

बुलबुलों वाला फेनीला दूध

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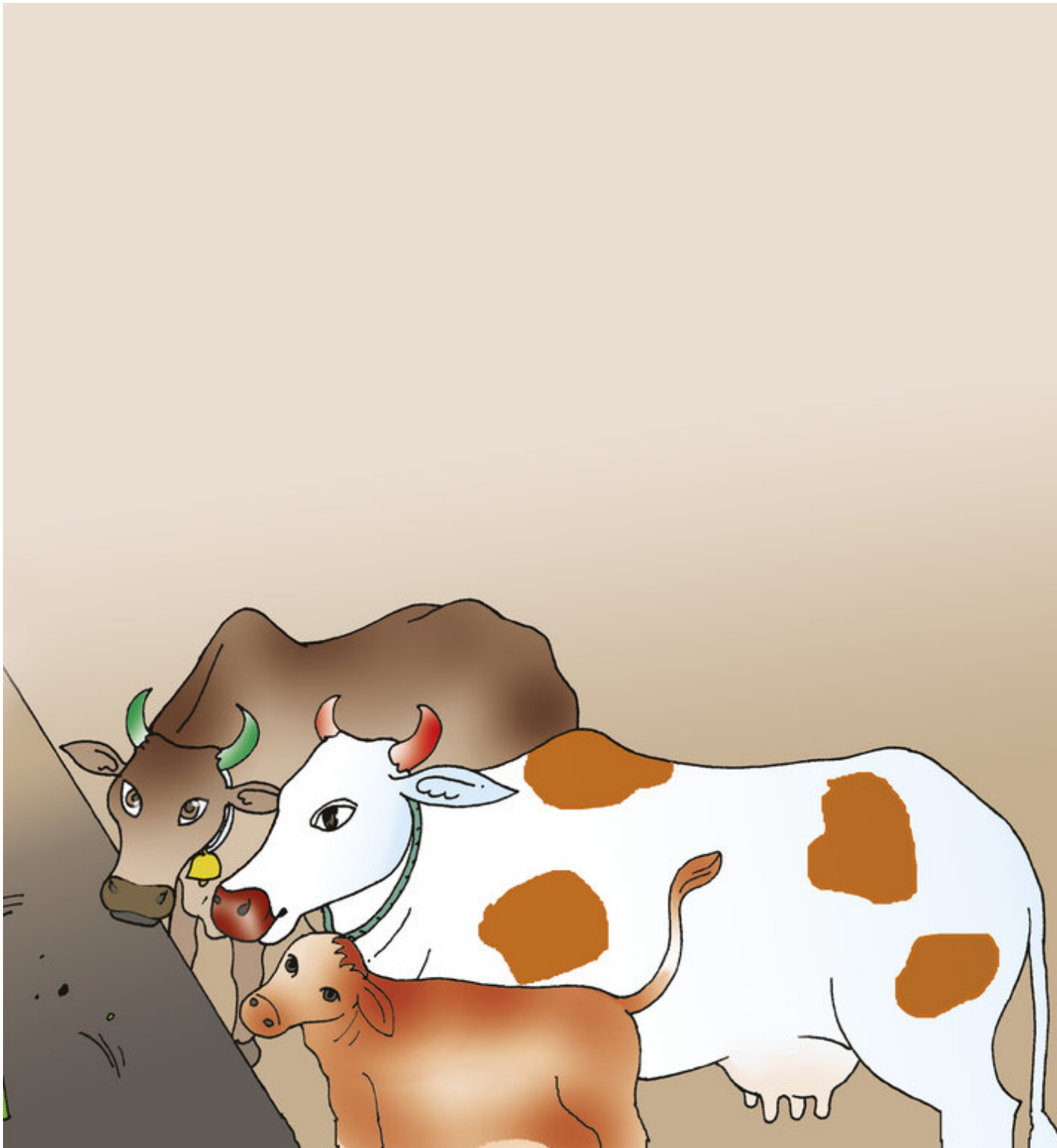
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पठन स्तर ३



