

# Friendship with the Toothbrush

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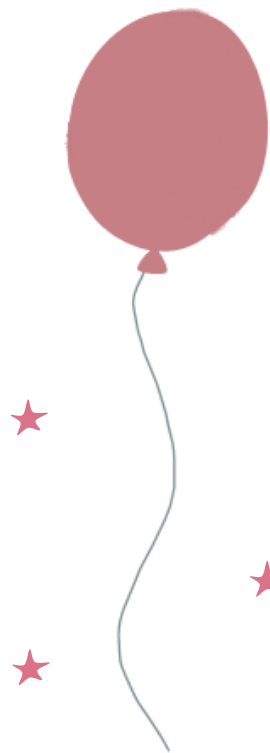


For Chehak, Shaurya and Shlok

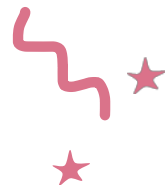
Neha Jain is a mom of three adorable kids, who have sparked her creativity by presenting new challenges every day. When she is not writing stories, she writes code. She is an Engineering Manager by profession and IIT Delhi Computer Science Graduate by education.



<http://chucklesandchirps.blogspot.com>



Meet your friend,  
Cute little Chulbuli!  
Just like you,  
She's naughty and bubbly!



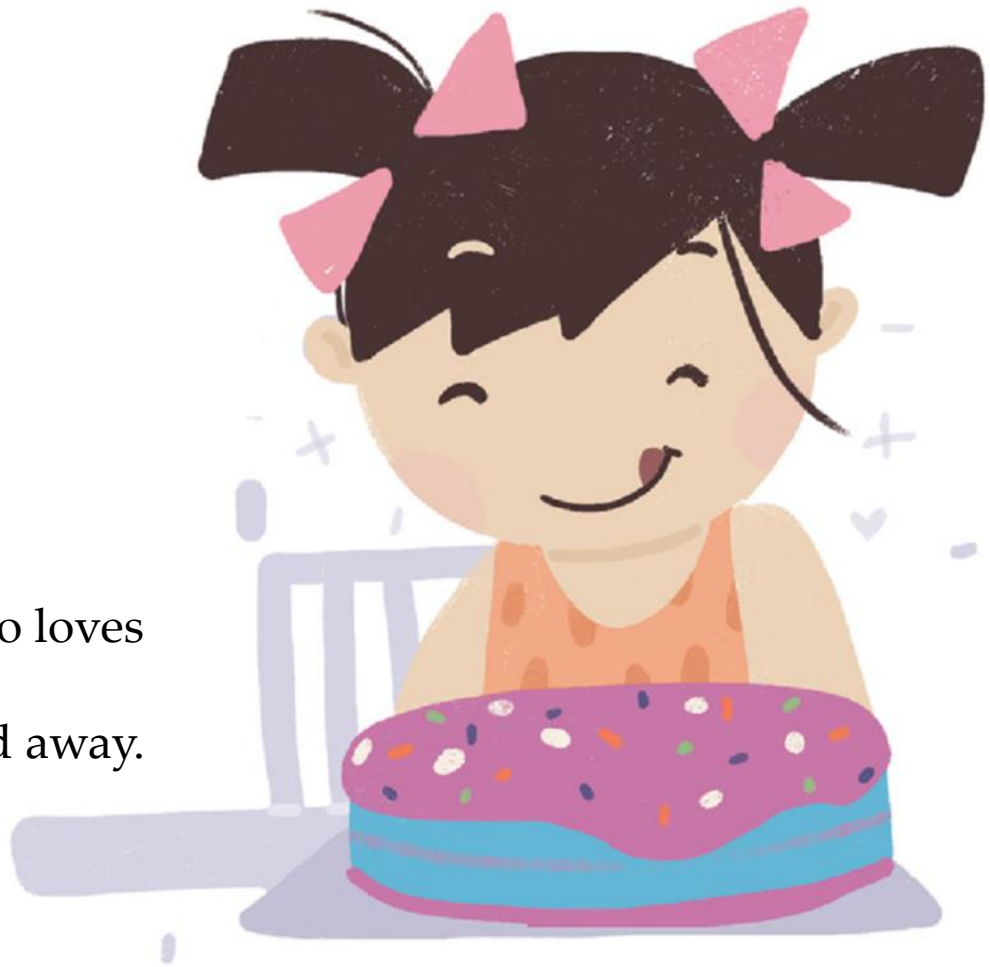




She loves to play,  
dance and sway.



