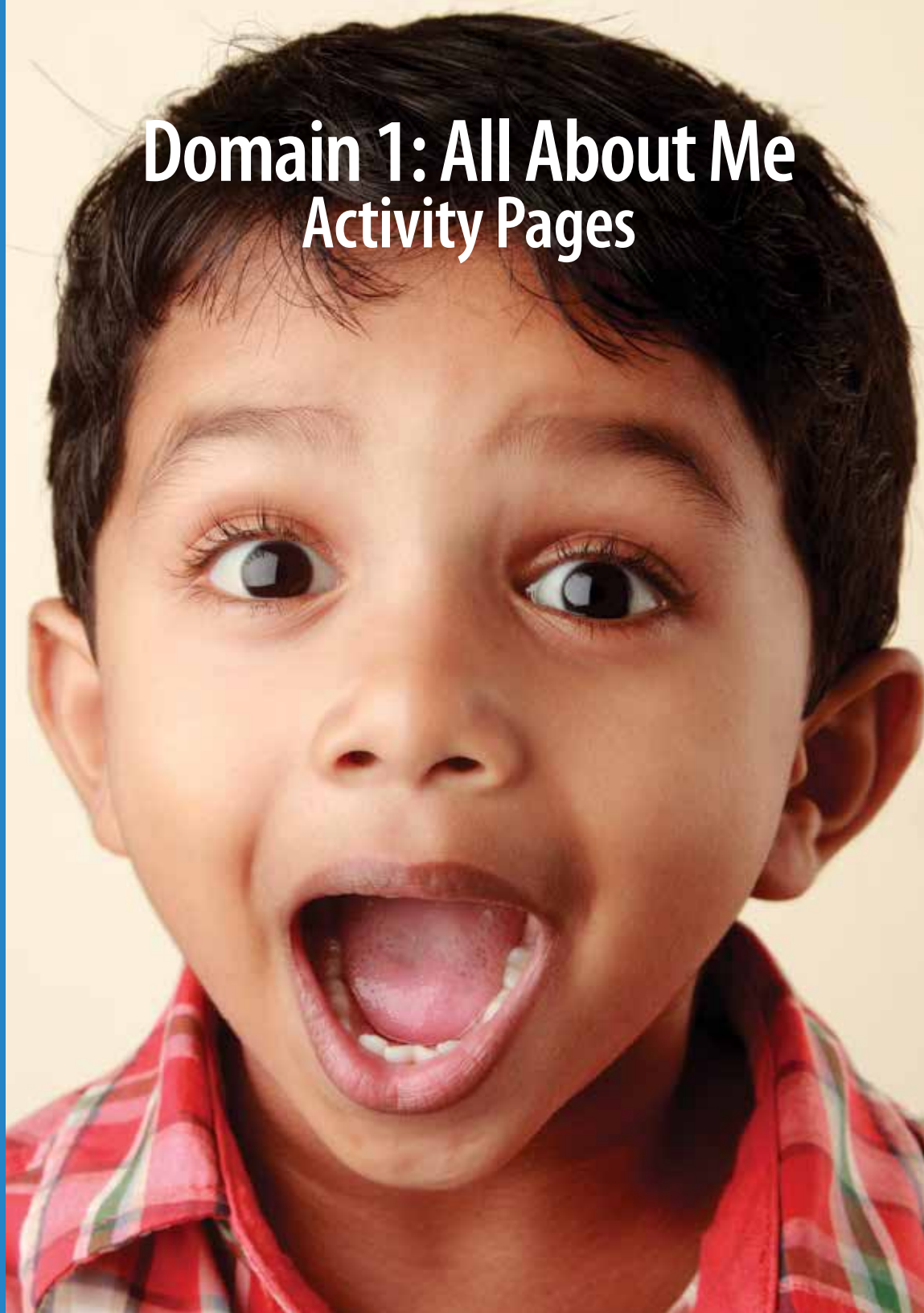


Domain 1: All About Me

Activity Pages



Core Knowledge®

PRESCHOOL

Core Knowledge Language Arts



Domain 1: All About Me

Activity Pages

PRECHOOL

Core Knowledge Language Arts®



Creative Commons Licensing

This work is licensed under a Creative Commons Attribution-NonCommercial-ShareAlike 3.0 Unported License.