राजू गर्मी की छुट्टियाँ दादा-दादी के पास
गाँव में बिताने आया था।
वहाँ उसे एक नई बात पता चली।



शहरों की तरह यहाँ दूध पैकेट में नहीं
मिलता।
यहाँ गाय का ताज़ा दूध ही मिलता है।



जिस दिन राजू दादा-दादी के यहाँ पहुँचा,
उसी शाम दादी राजू को अपने घर के
पिछवाड़े ले गईं जहाँ गायेँ बँधा करती थीं।



वहाँ खड़ी सुन्दर गायों को और प्यारे-प्यारे
बछड़ों को खेलता देख राजू बड़ा खुश
हुआ।



राजू ने दादी से पूछा, “क्या आपने इन्हीं गायों का दूध मुझे पीने के लिए दिया था?”

दादी ने बताया, “हाँ राजू! इसी बड़ी गाय का नाम कावेरी है। थोड़ी देर पहले मैंने इसी का दूध दुहकर तुम्हें पिलाया था।”



दादी राजू को अपनी बाकी गायों के पास ले गई,

“देखो यह कपिला है, यह गंगा है और इस ओर जो खड़ी है उसका नाम गौरी है। ये गायें कुछ नहीं करेंगी, इन्हें तुम छूकर भी देख सकते हो।”



सर ऊपर उठाकर बछड़े अम्बा-अम्बा बोल रहे थे। गायें अपने करीब आये बछड़ों को सूँघ कर चाट रही थीं।



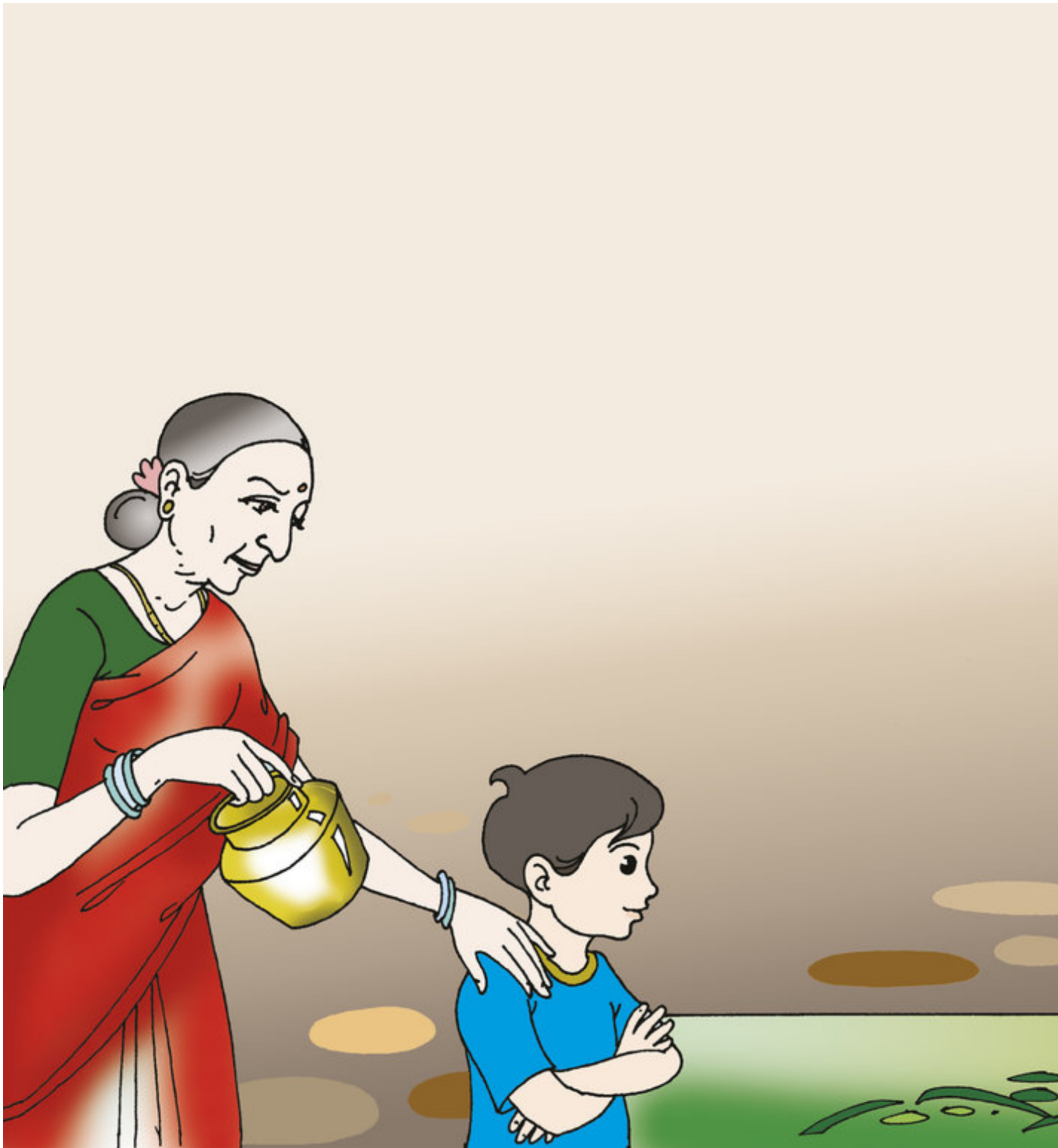
राजू ने गौरी गाय की गर्दन को छूकर देखा।
उसे वह मुलायम और ढीली सी महसूस हुई।
जब राजू ने उसे छुआ तो वह अम्बा की
आवाज़ में पुकार उठी।



