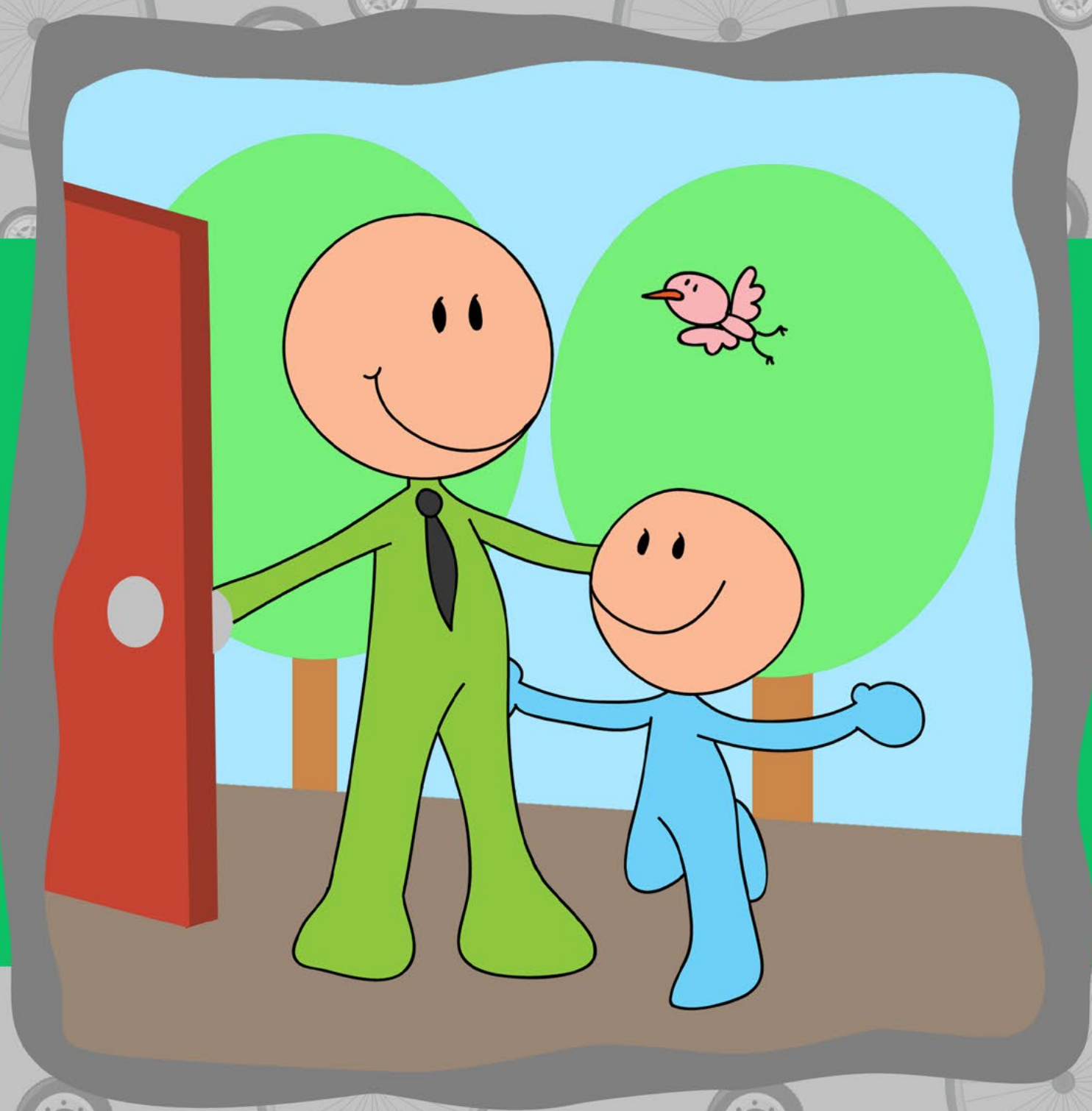
“Hi Greg, it’s nice to meet you!” I said, as I shook his hand.