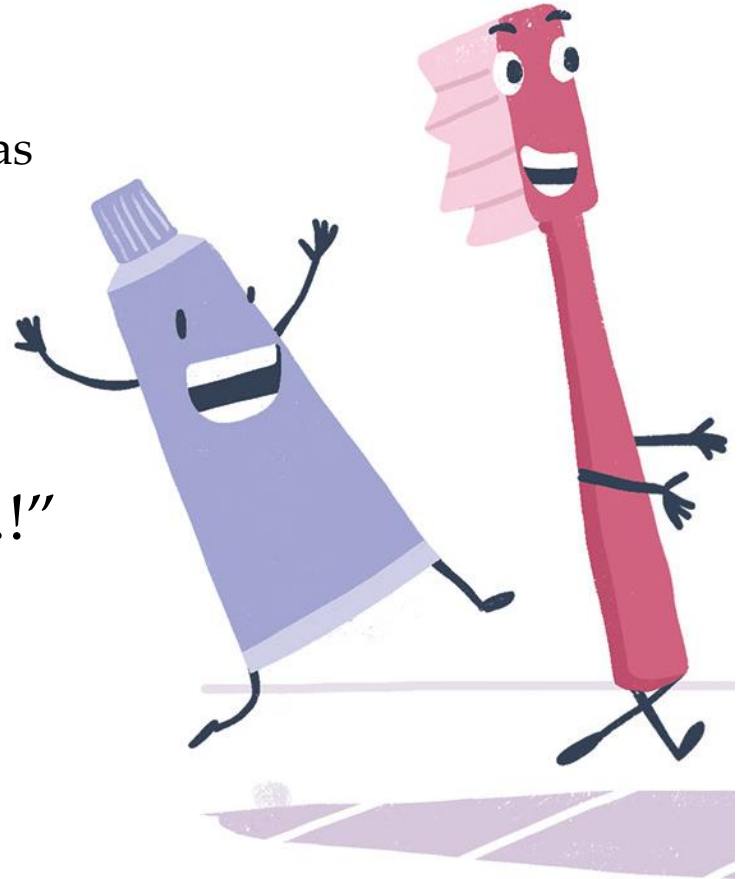
And..., she also loves  
chomping food away.



But, 'brushing her teeth' was  
one thing she did not enjoy.

“BORINGGGGG.....!”

She said and ran to her toy.














This worked very well for Tingu-Mingu.






The tiny little bugs, all around you.