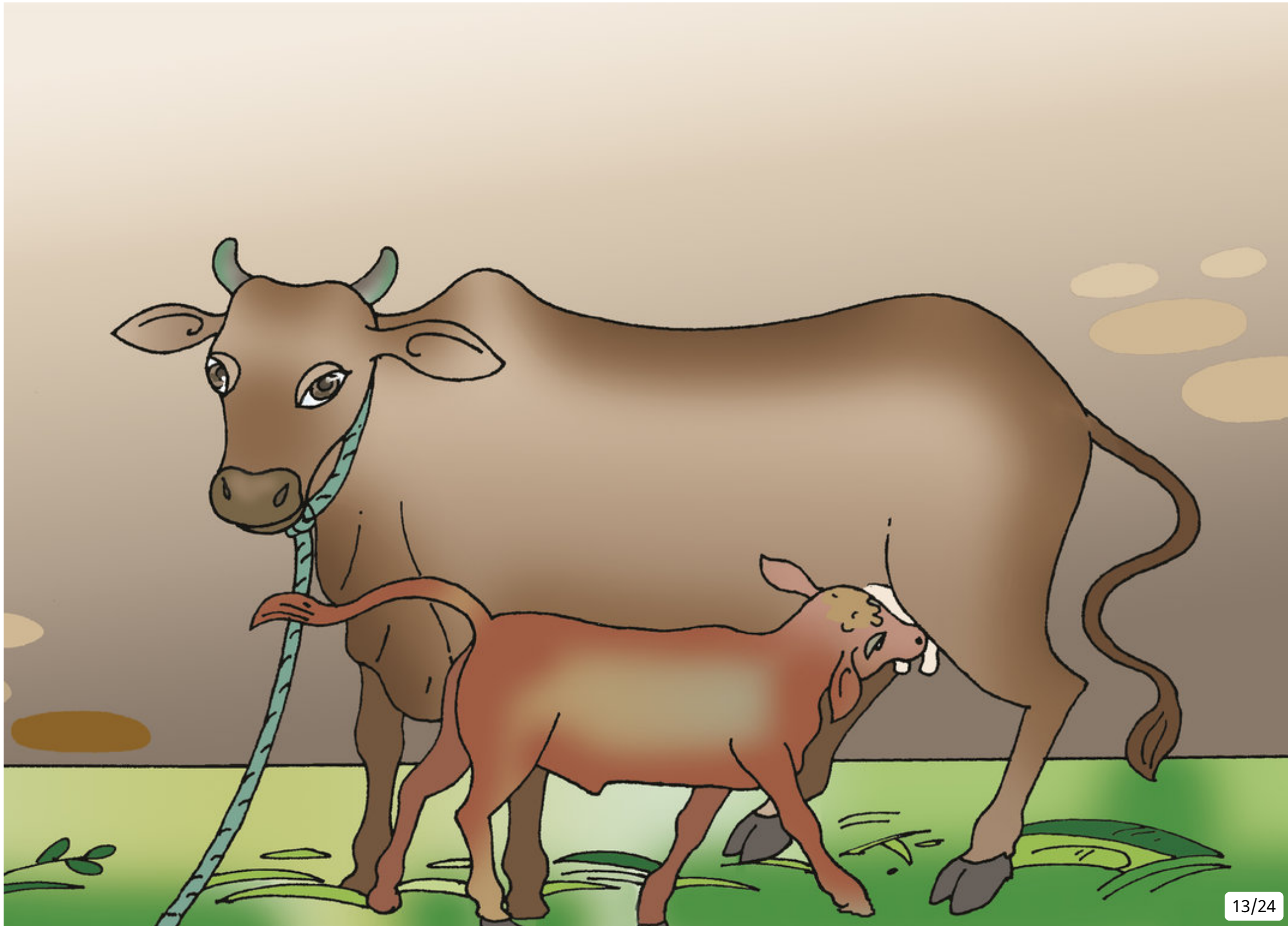
दादी ने पूछा, "राजू, क्या तुम्हें पता है कि दूध कहाँ से और कैसे निकलता है?"