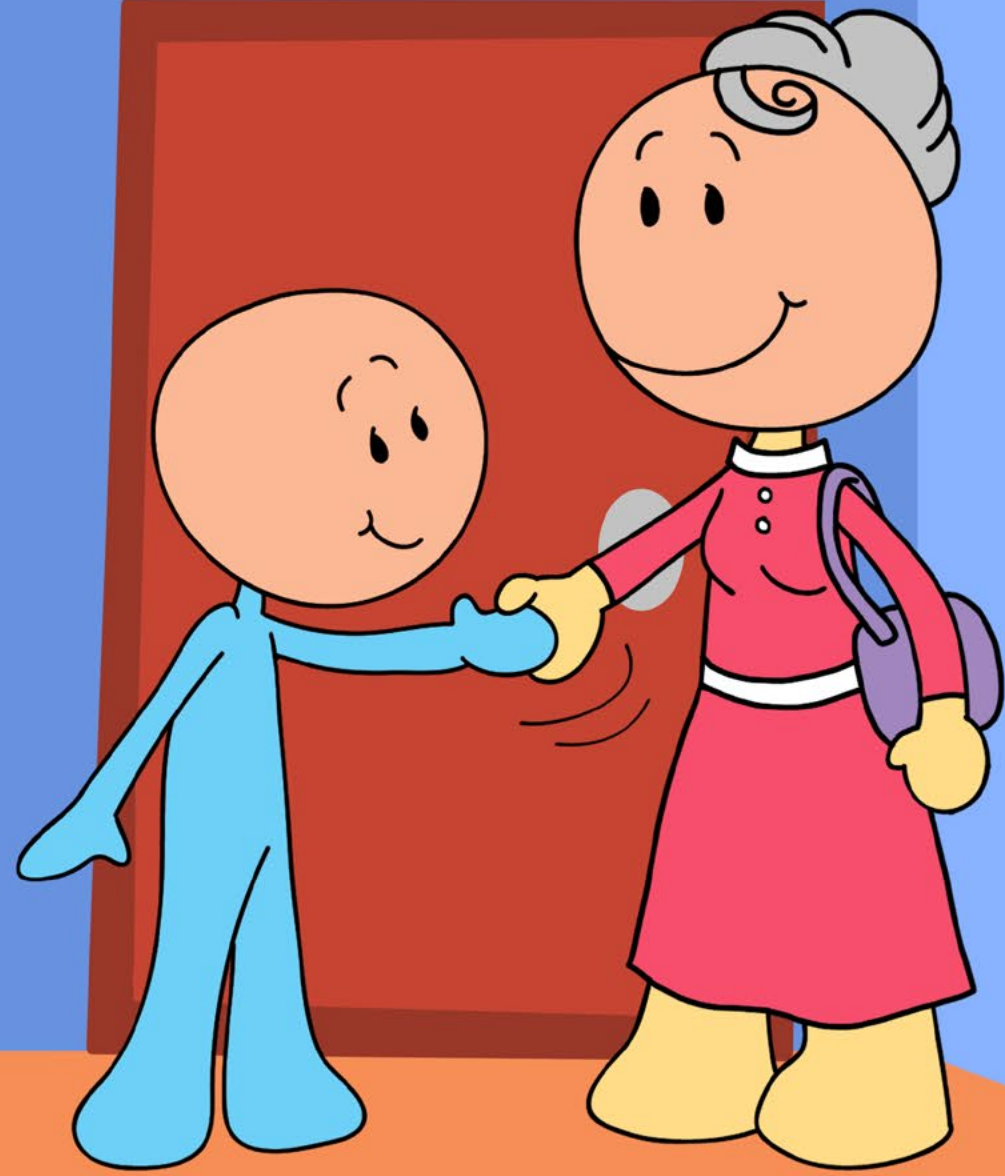
*It was a lot easier
than I thought it
would be.*



*On the way home,
Dad said, "Thanks for
greeting my friend.
I'm sure he was
happy about that."*



*I felt happier as well.
It's important for me
to treat others with
kindness even when
I feel shy.*



*The next day:
Ding! Dong! Ding! Dong!
“Hello Mrs. White! It’s
nice to meet you”.*



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*Encouraging children
to overcome shyness
in greeting others.*



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