You are free:

- to Share** — to copy, distribute and transmit the work
- to Remix** — to adapt the work

Under the following conditions:

Attribution — You must attribute the work in the following manner:

This work is based on an original work of the Core Knowledge® Foundation made available through licensing under a Creative Commons Attribution-NonCommercial-ShareAlike 3.0 Unported License. This does not in any way imply that the Core Knowledge Foundation endorses this work.

Noncommercial — You may not use this work for commercial purposes.

Share Alike — If you alter, transform, or build upon this work, you may distribute the resulting work only under the same or similar license to this one.

With the understanding that:

For any reuse or distribution, you must make clear to others the license terms of this work. The best way to do this is with a link to this web page:

<http://creativecommons.org/licenses/by-nc-sa/3.0/>

Copyright © 2014 Core Knowledge Foundation
www.coreknowledge.org

All Rights Reserved.

Core Knowledge Language Arts, Listening & Learning, and Tell It Again! are trademarks of the Core Knowledge Foundation.

Trademarks and trade names are shown in this book strictly for illustrative and educational purposes and are the property of their respective owners. References herein should not be regarded as affecting the validity of said trademarks and trade names.

CREDITS

Every effort has been taken to trace and acknowledge copyrights. The editors tender their apologies for any accidental infringement where copyright has proved untraceable. They would be pleased to insert the appropriate acknowledgment in any subsequent edition of this publication. Trademarks and trade names are shown in this publication for illustrative purposes only and are the property of their respective owners. The references to trademarks and trade names given herein do not affect their validity.

WRITERS

Cate Whittington: Body Parts;
We Use Our Senses to Learn

Public Domain: Head and Shoulders, Knees and Toes;
Do Your Ears Hang Low

IMAGES

Barbara L. Gibson: Activity Pages 5-1; 12-1

Lina Chesak-Liberace: Activity Pages 1-1; 9-1

Shutterstock: Cover; Title Page; Activity Pages 4-1;
11-1
Regarding the Shutterstock items listed above, please note: "No person or entity shall falsely represent, expressly or by way of reasonable implication, that the content herein was created by that person or entity, or any person other than the copyright holder(s) of that content."

All About Me: Family Letter 1



Dear Family Member,

Your child probably already likes to talk about what makes him/her special. At school, we will be learning all about how we are all different, but how we are all also the same! We will learn all kinds of words to describe ourselves and name our body parts. We will also be painting, playing with play dough, playing musical instruments, and tracing around our bodies.

Below are some suggestions for activities you might do at home to help your child remember what they are learning about at school:

1. Read Aloud Each Day

Children love hearing **stories, especially before bedtime**. Before you read a book, talk about the **title** of the book and what it might mean. As you read books, point to and label the **characters' body parts**. Talk about whether or not the characters are **humans** (your child is learning the word **human's** in school).

2. Sing Nursery Rhymes

Nursery rhymes are a fun way for children to learn **the rhythm and sounds of language**. Your child may come home singing and doing the motions for “Head and Shoulders, Knees and Toes,” and “Open, Shut Them.” **The words to “Head and Shoulders, Knees and Toes” are on this back of this letter**—have your child show you the motions that go with this rhyme. You could also share your own favorite nursery rhymes with your child.

3. Talk About Body Parts

Name body parts as your child gets dressed and takes a bath. Name fingers as you clean and clip fingernails. Talk about how you can move your body parts as your child plays outside.

4. Practice Using Hands and Fingers

Your child is doing lots of activities to develop small movements using hands and fingers. Have your child practice at home by squeezing toothpaste and using a toothbrush, holding a fork, painting outside with water, drawing with sidewalk chalk, doing puzzles, etc.

Please send in a photograph of your child as a baby for us to use in an activity at school.