राजू ने कहा, “नहीं दादी, हमारे शहर में तो दूध पैकेट में मिलता है।”



“आओ, मैं तुम्हें दिखाती हूँ,” कहकर दादी ने गाय के करीब जाकर पहले बछड़े को गाय का थन चूस कर दूध पीने दिया।

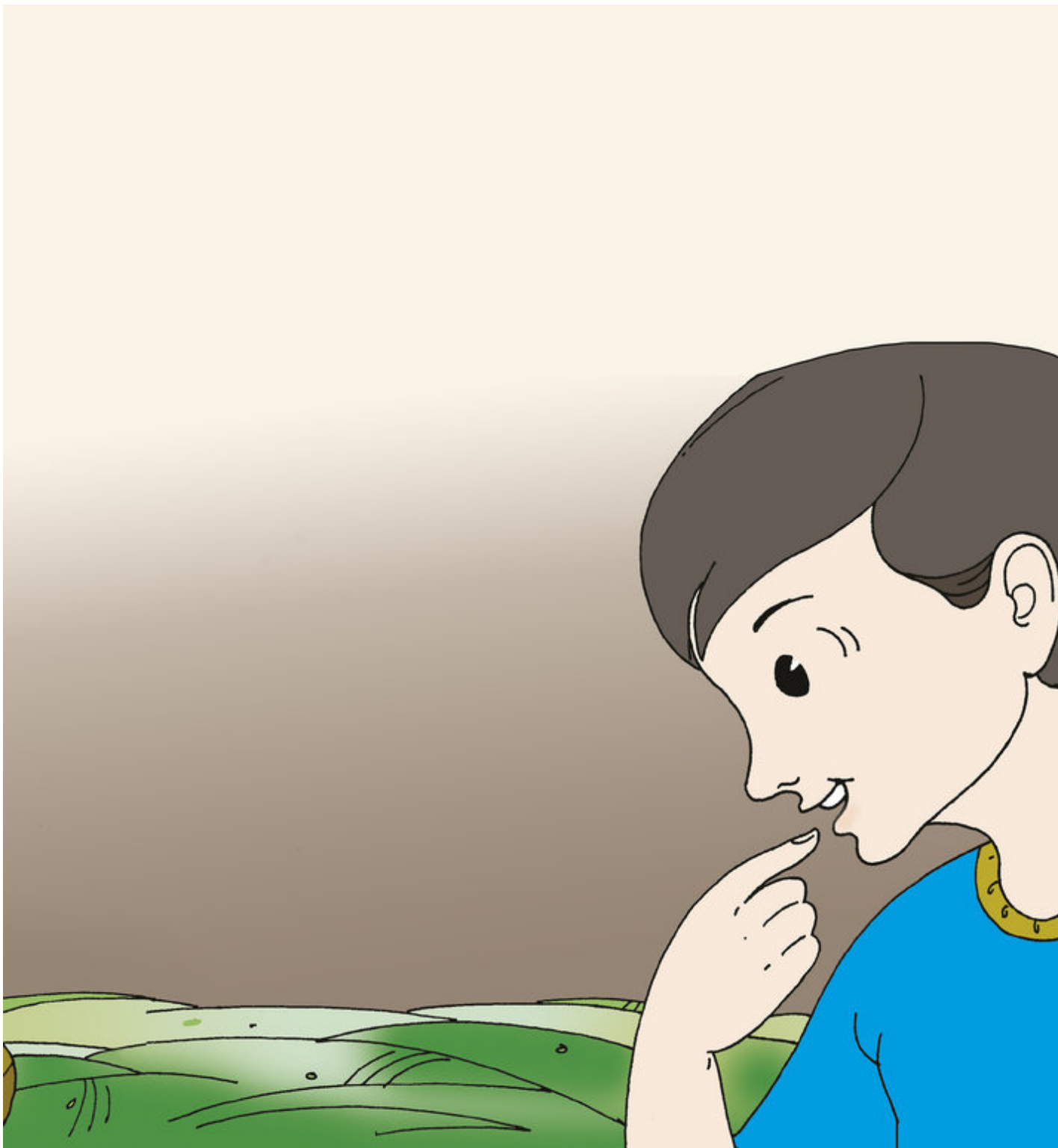






फिर उन्होंने शुद्ध पानी से गाय के थन को साफ़ किया। उसके बाद वह घुटने ज़मीन पर टेक कर बैठीं और जब दोनों हाथ की उँगलियों से गाय के थन को हल्के-हल्के नीचे की ओर दबा कर खींचा तो दूध की धार बह निकली और लोटा भर दिया।





