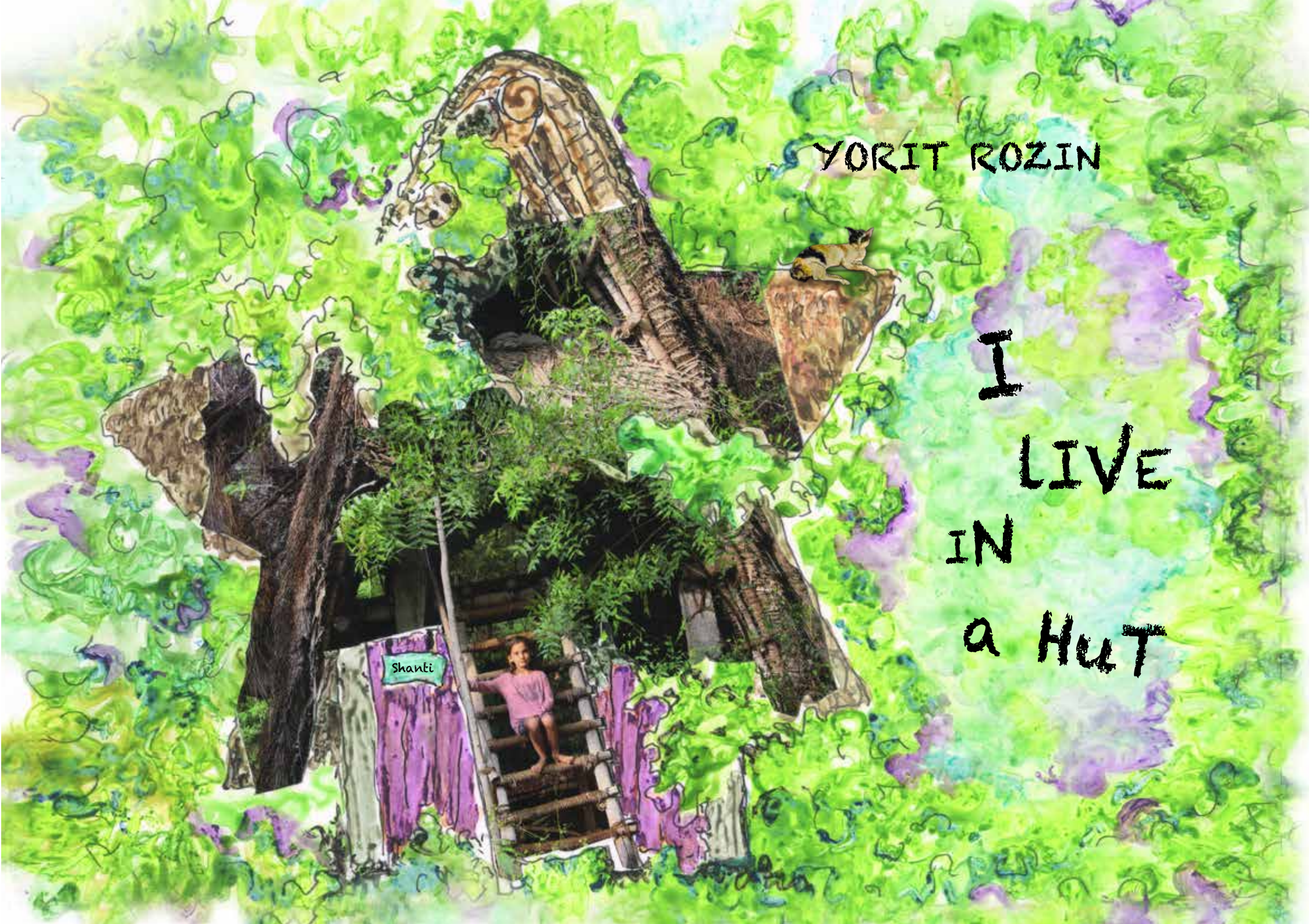




YORIT ROZIN

I
LIVE
IN
a HUT

Shanti

I live in a hut

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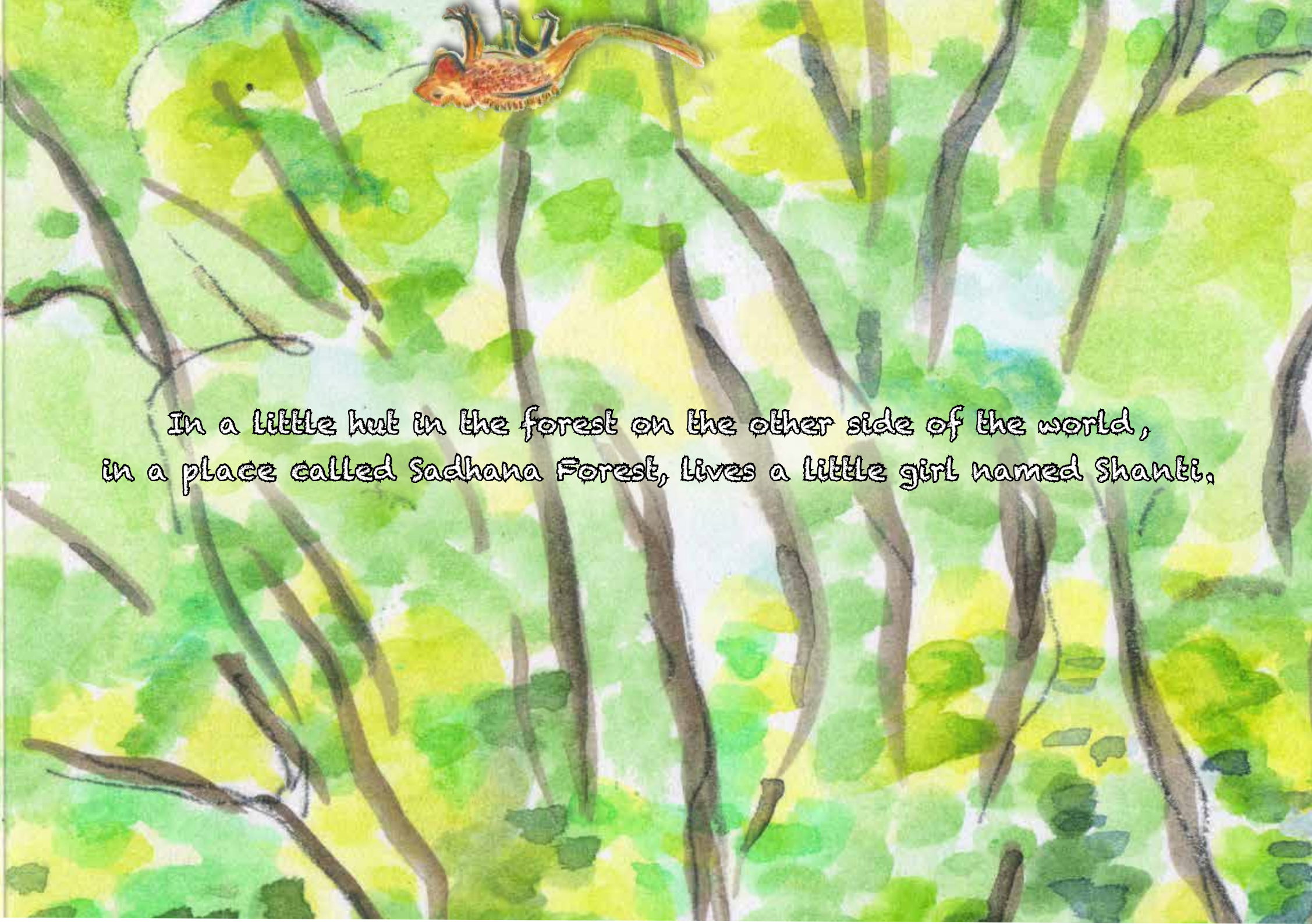
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