Head and Shoulders, Knees and Toes

Head and shoulders,
knees and toes,
knees and toes.
Head and shoulders,
knees and toes,
knees and toes.
Eyes and ears
and mouth and nose.
Head and shoulders,
knees and toes,
knees and toes!



Dear Family Member,

Today your child listened to a read-aloud about the parts of the body. Read the poem to your child and talk about the parts of his/her body.



All About Me: Body Parts

Humans have bodies—parts inside and out,
Which part of your body do you use to shout?

Shouts begin inside and burst out through your lips—
The part of your body, that lets you take sips.

What's inside your mouth, past those two sipping lips?
Can you wiggle your tongue and make it do flips?

Your nose knows you're eating—it senses the smell
But it also helps keep you living as well.

Your chin, cheeks, and forehead—are parts of your face
With ears on the side in their own special place.

Use your eyes. Look around. Can you spot something red?
Did you feel your neck turn as it held up your head?



Put your hands on your shoulders and scrunch them up high
Now reach out your arms like you're ready to fly!

Bend your wrists and elbows, put your hands on each hip
Bow your waist in the middle to help as you dip.

Let your back and your chest flop over, just so
Are you able to touch your head to your toes?

Now, bend your knees just as much as you please
Knees help your legs move with comfort and ease.

Stand up straight everyone and look down at your feet.
How in the world do your legs and feet meet?

You have ankles to help move your feet all around
And heels to keep feet planted safe on the ground.

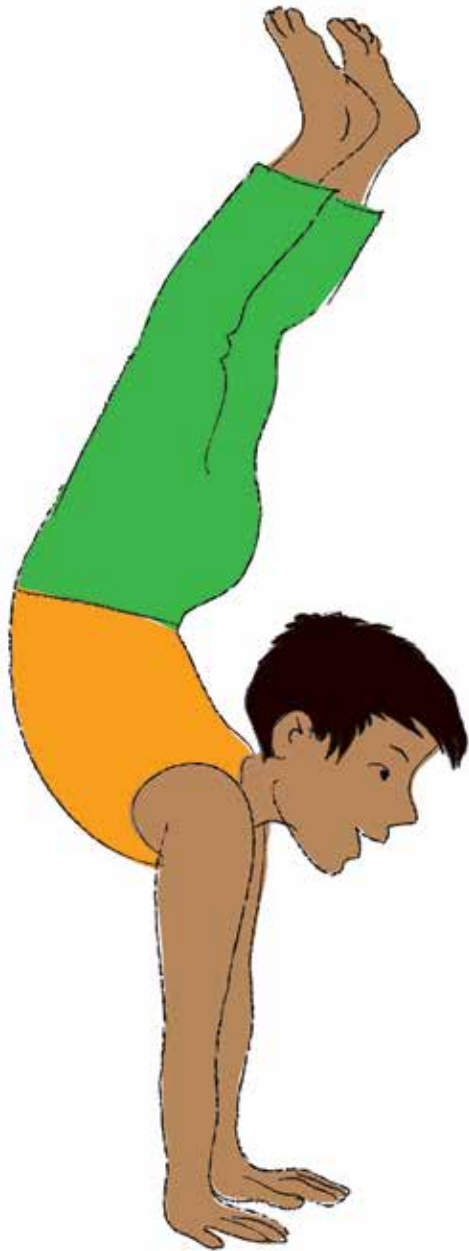
Exercise is important to keep you healthy and strong.
Sit down now and stretch out your legs—long, long, long.

You need all parts together to run, jump, and play
Give a cheer for your body—hip, hip, hooray!



Show Me

Directions: Using the list on the bottom of this page, point one by one to body parts using the pictures of these children, and ask your child to show them to you. Then ask him/her to point to that same part on his body and tell you its name.



PARTS OF THE BODY: body, head, neck, shoulders, chest, stomach, arm, elbow, wrist, hand, fingers, hip, leg, knee, ankle, foot, toes.



All About Me: Family Letter 2



Dear Family Member,

There are many exciting things about being a human being. We are learning all about our five senses, how humans grow and change, and the things humans need to stay alive.