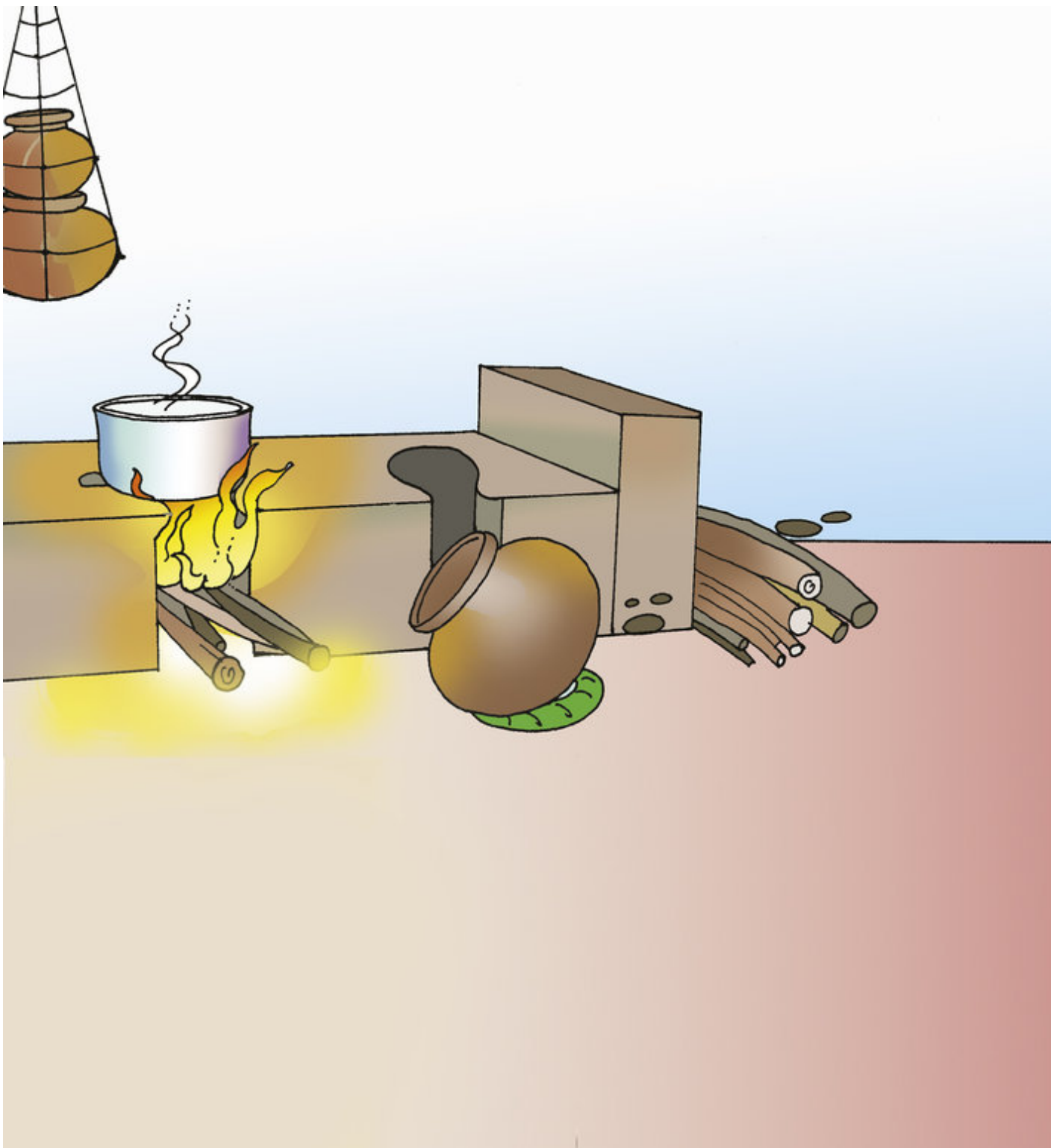
इस प्रकार दुहे गये दूध पर बुलबुलों का फेन बन गया था। राजू ने खुश होकर कहा, “ओह, दादी देखो यहाँ दूध पर किस प्रकार फेन उठ रहा है।”





दादी ने कहा, “हाँ राजू, जब हम उँगलियों से थन को खींचते हैं तो दूध की धार ज़ोर से उतरती है। तब हवा के कण दूध के कणों के साथ घुल-मिल जाते हैं और इस तरह फेन के बुलबुले बन जाते हैं। इसीलिए ताज़ा दूध इतना स्वादिष्ट होता है।”