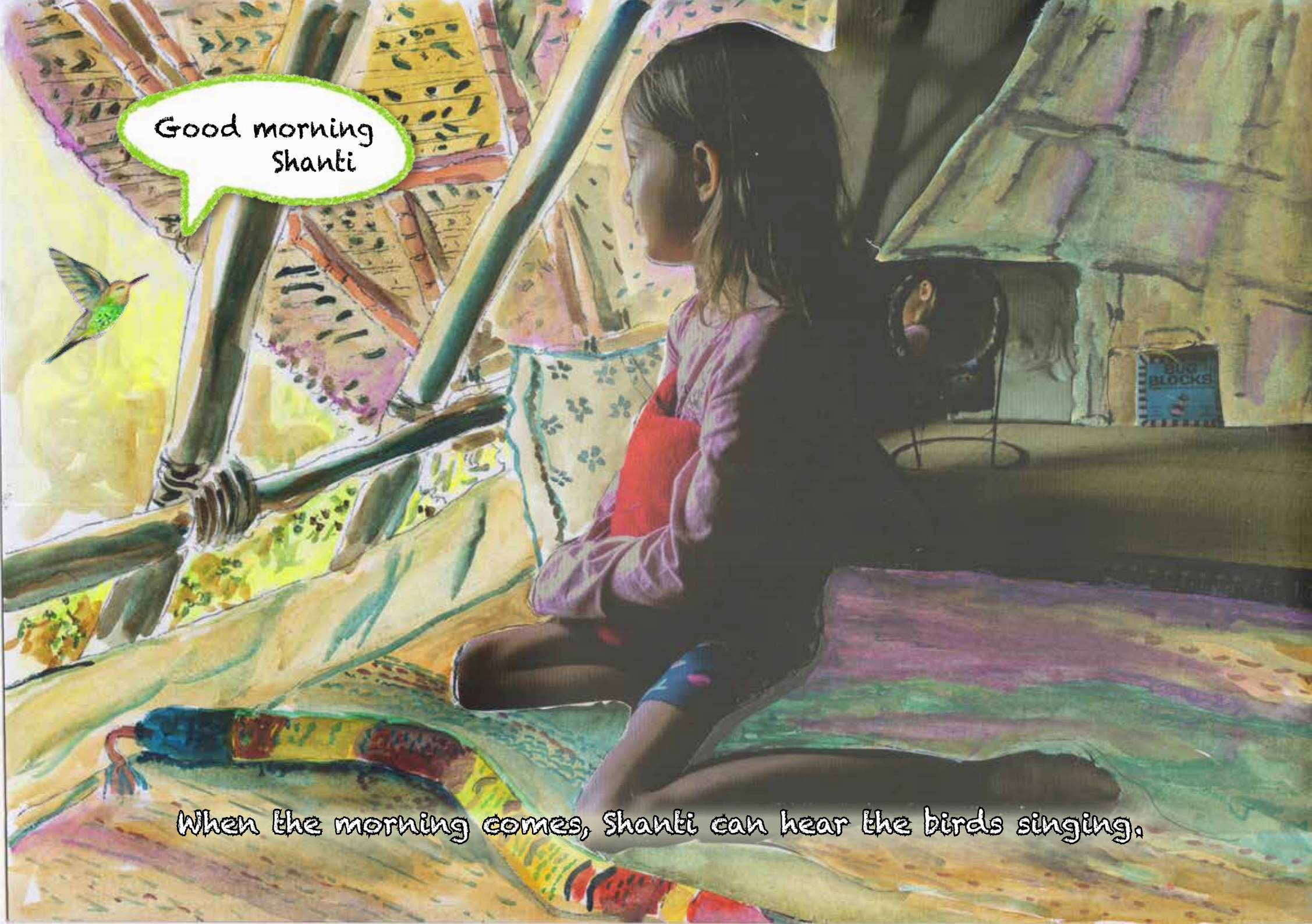
I
LIVE
IN
a HUT





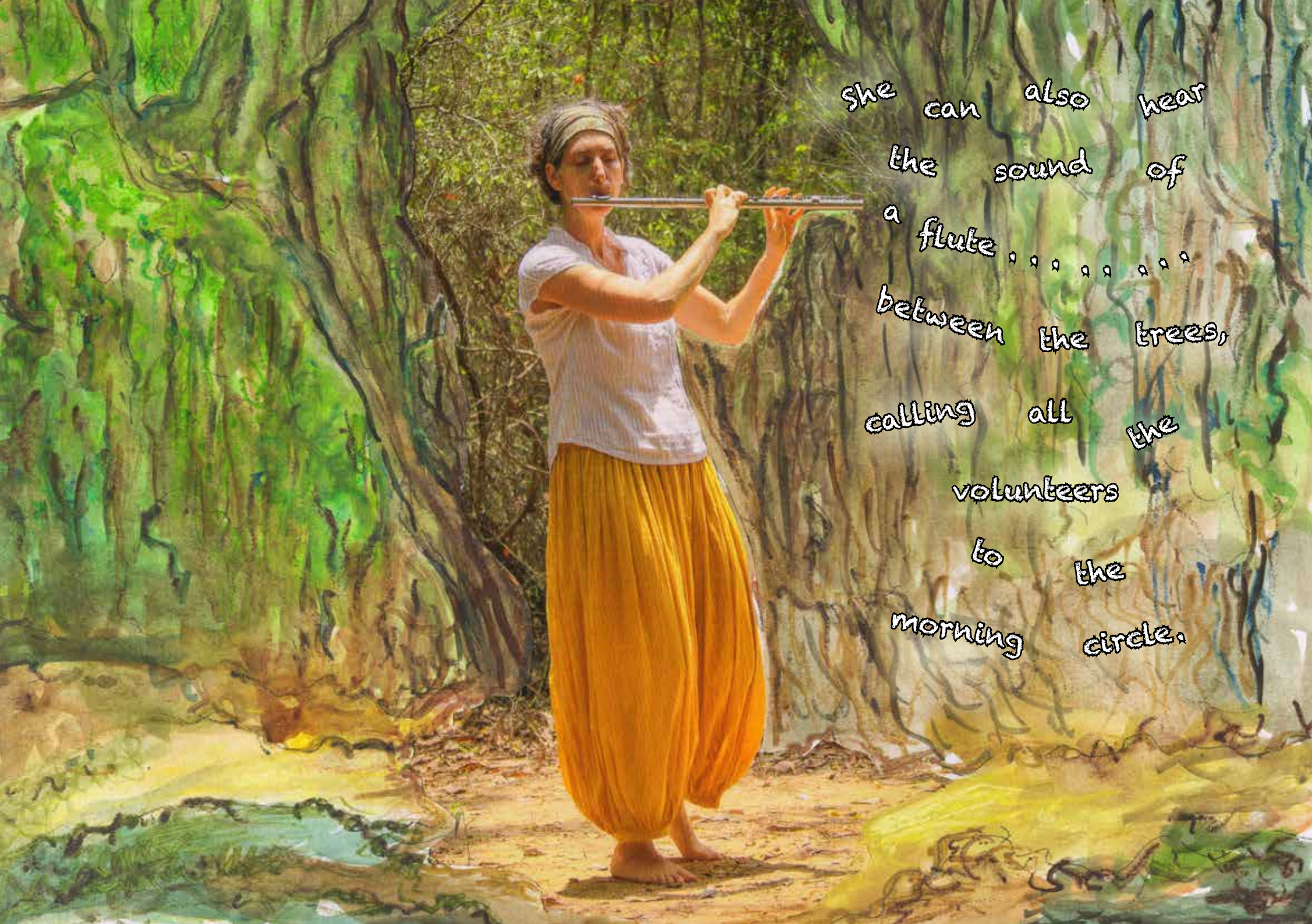
In a little hut in the forest on the other side of the world,
in a place called Sadhana Forest, lives a little girl named Shanti.