Below are some suggestions for activities you might do at home to help your child remember what they are learning about at school.

1. Read Aloud Each Day

Children love hearing **stories, especially before bedtime**. As you read each book, remember to **talk about the author and illustrator** (your child is learning about these people in school). The author is the person who wrote the words and the illustrator is the person who drew the pictures.

2. Sing Nursery Rhymes

Nursery rhymes are a fun way for children to learn **the rhythm and sounds of language**. Your child may come home singing and doing the motions for “Do Your Ears Hang Low?” “Where is Thumbkin?” and “Pat-a-Cake.” **The words to “Do Your Ears Hang Low?” are on this back of this letter**—have your child show you the motions that go with this rhyme. You could also share your own favorite nursery rhymes with your child.

3. Talk About the Five Senses

Talk with your child about things he/she can **see, hear, touch, smell, and taste** during mealtime or bath time. Mention the **parts of the body** that go with each sense.

4. Talk About the First Letter of Your Child’s Name

Your child is learning to recognize the first letter of his/her name in school. To help your child learn his/her initial letter, you could create a sign for your child’s bedroom door that has his/her name on it.



Do Your Ears Hang Low?

Do your ears hang low?
Do they wobble to and fro?
Can you tie them in a knot?
Can you tie them in a bow?
Can you throw them
over your shoulder
Like a continental soldier?
Do your ears hang low?



Dear Family Member,

Today your child listened to a read-aloud about the parts of the body. Read the poem to your child and talk about the parts of his/her body.



All About Me: We Use Our Senses to Learn

I have five senses. You have five, too.
Without our five senses, what would we do?

Senses help you experience being alive.
Sight, smell, taste, touch, hearing—all five.

Just under your forehead, two eyes give you sight
To see reds and yellows, colors shiny and bright!

Between your eyes, your nose helps you smell.
Some smells are delightful, others less swell.

If you block your nostrils, you'll put smells on hold
Has that ever happened when you've had a cold?

Lick your lips now. What part did you use?
Your tongue is the part that helps you taste foods.

Do you like your foods salty, bitter, or sweet?
Perhaps sour lemons are your special treat!



That's three of your senses—sight, smell, and taste
The fourth's split in two on both sides of your face.

Your ears work together to help you hear noise
Do you ever wear headphones like this little boy?

Quiet sounds and loud sounds—your ears hear them all—
Both your cat's low purring and your dad's loud call.

Your fifth sense is touch. Touch your face, touch
your toes. What's helping you feel?
Does anyone know?

Your skin's sense of touch is all over the place—
Every inch of your body, not just your face!