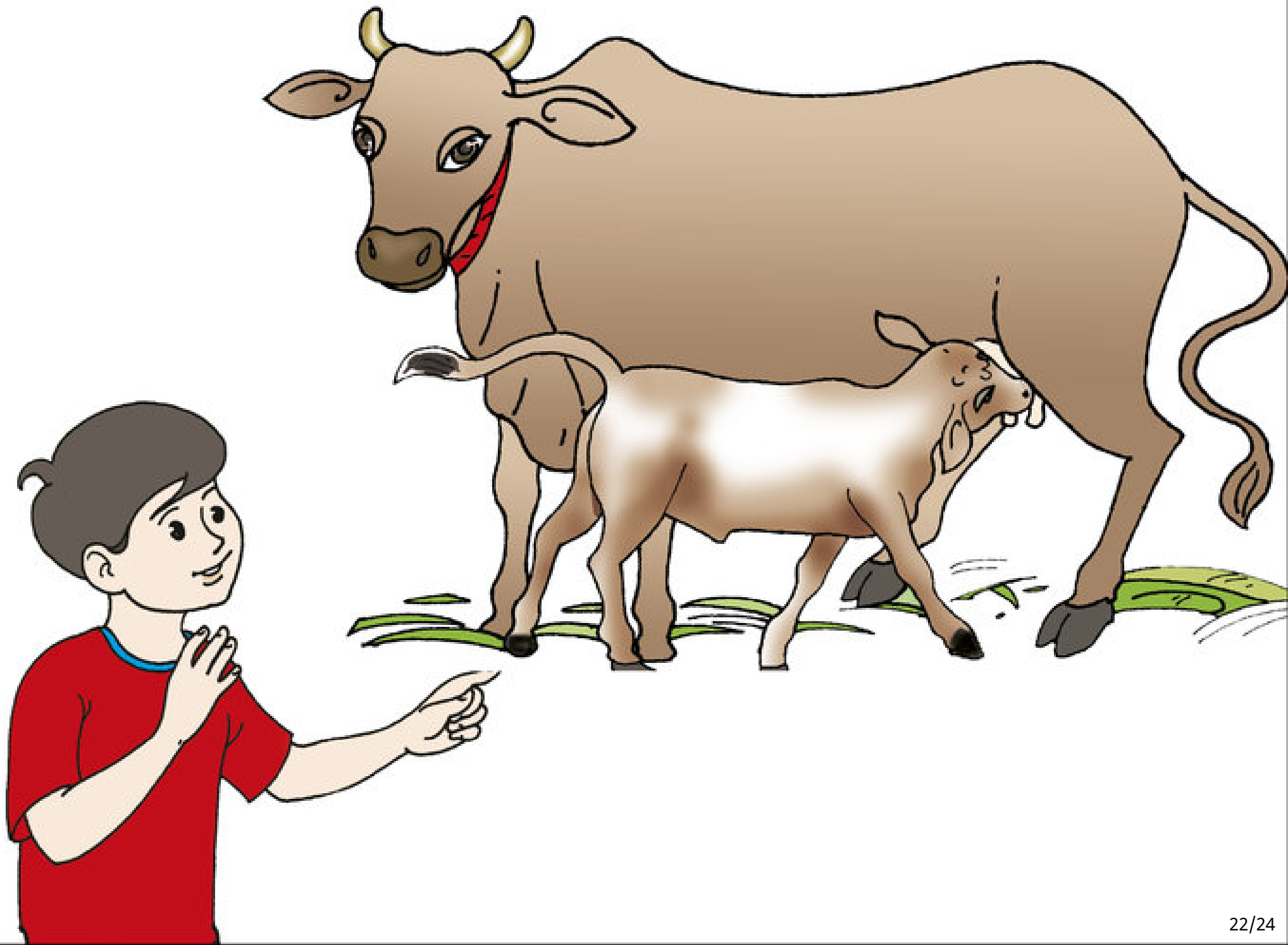
राजू ने पूछा, “सच?”



दादी उसे रसोईघर में ले गई और कुछ दूध गर्म करके पिलाया। वह तो सच में स्वादिष्ट था। राजू ने दादी से कहा, “दादी, मैं शहर वापस जाकर अपने दोस्तों को बुलबुले वाले, फेनीले दूध के बारे में बताऊँगा। उन्हें तो यह सब मालूम नहीं है।”