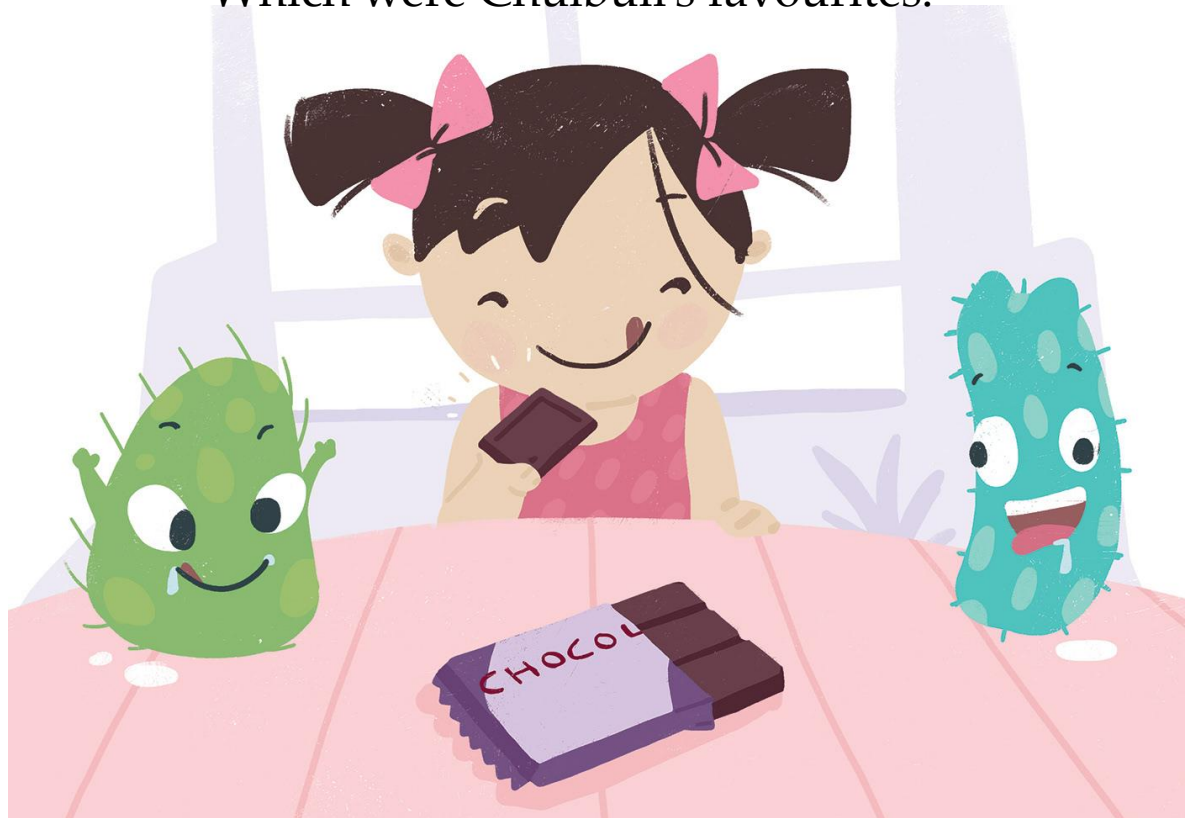
Small they are and float in the air,



They cannot be seen, but are everywhere.