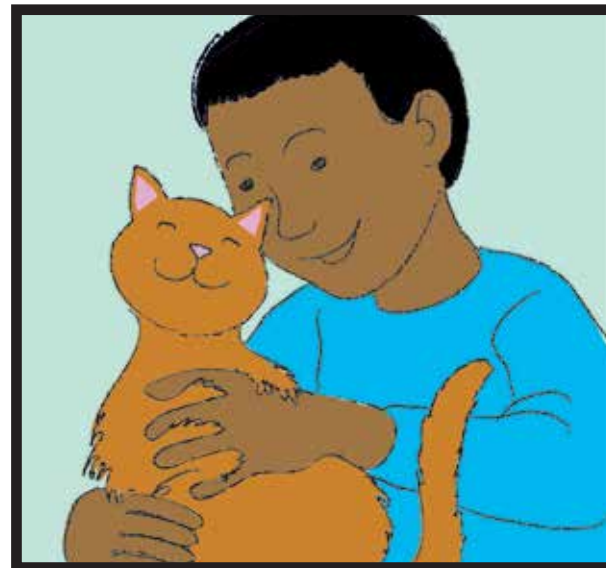
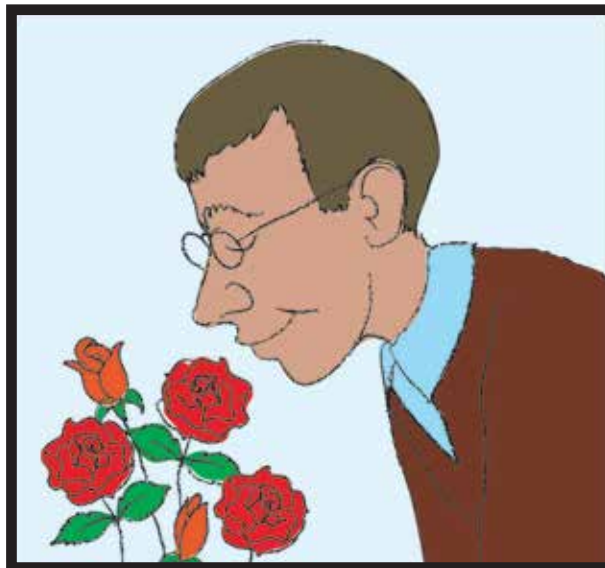
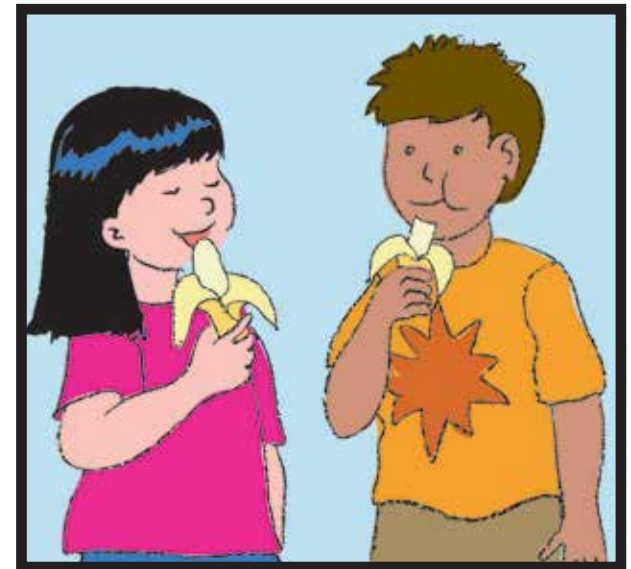
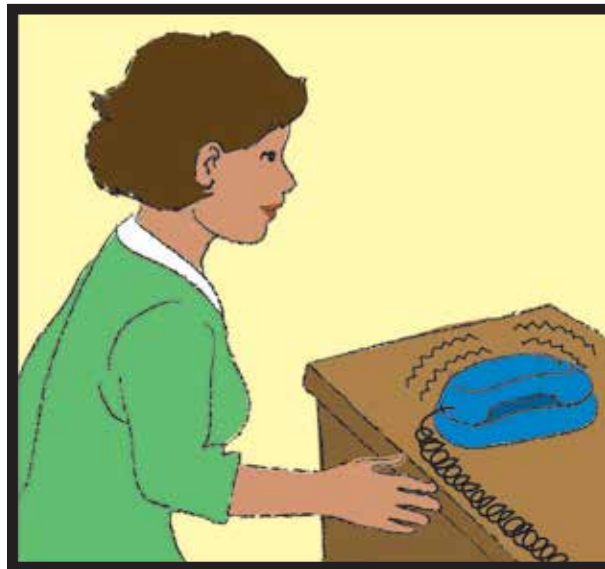
How does it feel when you jump in a pool?
Is it hot? Is it cold? Is it warm? Is it cool?



Senses help you experience being alive.
Sight, smell, touch, taste, hearing—
that's five.

Using All of Our Five Senses

Directions: Name one sense and its related body part, then ask your child which picture shows that sense. "Which picture shows people using their eyes to see?" Talk about what they are seeing. Continue through all the senses, recognizing that while each picture emphasizes one sense, some may include more than one.



