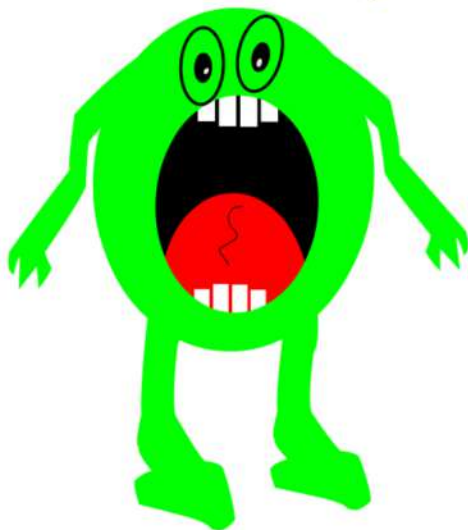


I Am **GRATEFUL**  
**I Choose To Look For The**  
**Best In Everything!**



By Tracie Johansen



I Am **GRATEFUL**  
**I Choose To Look For The**  
**Best In Everything!**

I Believe That  
Gratitude Creates Joy!

Story and Graphics By Tracie Johansen

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A decorative border made of alternating green and purple diamonds surrounds the central text area.

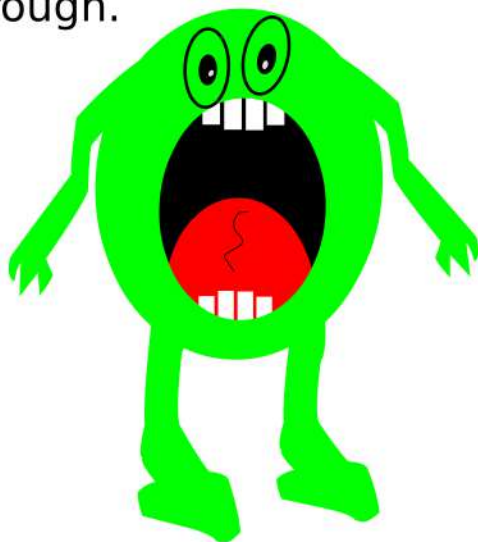
# I Am GRATEFUL

If you wake up on the wrong side of the bed, reading this little book out loud will clear your head. It will remind you to focus on gratitude and start your day off with a good attitude.

There are so many things in this world to be grateful for, and when you appreciate the small things you'll find even more.

I feel so excited to start a new day, I can't wait to jump out of bed and get started right away.

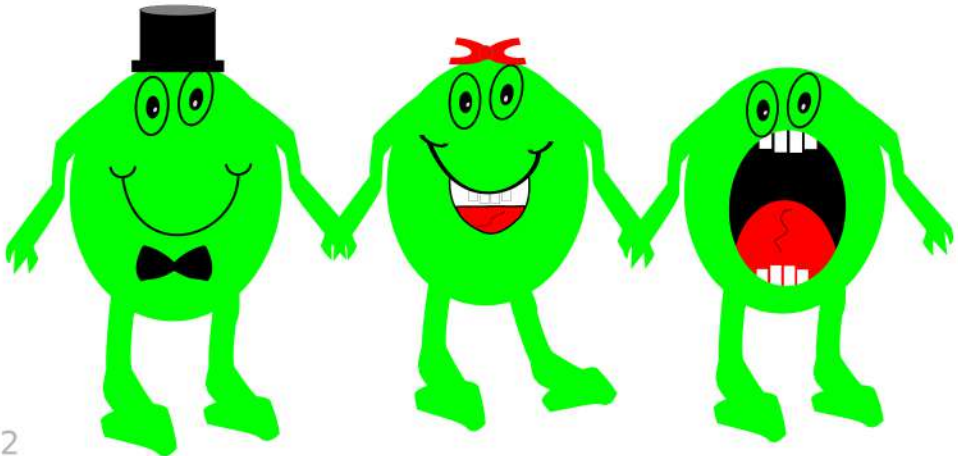
Each day I will show gratitude for all the things I have in my life. I know that as long as I am grateful and true, things will always work out right and success will surely break through.