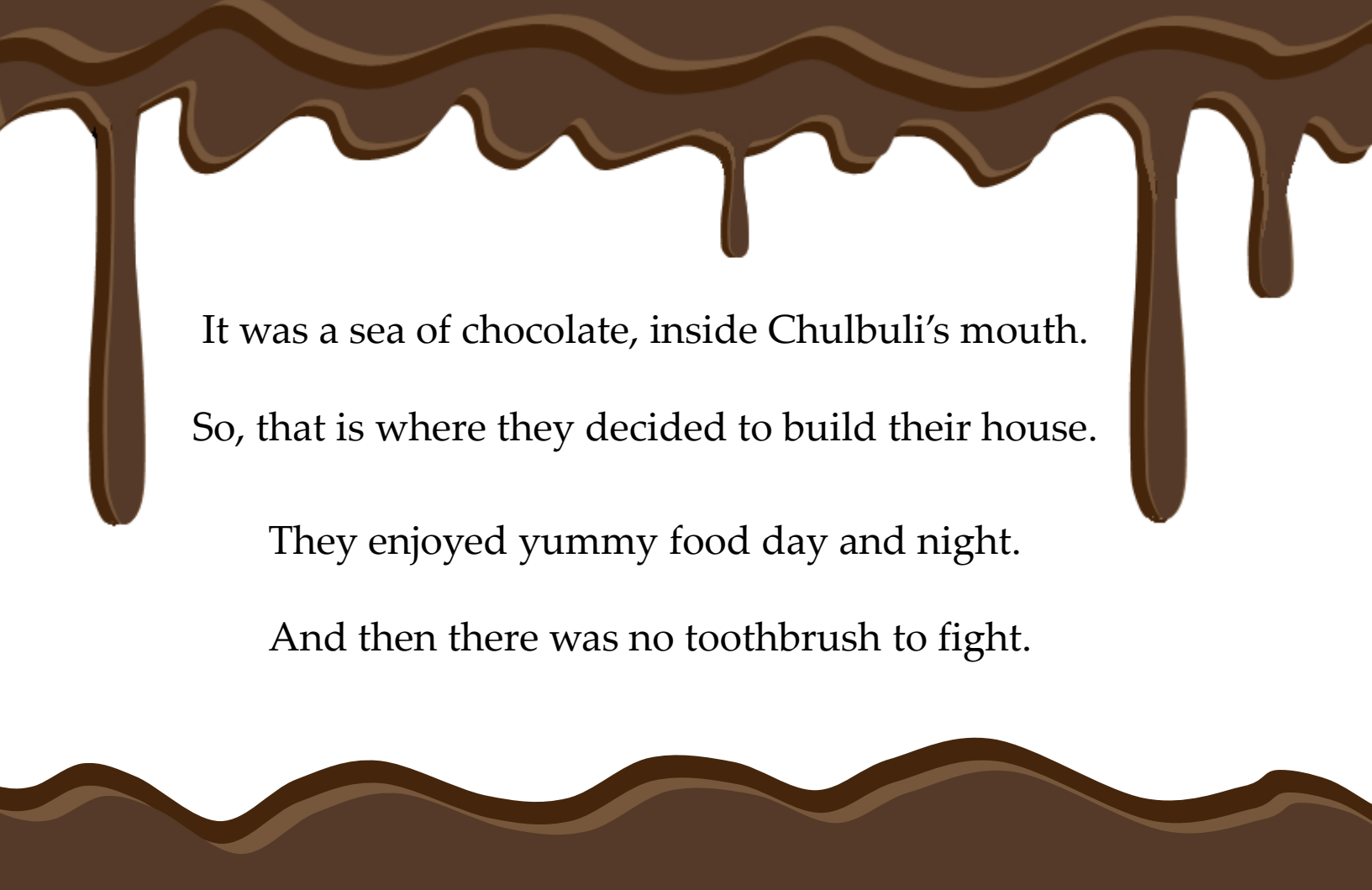
The two bugs loved chocolates!  
Which were Chulbuli's favourites.