CORE KNOWLEDGE LANGUAGE ARTS

SERIES EDITOR-IN-CHIEF

E. D. Hirsch, Jr.

PRESIDENT

Linda Bevilacqua

EDITORIAL STAFF

Carolyn Gosse, Senior Editor - Preschool
Khara Turnbull, Materials Development Manager
Michelle L. Warner, Senior Editor - Listening & Learning

DESIGN AND GRAPHICS STAFF

Scott Ritchie, Creative Director
Kim Berrall
Michael Donegan
Liza Greene
Matt Leech
Bridget Moriarty
Lauren Pack

CONSULTING PROJECT MANAGEMENT SERVICES

ScribeConcepts.com

ADDITIONAL CONSULTING SERVICES

Ang Blanchette
Dorrit Green
Carolyn Pinkerton

Robin Luecke
Rosie McCormick
Cynthia Peng
Liz Pettit
Ellen Sadler
Deborah Samley
Lauren Simmons
Diane Auger Smith
Sarah Zellinke

ACKNOWLEDGMENTS

These materials are the result of the work, advice, and encouragement of numerous individuals over many years. Some of those singled out here already know the depth of our gratitude; others may be surprised to find themselves thanked publicly for help they gave quietly and generously for the sake of the enterprise alone. To helpers named and unnamed we are deeply grateful.

CONTRIBUTORS TO EARLIER VERSIONS OF THESE MATERIALS

Susan B. Albaugh, Kazuko Ashizawa, Nancy Braier, Kathryn M. Cummings, Michelle De Groot, Diana Espinal, Mary E. Forbes, Michael L. Ford, Ted Hirsch, Danielle Knecht, James K. Lee, Diane Henry Leipzig, Martha G. Mack, Liana Mahoney, Isabel McLean, Steve Morrison, Julianne K. Munson, Elizabeth B. Rasmussen, Laura Tortorelli, Radael L. Shaw, Sivan B. Sherman, Miriam E. Vidaver, Catherine S. Whittington, Jeannette A. Williams

We would like to extend special recognition to Program Directors Matthew Davis and Suzanne Wright who were instrumental to the early development of this program.

SCHOOLS

We are truly grateful to the teachers, students, and administrators of the following schools for their willingness to field test these materials and for their invaluable advice: Capitol View Elementary, Challenge Foundation Academy (ILN), Community Academy Public Charter School, Lake Lure Classical Academy, Lepanto Elementary School, New Holland Core Knowledge Academy, Paramount School of Excellence, Pioneer Challenge Foundation Academy, New York City PS 26R (The Carteret School), PS 30X (Wilton School), PS 50X (Clara Barton School), PS 96Q, PS 102X (Joseph O. Lovetani), PS 104Q (The Bays Water), PS 214K (Michael Friedsam), PS 223Q (Lyndon B. Johnson School), PS 308K (Clara Cardwell), PS 333Q (Goldie Maple Academy), Sequoyah Elementary School, South Shore Charter Public School, Spartanburg Charter School, Steed Elementary School, Thomas Jefferson Classical Academy, Three Oaks Elementary, West Manor Elementary.

And a special thanks to the CKLA Pilot Coordinators Anita Henderson, Yasmin Lugo-Hernandez, and Susan Smith, whose suggestions and day-to-day support to teachers using these materials in their classrooms was critical.





Core Knowledge®

Domain 1: All About Me Activity Pages

PRESCHOOL

The Core Knowledge Foundation
www.coreknowledge.org

This book is shared online by Free Kids Books at <https://www.freekidsbooks.org>
in terms of the creative commons license provided by the publisher or author.

Want to find more books like this?



Yay!

Totally

**free kids
Books**

<https://www.freekidsbooks.org>

Simply great free books -

Preschool, early grades, picture books, learning to read,
early chapter books, middle grade, young adult,
Pratham, Book Dash, Mustardseed,
Open Equal Free, and many more!

Always Free – Always will be!

Legal Note:

This book is in CREATIVE COMMONS -
Awesome!! That means you can share, reuse it,
and in some cases republish it, but only in
accordance with the terms of the applicable
license (not all CCs are equal!), attribution must
be provided, and any resulting work usually must
be released in the same manner.

Please reach out and contact us if you want
more information:

<https://www.freekidsbooks.org/about>

Image Attribution: Danielle Bruckert CC-BY-NC

This page is added for identification.