A young girl with long dark hair, wearing a purple long-sleeved shirt and red overalls, is sitting on a colorful, patterned rug. She is looking out a window with a wooden frame. Outside the window, a hummingbird is flying. The scene is brightly lit, suggesting morning. A speech bubble from the hummingbird says "Good morning Shanti".

Good morning
Shanti

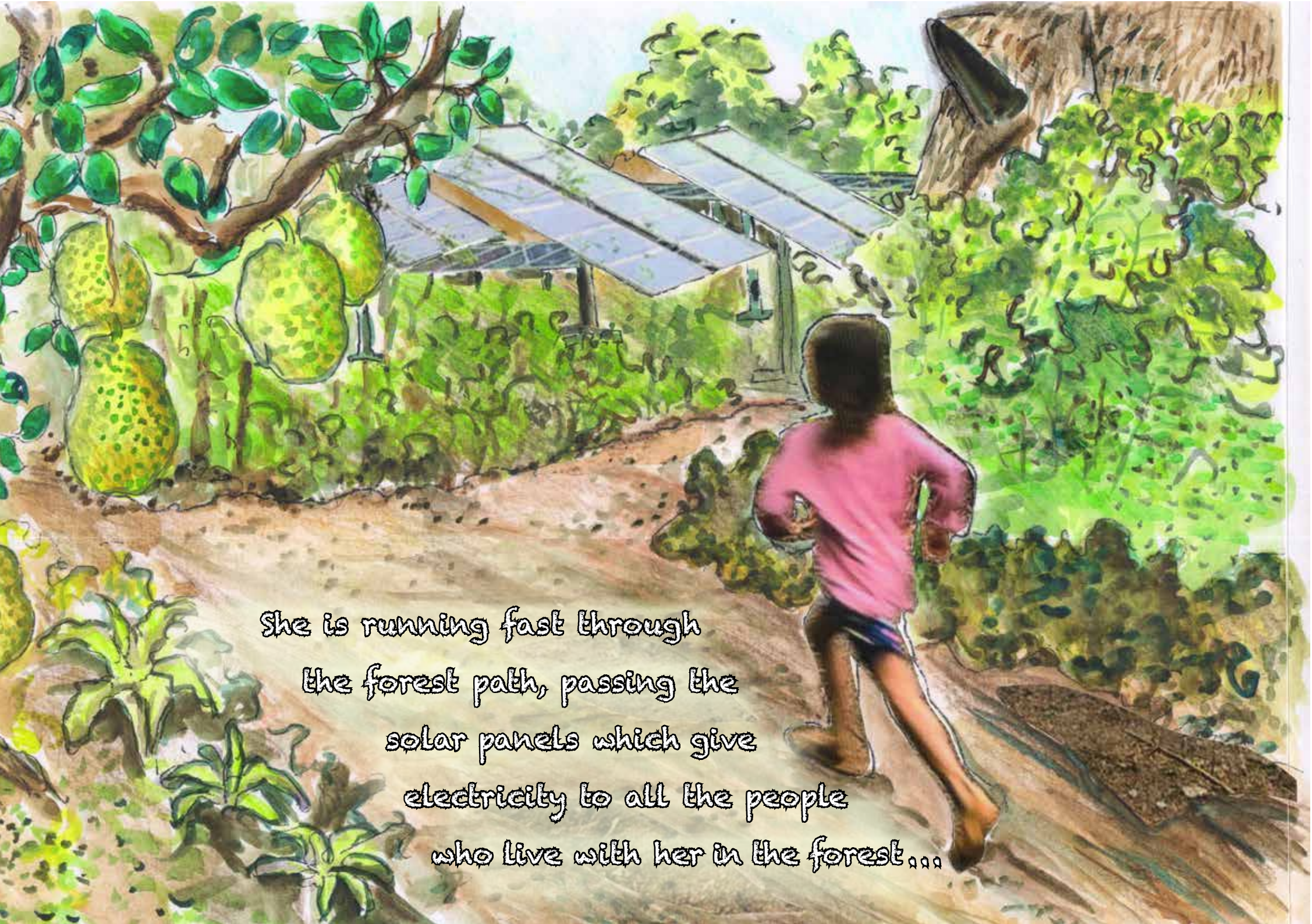
When the morning comes, Shanti can hear the birds singing.