When Chulbuli was eating chocolates one day.

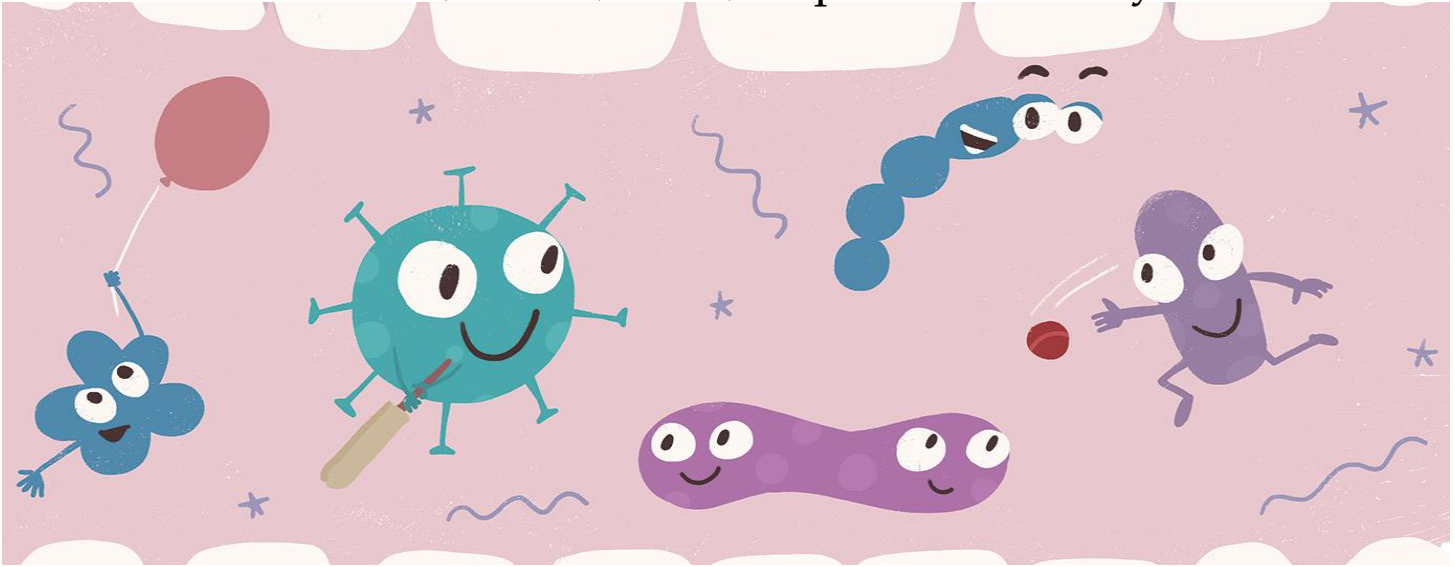
Tingu-Mingu jumped in....., without delay.