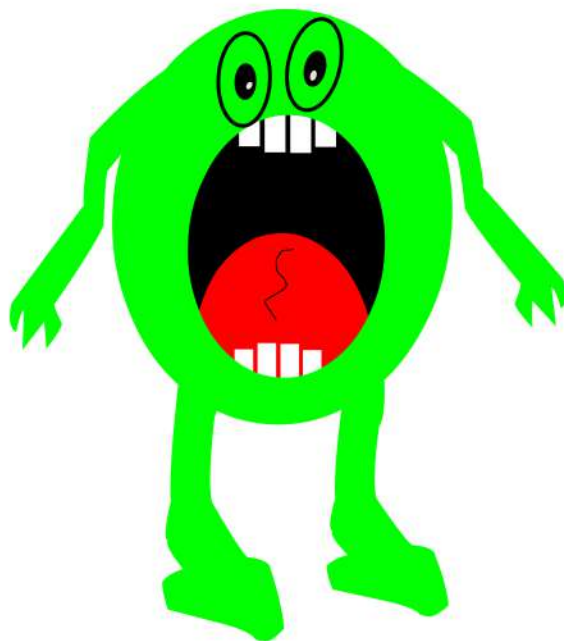
I love my family with all my



I've been grateful to have  
them from the very start.



They bring me such comfort and  
we laugh and have fun. I enjoy  
being with them more than anyone.



I am grateful every day for my loving  
family that loves to laugh and play!



I am grateful for the  
**ROOF OVER MY HEAD,**  
and the pleasure I get when  
I crawl into my warm. . .  
**COMFORTABLE BED.**

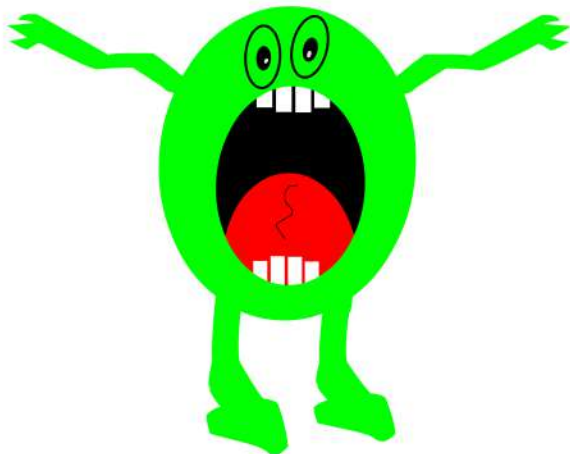


When I am at home

**I FEEL HAPPY, WARM  
AND SECURE.**

The life we share is

**LOVING AND PURE.**



Yes, I am so grateful for everything,  
it makes me want to dance and sing!



I am grateful for the food that keeps me alive. It gives me the energy to live and to thrive.



My body is nourished and

**HEALTHY**

and

**STRONG.**

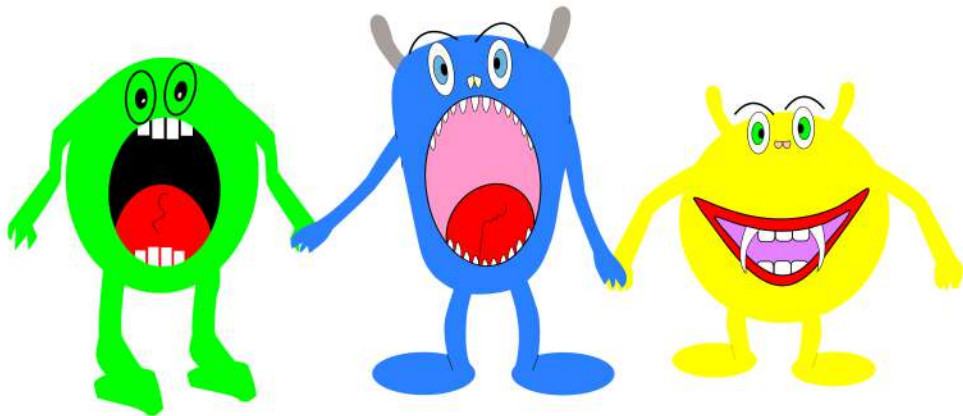
Which give me the ability to

**KEEP GOING  
ALL DAY LONG!**

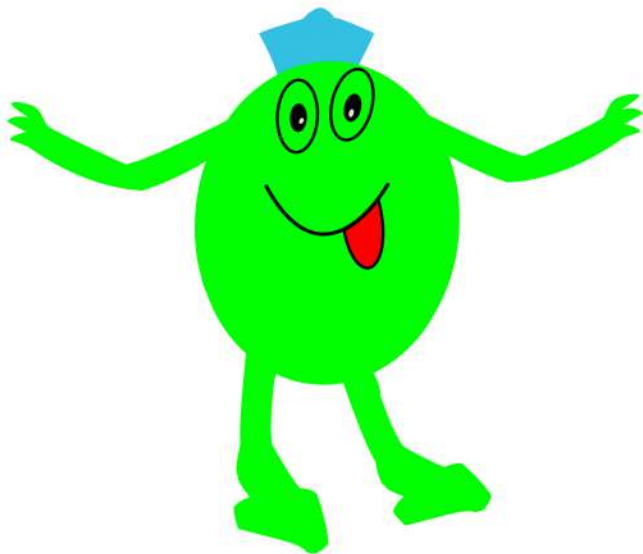
I will be grateful because I am blessed.  
My life is amazing and simply the best!