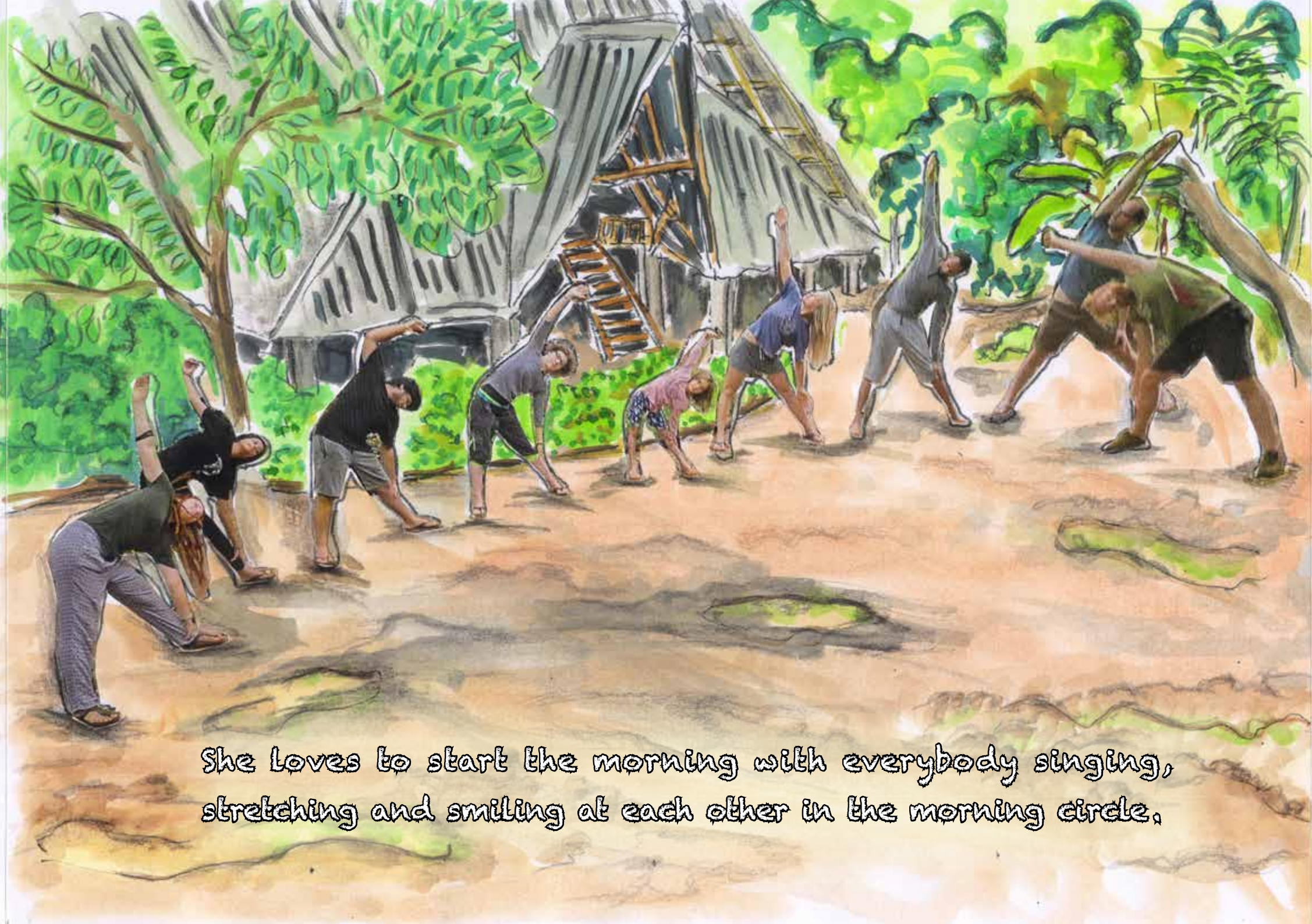
she can also hear
the sound of
a flute
between the trees,
calling all the
volunteers
to the
morning circle.



Shanti jumps up from her bed and gets ready for a day in the forest.



She is running fast through
the forest path, passing the
solar panels which give
electricity to all the people
who live with her in the forest...



She loves to start the morning with everybody singing, stretching and smiling at each other in the morning circle.



It's a good day
to plant trees.

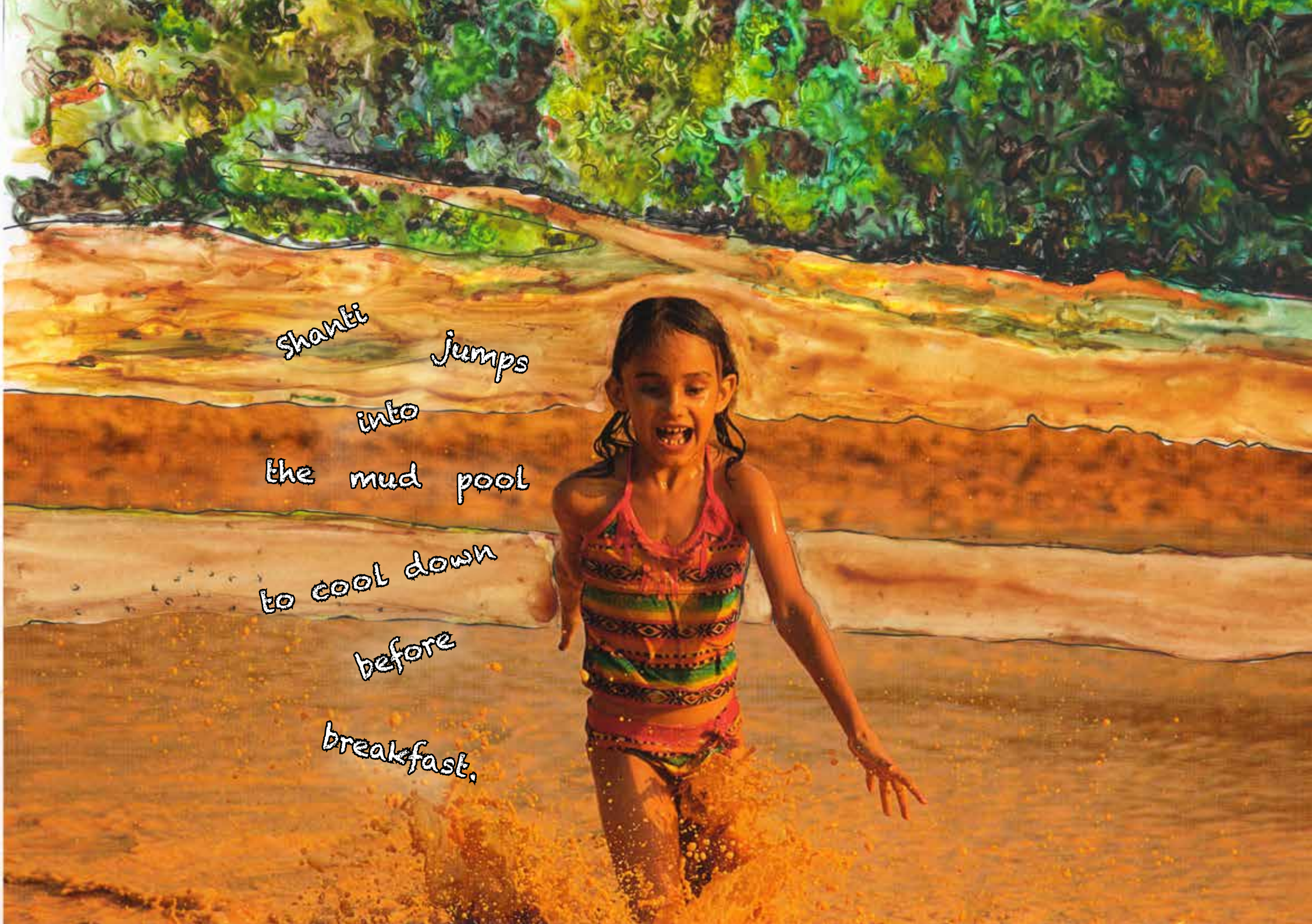
She finds a little
shovel and goes to
work in the forest.