The image features a white background with brown chocolate-themed decorations. At the top, there is a thick, wavy line of chocolate from which several drips of varying lengths hang down. At the bottom, there is a similar wavy line of chocolate. The text is centered in the middle of the page.

It was a sea of chocolate, inside Chulbuli's mouth.  
So, that is where they decided to build their house.  
They enjoyed yummy food day and night.  
And then there was no toothbrush to fight.

Tingu-Mingu invited their friends to a party.  
Cheeku, Peeku, Golu, Gapchu and Marty.



When Chulbuli ate pizzas, burgers, fruits and cakes.  
So did they, along with the smoothies and milkshakes.

Hopping between Chulbuli's teeth and jumping on the crown.



They danced.., rocked.. and rolled.. upbeat, like a clown.



But that's when Chulbuli's teeth  
began to ache.

In a few days, there was pain,  
which she couldn't take.



*"Oh, Dear!* It seems Tingu-Mingu's gang is inside your mouth.

They're creating a ruckus," said Mom with a worried sound.

"Mumma, how do I get them out?

My mouth is not their house."

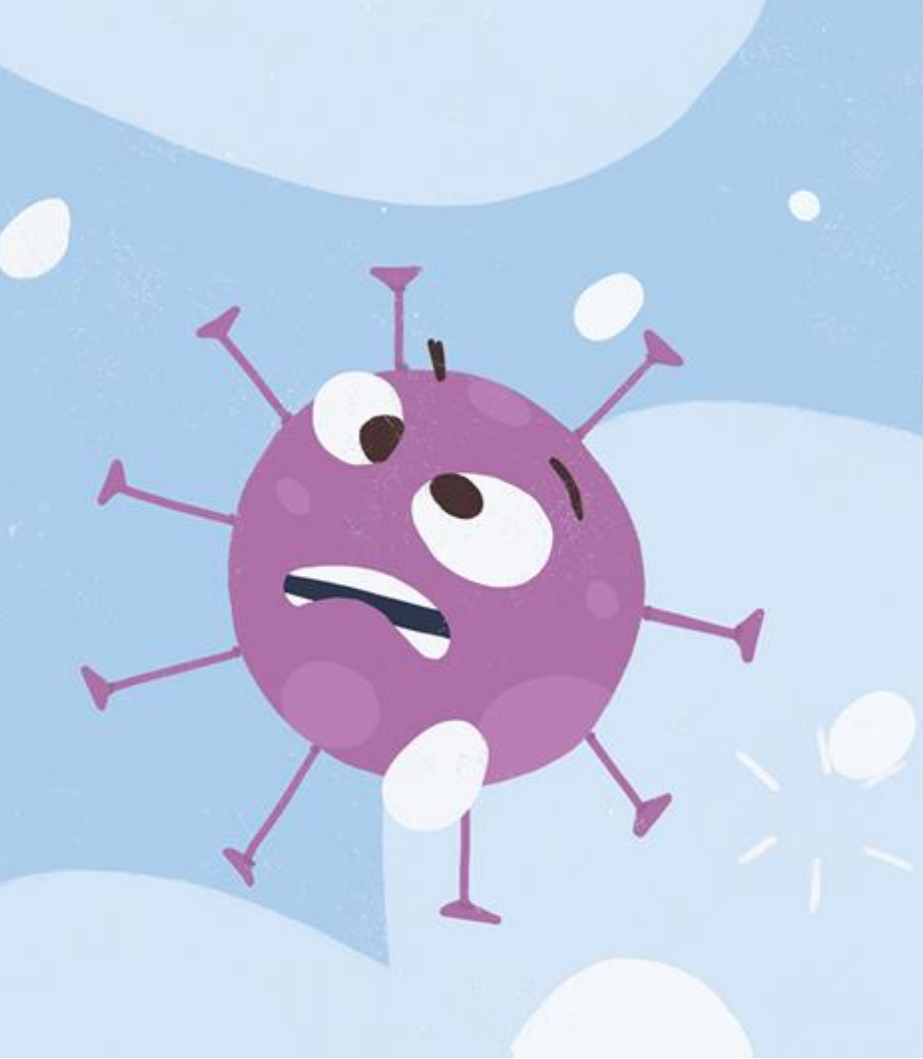




Mom was quick to bring a  
toothbrush....

Tingu - Mingu got scared  
*..hush.. hush..*





Mom brushed Chulbuli's  
teeth up and down.

And rolled the brush  
in and around.



She brushed in circles for  
two minutes straight.

Cheeku-Peequ's woes had  
no.... escape.





Golu, Gapchu ran to hide,

*..rush.. rush..*

The brush drew them out,

*..flush.. flush..*



Chulbuli sipped in water

*..goosh.. goosh..*

And rinsed her teeth

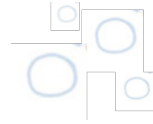
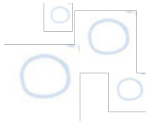
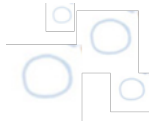
*..swoosh.. swoosh..*

Her teeth became sparkling white.

**“Bye-bye! Tingu-Mingu,”**

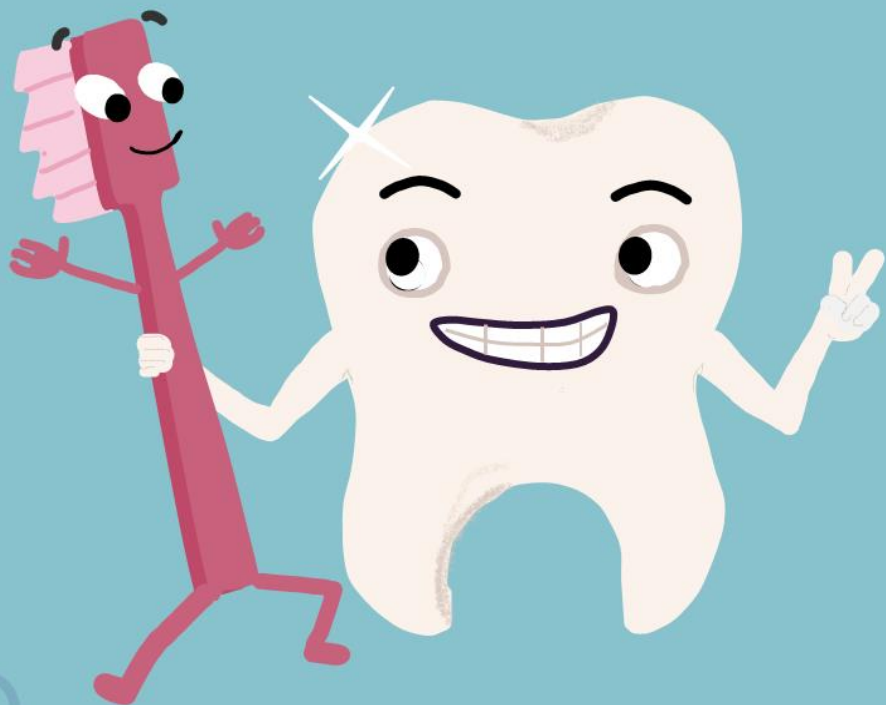
she said with delight.

Her brush, now Chulbuli's  
best friend.



She brushes twice daily,  
joy without end.