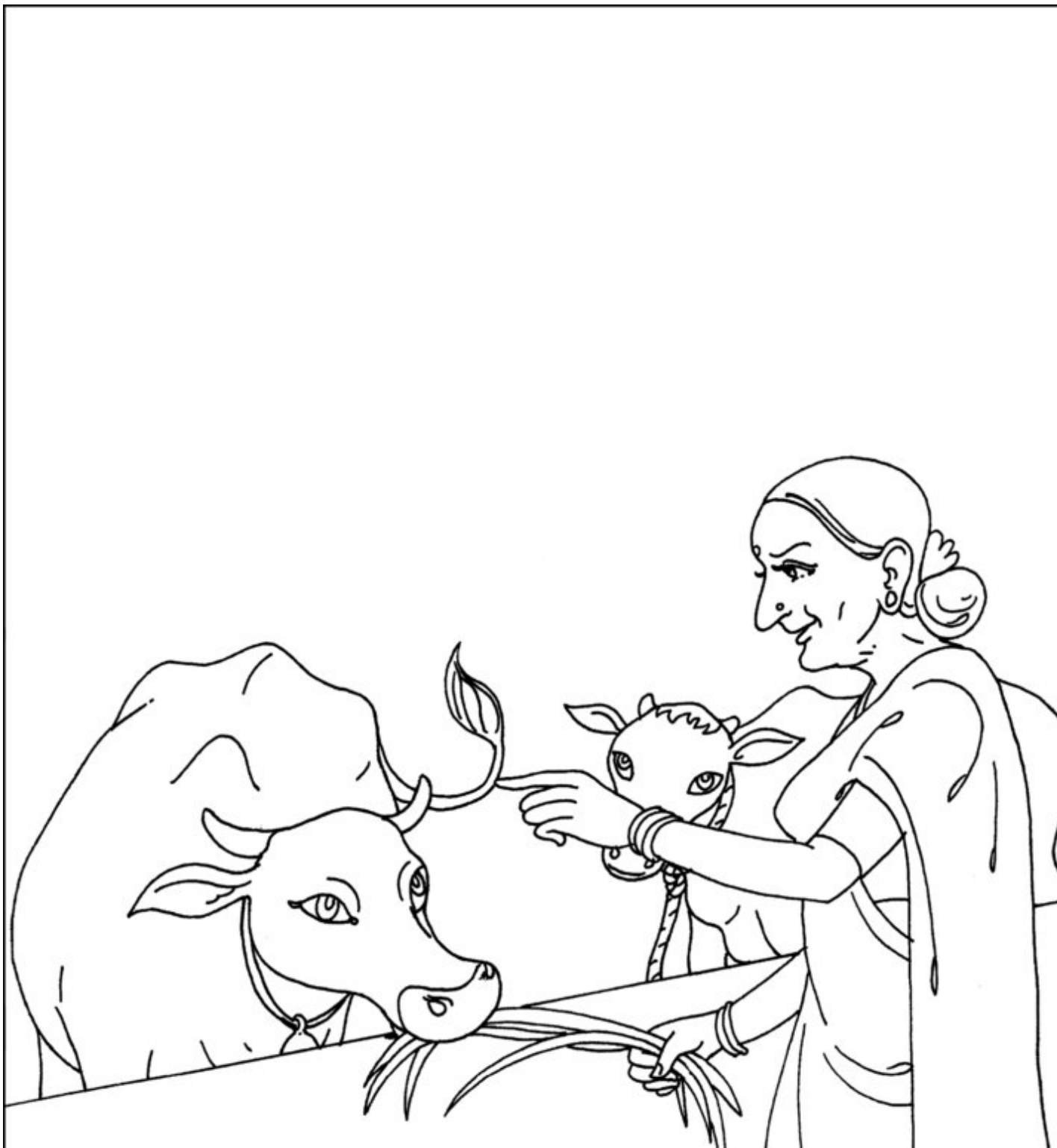


दादी हँसीं और बोलीं, “हाँ, ज़रूर। सब तुम्हारी अक्ल की दाद देंगे।”





इस चित्र में रंग भरो।



इस चित्र में रंग भरो।

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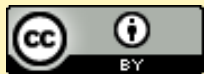
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बुलबुलों वाला फेनीला दूध

(Hindi)

दूध कहाँ से मिलता है? पैकेट से या गाय से? शहर से आया राजू दादा-दादी से मिलने गाँव गया और उसने दादी को दूध दुहते देखा। ताज़े दूध पर आये फेन को देखकर उसे बहुत अच्छा लगा। उससे ज़्यादा अच्छा उसे क्या लगा होगा...ज़रा सोचो...

This is a Level 3 book for children who are ready to read on their own.



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