Nursery

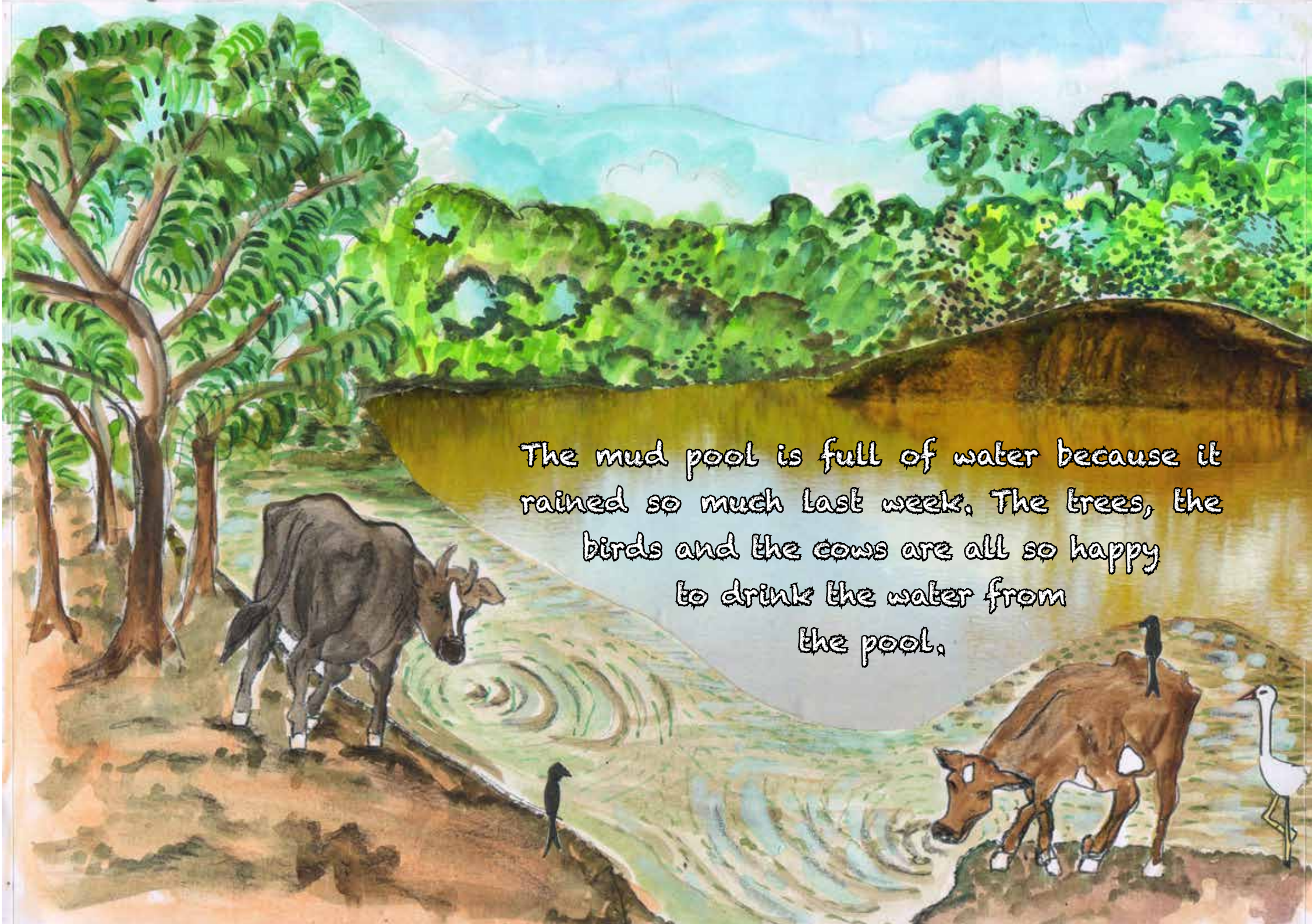


Today is a very hot day!

After working hard in the forest...

A painting of a young girl with dark hair, wearing a colorful patterned swimsuit, jumping into a mud pool. She is smiling and has her mouth open. The mud pool is a thick, orange-brown color. In the background, there are green trees and a sandy bank. The text is written in a white, handwritten style with black outlines, following the curve of the girl's path into the pool.

Shanti
jumps
into
the mud pool
to cool down
before
breakfast.



The mud pool is full of water because it rained so much last week. The trees, the birds and the cows are all so happy to drink the water from the pool.



Breakfast time...

the bell is ringing,
the dogs are howling.

Everyone
is going
to the
main
hut.



Shanti is
washing
her hands
before
the
meal...

EVERY DROP
OF WATER
COUNTS



and the trees are happily drinking the water dripping from her hands.



All the volunteers are sitting in a big circle in the main hut, waiting for the fruit salad to come.

An illustration of a woman and a young girl washing dishes outdoors. The woman, wearing a yellow shirt and a headband, is standing and washing a plate in a large metal tub. The girl, wearing a colorful patterned dress, is sitting and washing a plate in another large metal tub. In the background, there is a wooden structure with a large glass jar on top, and a shelf with various kitchen items. The scene is set in a lush, green environment with trees and foliage.

After Shanti finishes her yummy
breakfast she goes with everyone
to wash her plate.

She uses ash from the firewood
stove, it is just like soap.

Now it is time for second seva!

What should I
do today?



* seva means service (work) that we do as volunteers



"should I water the garden?"



COMPOST

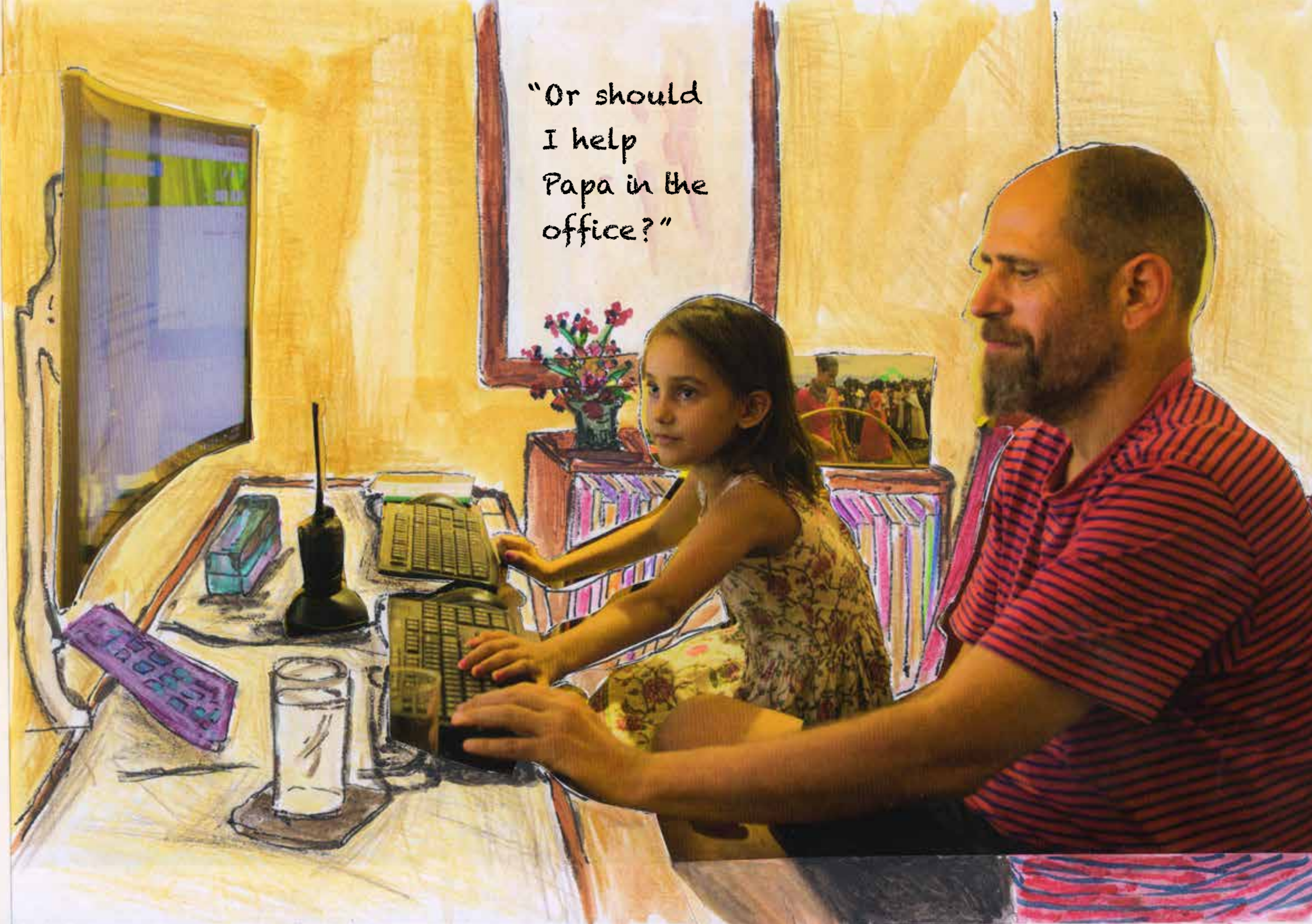
"Should I
help with
the food
compost?"