My friends are the greatest and that is no lie. They make me so happy and don't make me cry. They stick with me through thick and thin and always support me . . .

**UNTIL I WIN!**



I am grateful when I get encouragement from a friend; I know I have someone on which I can depend. My friends love me for who I am, and are there to help me when I get in a jam.



And I will be grateful every day for the wonderful people around me I can count on to stay!

I know in order to stay

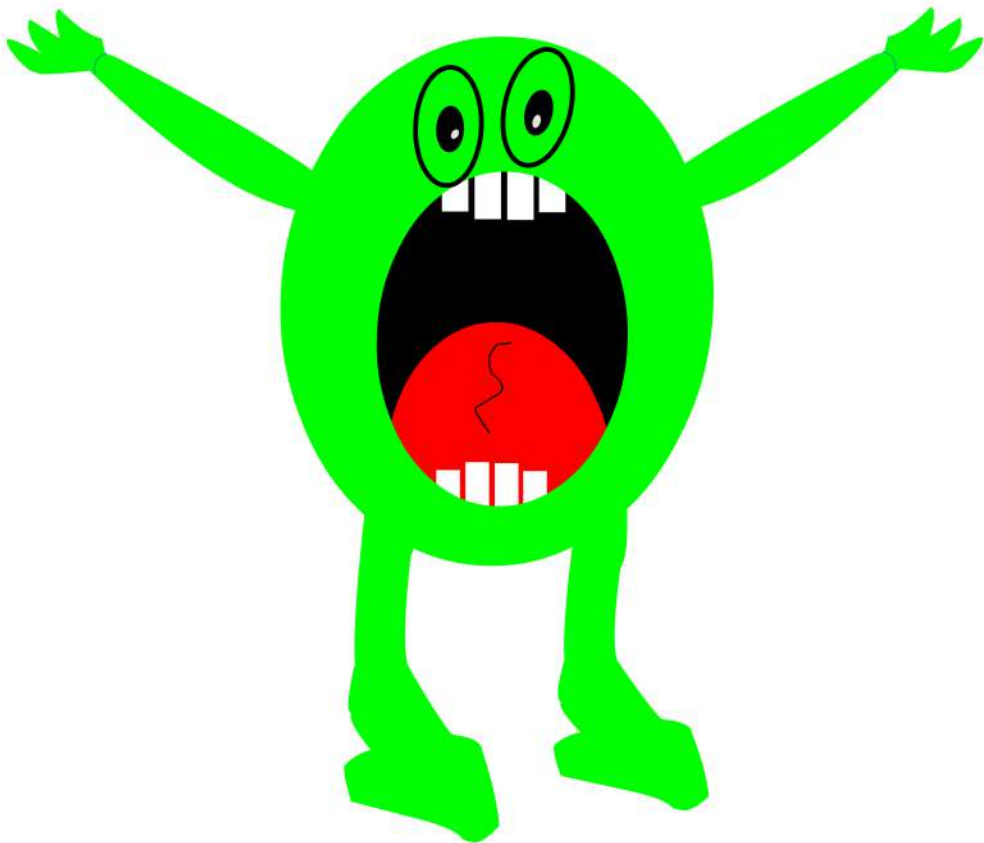
**CHEERFUL AND GLAD,**

I just need to

**IGNORE THE BAD  
THINGS AROUND ME**

and never listen to negative people

**WHO ARE SAD!**



And I will keep a positive attitude and  
spend my days filled with gratitude.



I will feel good things about me today.