## Brushing Tips

1. Brush your teeth twice a day.



2. Never skip night-time brushing. Try to brush right after dinner.



3. Brush your teeth for two minutes.

4. Brush your teeth from the inside as well as outside, top and bottom, front and back.



5. Get a new brush every three to four months.































































# I Brushed My Teeth Today



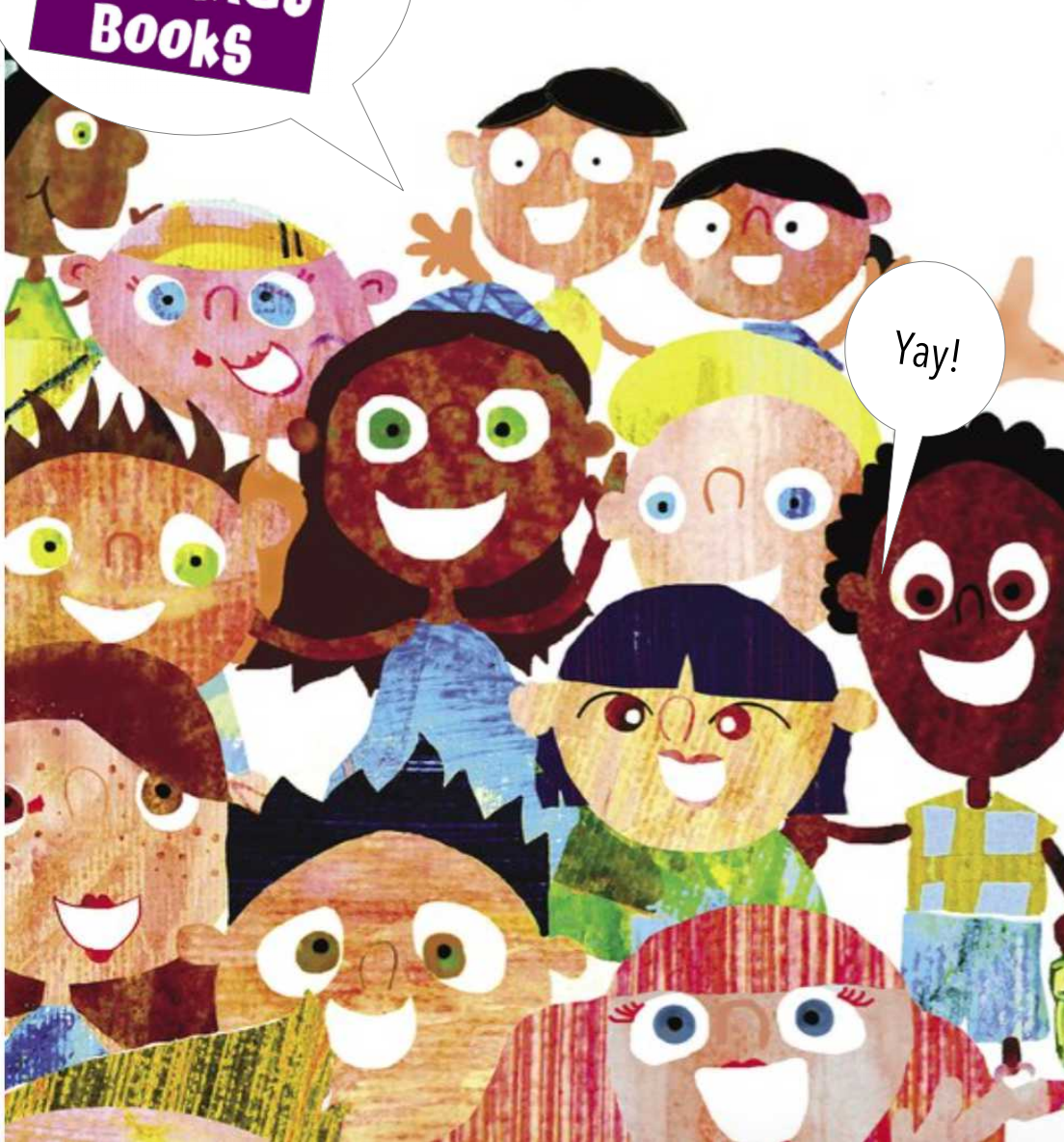
DAYS	WEEK 1	WEEK 2	WEEK 3	WEEK 4
Monday	 	 	 	 
Tuesday	 	 	 	 
Wednesday	 	 	 	 
Thursday	 	 	 	 
Friday	 	 	 	 
Saturday	 	 	 	 
Sunday	 	 	 	 

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