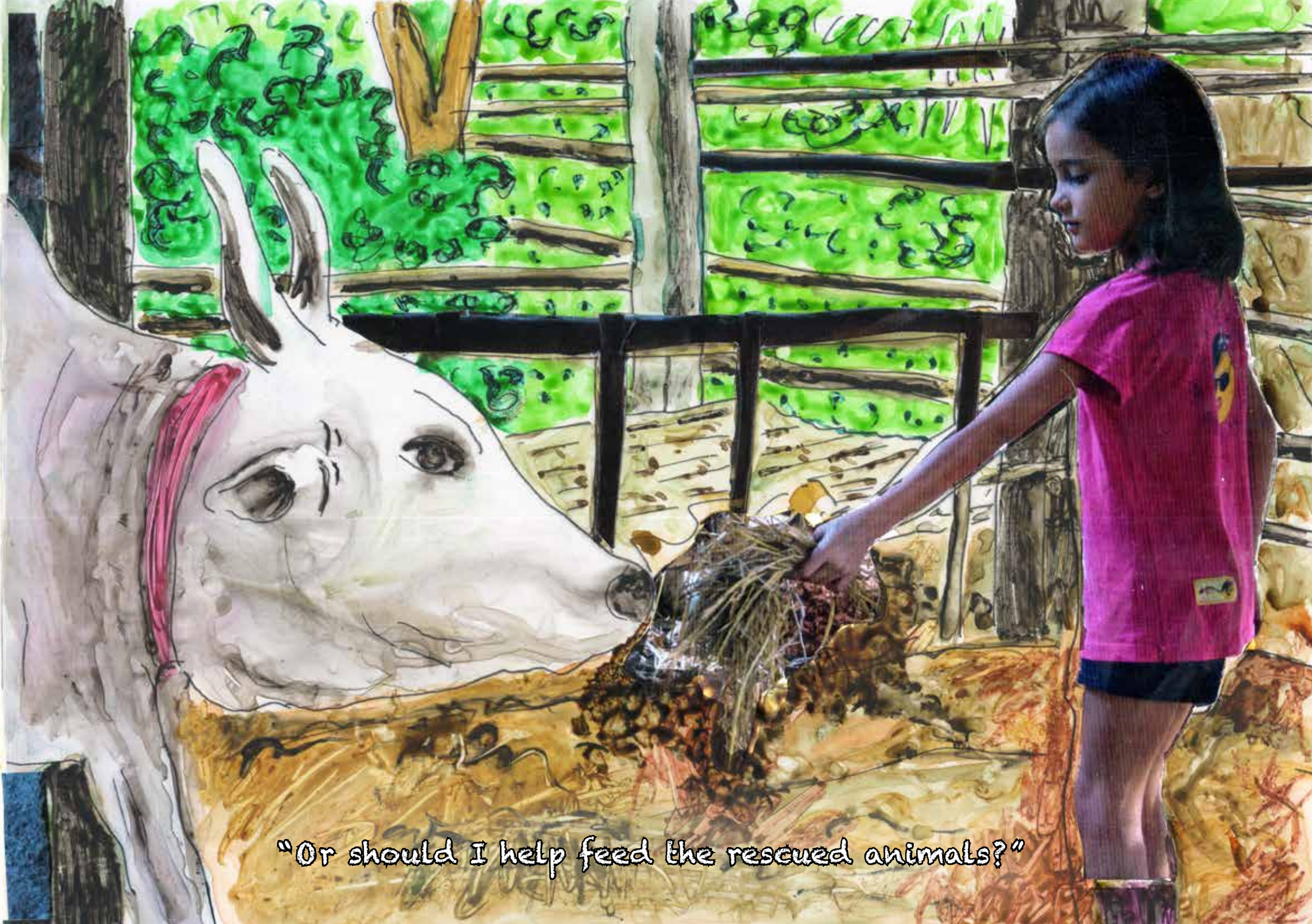
DOG
FOOD



"Should I...
help chop some
firewood for
the kitchen
stove?"

"Or should
I help
Papa in the
office?"





"Or should I help feed the rescued animals?"



"Maybe I will play
in the main hut
on the swinging Saris?"

shanti decides
to help in the
kitchen, she
loves cooking!

Shanti is
very helpful
in making the
fire for the food
to be cooked
on the wood
stove.