I will keep

**FOCUSED AND STEADY**

and

**NOT GO ASTRAY!**

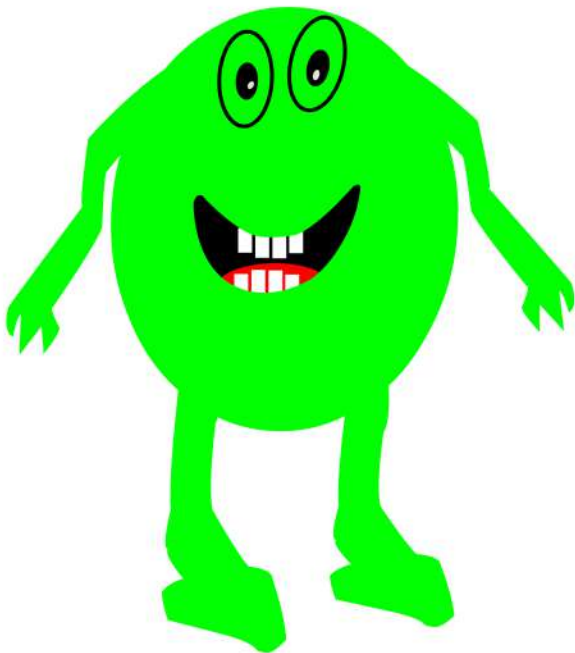
I know


**I AM DESERVING OF  
LOVE AND RESPECT,**

and I show it to others and

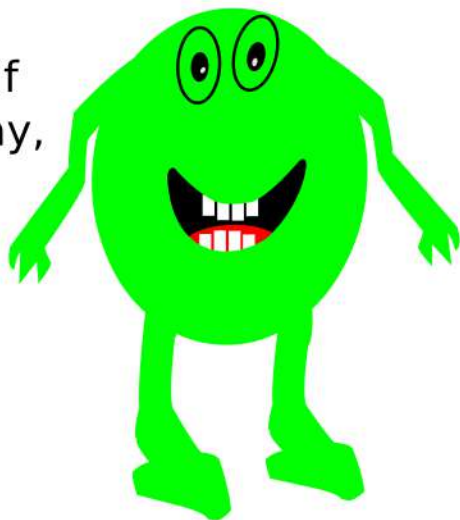
**REALLY CONNECT!**

I am loving and caring and not above sharing the best parts of me with the people around me. And I will be grateful for all the goods things about me. And allow myself to be happy and carefree.

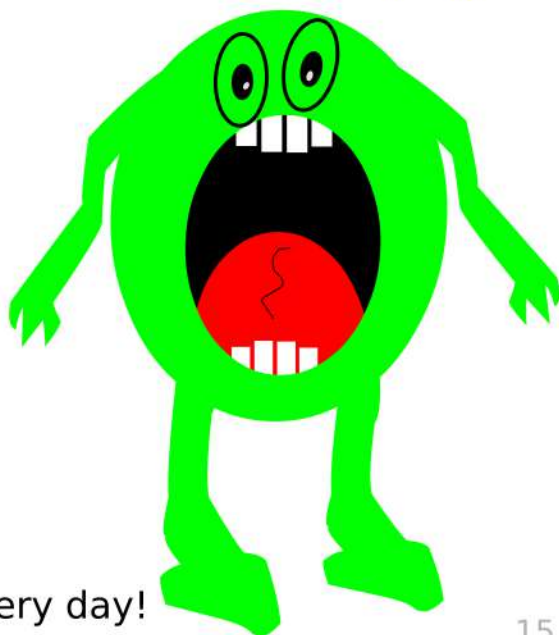




I am grateful every day.  
I don't let dark clouds  
get in my way. Even if it  
rains all through the day,  
I'll be grateful anyway!