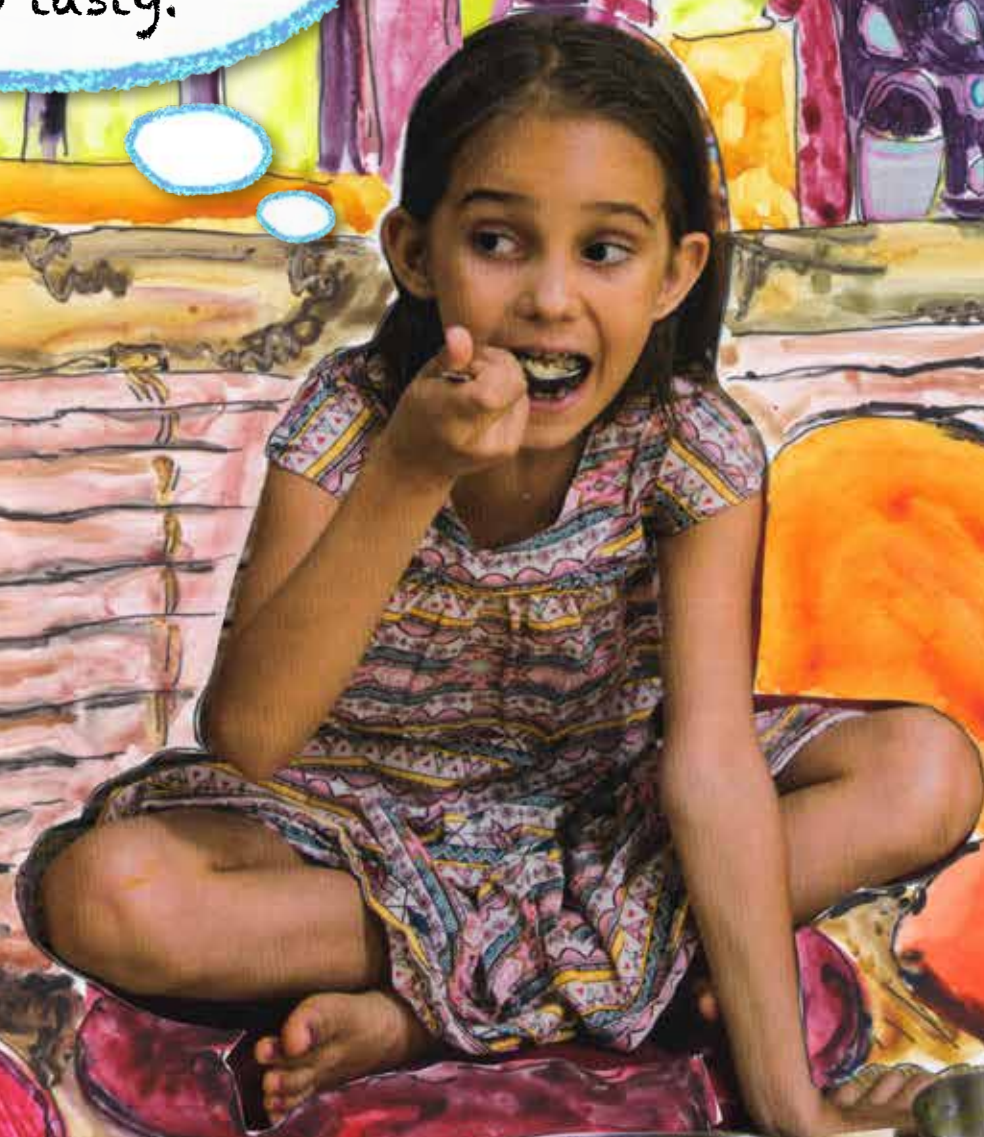


At 12:30 the bell rings for lunch,
Shanti helps to serve the vegan* food
which she helped to prepare
for all the people
in Sadhana Forest.



*Vegan food means food only made from plants.

The food I was
cooking today is
so tasty.



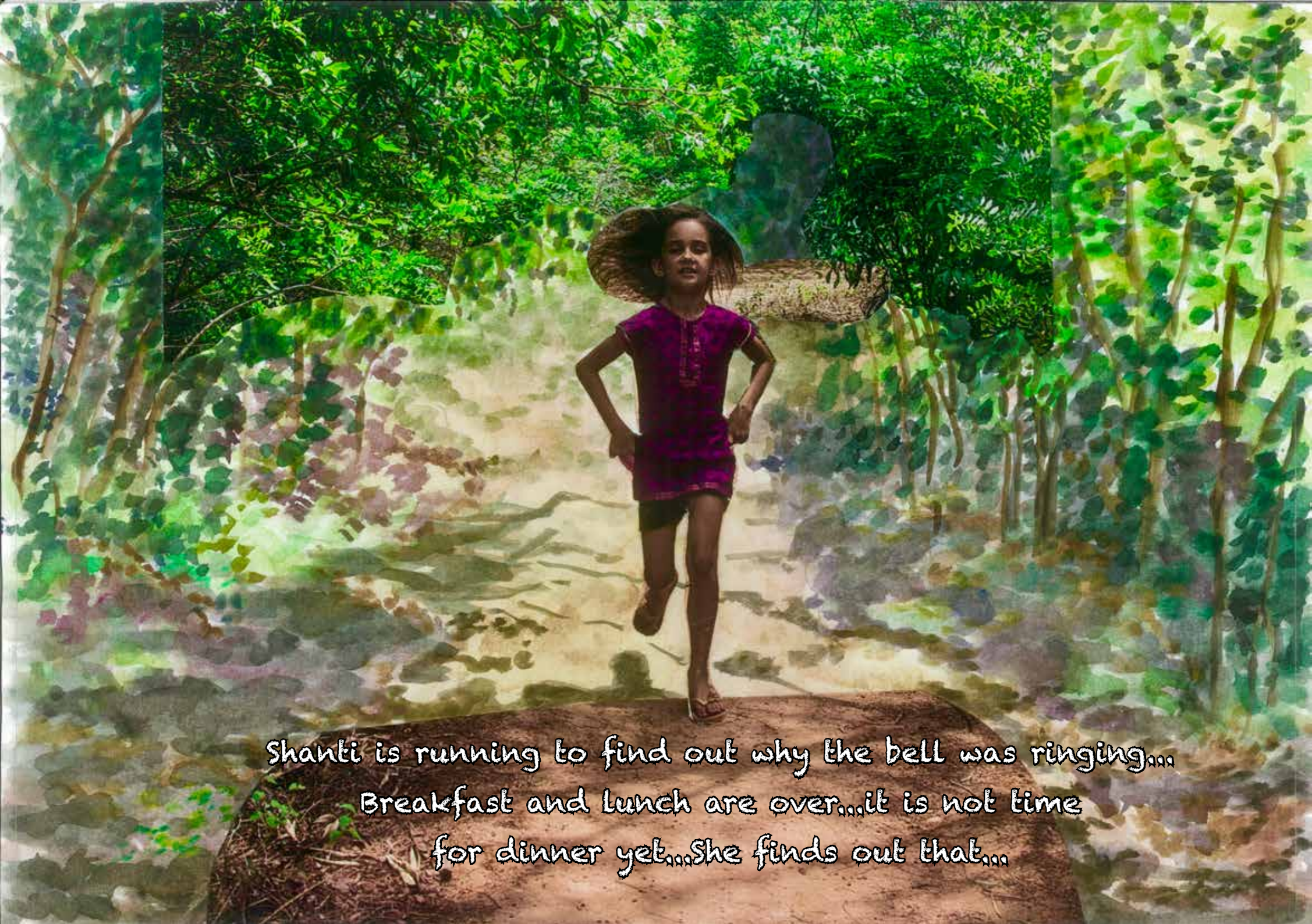
A colorful illustration of a young girl with dark hair, wearing a purple patterned dress, sitting in a purple and green striped hammock. She is holding an open book and looking down at it. The hammock is strung between wooden beams of a structure with a thatched roof. A string of colorful prayer flags hangs above her. To her left, a wind chime hangs from a beam. On the ground, which is paved with grey stones, there is a small yellow bag, a brown pot, a red pot with a pink flower, and a black and white cat lying down. A yellow bottle is also on the ground near the cat. The background shows lush green plants and trees.

Now we all need
a little rest...

Shanti Loves sitting in the
hammock and reading

A watercolor illustration of a young girl with dark hair, wearing a purple short-sleeved shirt, sitting on a wooden frame inside a hut with a thatched roof. The roof is made of brown and tan reeds or straw. The walls are also made of similar material, with some purple and grey tones. A window in the background shows green foliage outside. To the left of the girl, a small doll or stuffed animal is visible on the wooden frame. To the right, there is a small wooden container or basket. The overall style is soft and painterly.

Oops, the bell
is ringing
again...



Shanti is running to find out why the bell was ringing...
Breakfast and lunch are over...it is not time
for dinner yet...She finds out that...