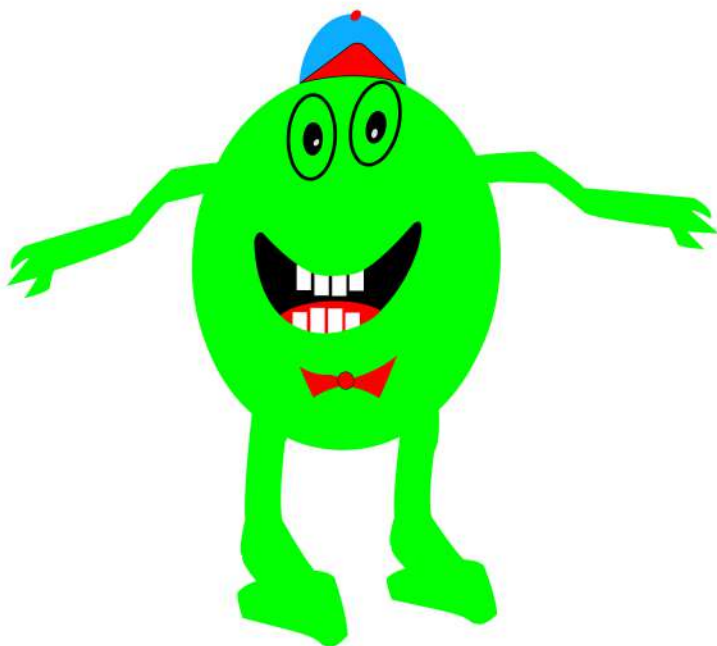


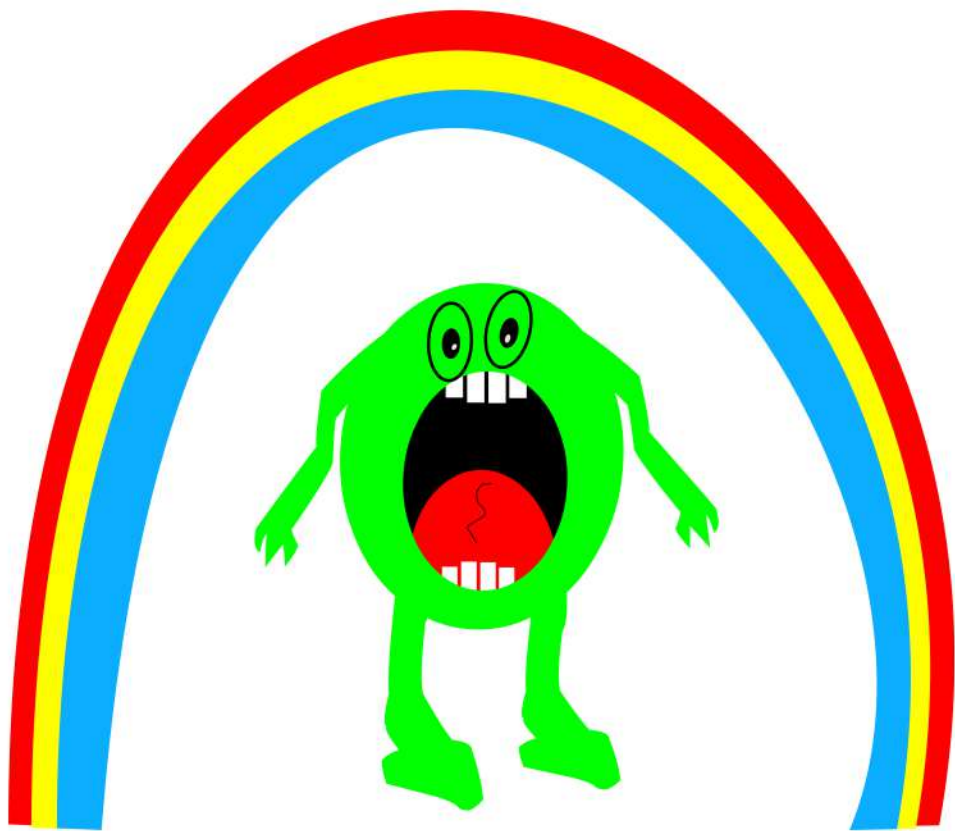
Because I know we need  
the rain and after it's all  
done. I'll go outside and  
laugh and play and really  
enjoy the sun.



And I'll be grateful every day!

My favorite part about the rain are the colors that come after. A beautiful rainbow across the sky that causes joy and laughter.



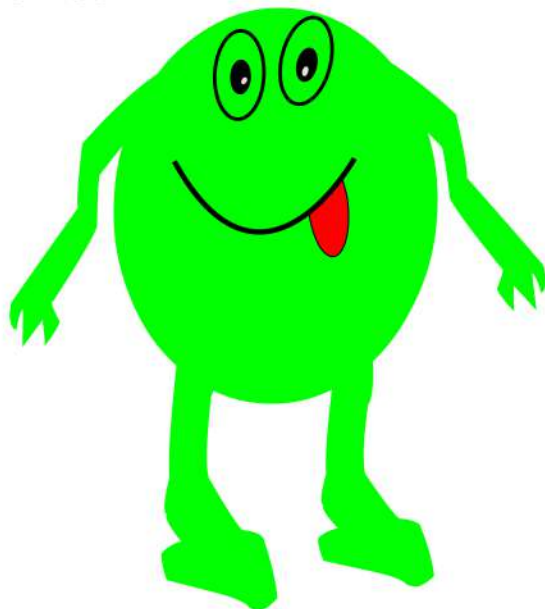


It's all so perfect I can see, so  
I'll be grateful as I can be.



I am in awe of the miracles of the universe each day. My spirit gets energy and direction from it if I simply make way.

I ask the universe to provide what I need. And if I show my gratitude in advance it will surely heed.



And I will

**SHOW GRATITUDE**

every day for all the

**ABUNDANCE**

I am

**BLESSED WITH**

along the way.

**I AM CALM**

and

**RELAXED**

and know

**HOW TO BE SERENE,**

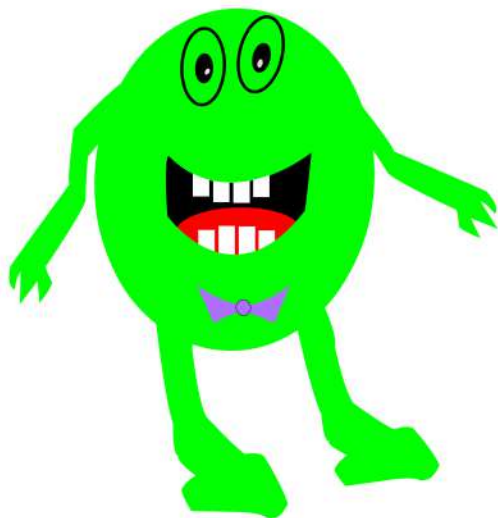
even when

**PEOPLE AROUND ME**

are

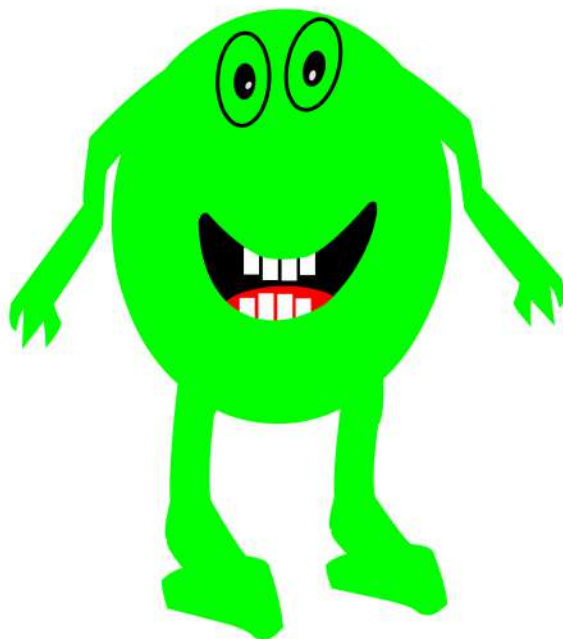
**GROUCHY OR MEAN!**

I don't let them get to me or allow them to change my mood. I simply visualize happy thoughts until I feel renewed.

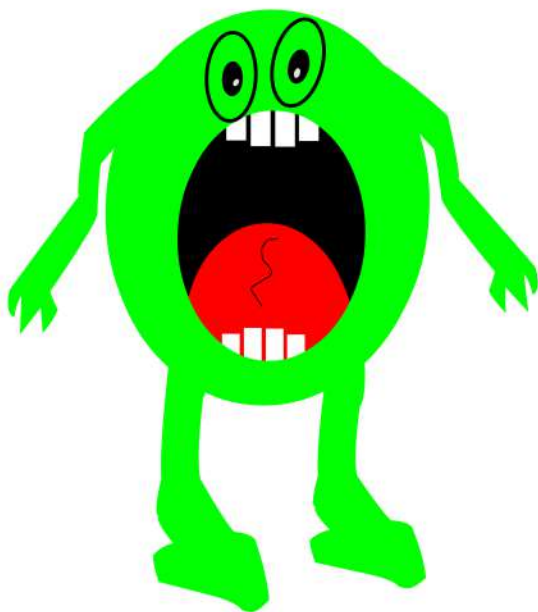


And I am grateful every day that I have the ability to push bad thoughts away.

I know that the more grateful I am, the more amazing things will come to me. So I am grateful every day even for the things I cannot see.



I am grateful each time I go outside to run and play, it shows me I am strong and healthy and I'm growing every day.

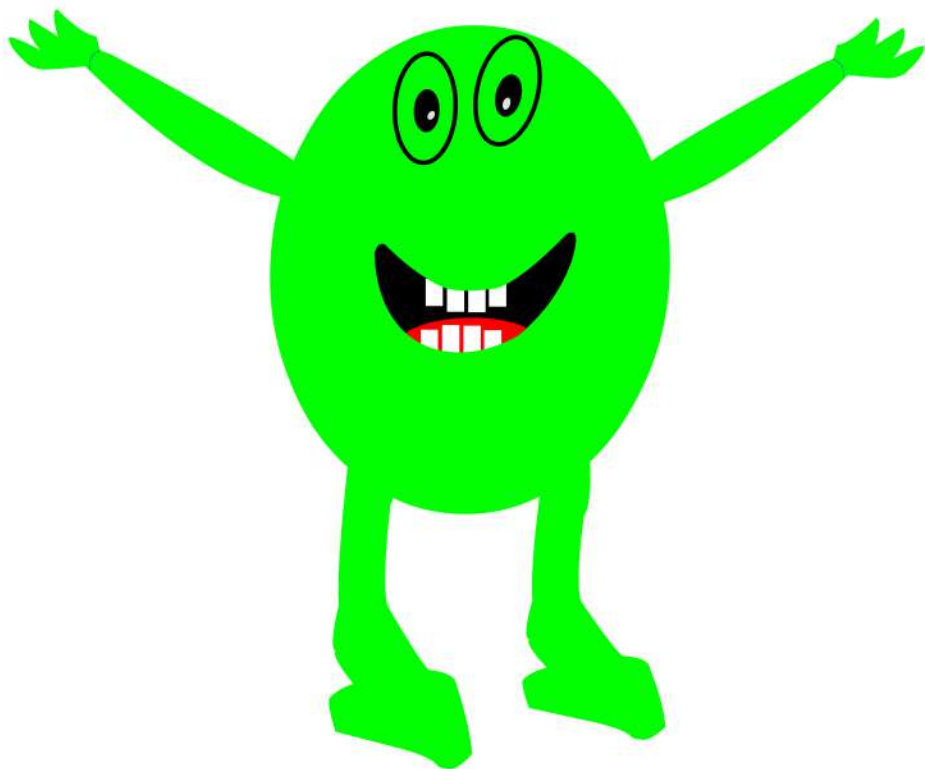


And I will be grateful every day because I have the ability to be active and play.



If I stay positive, and strong and I do not ask; "why?" If I am grateful and loving and delight at the sky, I can do anything I want, like I have wings to fly!





I will show gratitude every day for the  
gifts of the universe that come my way!

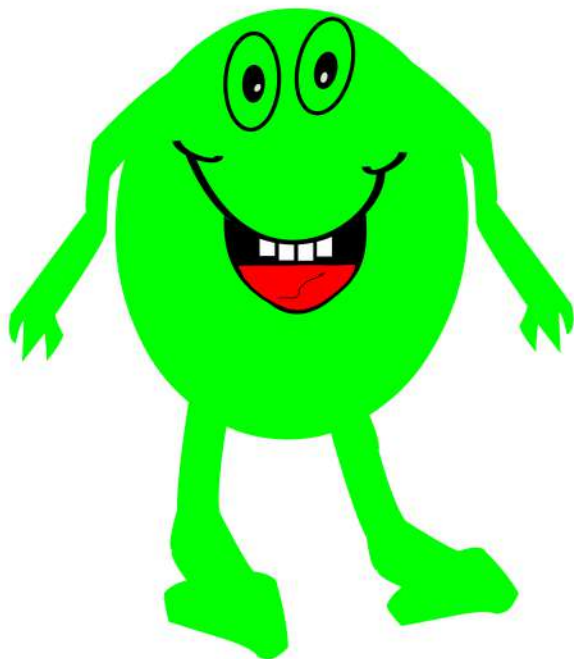
I trust my **INNER WISDOM**  
to give me **GREAT ADVISE.**

I will do all I can to live my life in  
**PARADISE.**

**I AM GRATEFUL**  
for the  
**PEACE OF MIND**

I get from  
**EACH AND EVERY BREATH.**

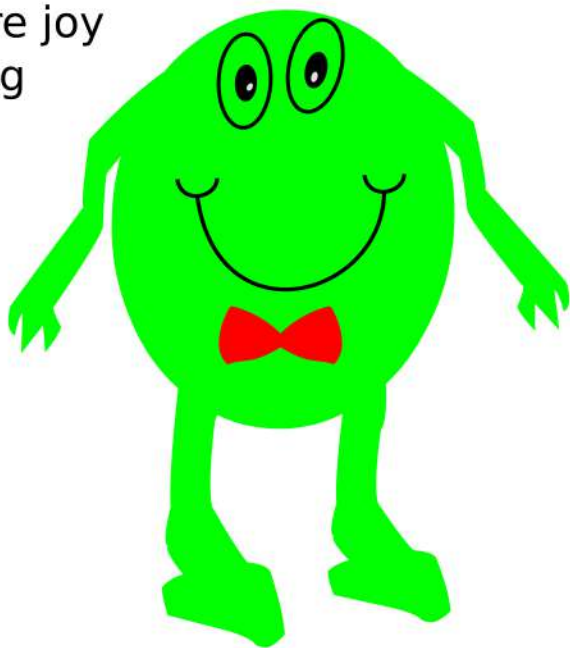
**I AM HAPPY** and **GRATEFUL**  
and **TICKLED TO DEATH.**

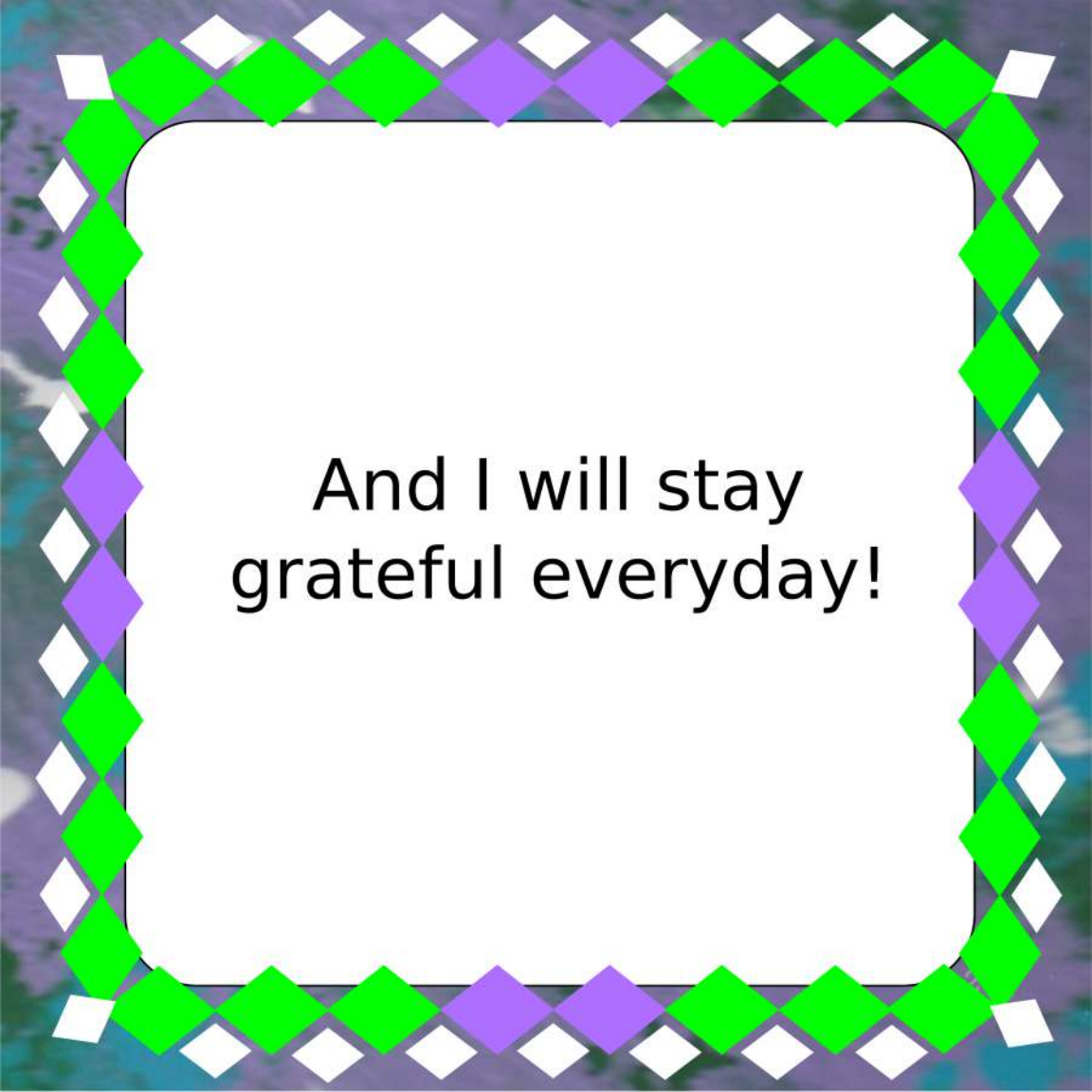


I will be incredible and I will shine, I'll be  
happy and grateful and not settle for fine!

I will spend time each day visualizing my dreams and believe in myself and build my self-esteem. I know if I picture myself floating on cloud nine, I will be blessed with all my dreams and be better than fine.

The feeling of pure joy  
I get from knowing  
I made the right  
decision, I know  
I can keep going  
and achieve my  
vision.





And I will stay  
grateful everyday!

I AM  
**POSITIVE**



**[Click Here Or On The Picture To See Them Now!](#)**



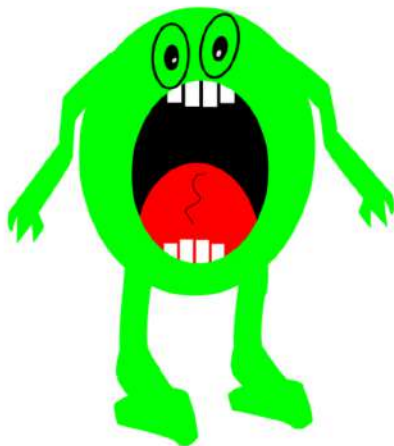
## **I Am Grateful T-shirt for Toddlers, Boys and Girls**

**All of the Youth I Am T-shirts Come in White. The Youth T-shirts are Bella + Canvas 3001 and come in sizes XSmall to XLarge. The Toddler T-Shirts are Rabbit Skins 3321 and come in sizes 2 Toddler to 5/6 Toddler.**

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Ajezant



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