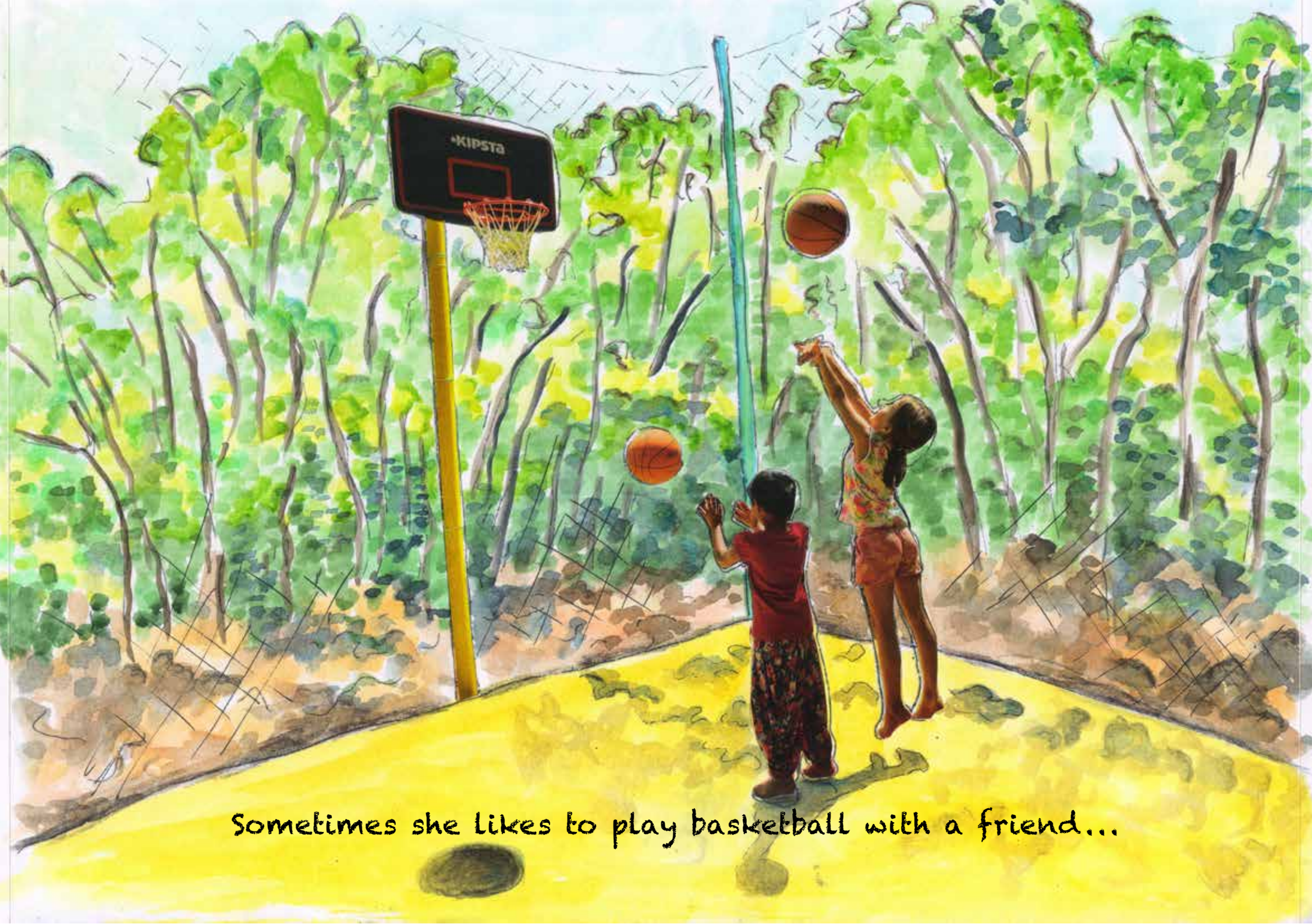


Yoga is fun!

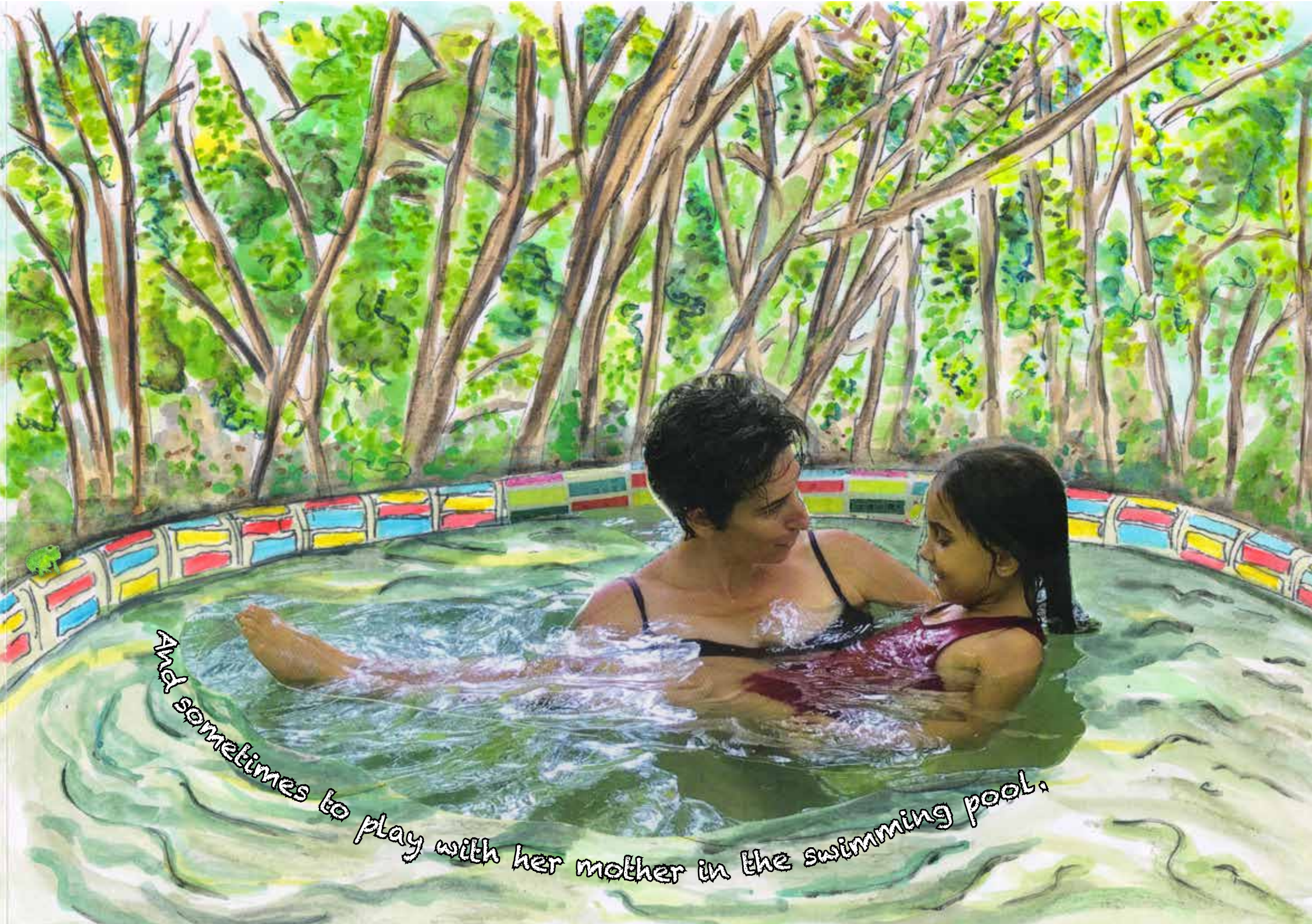
There is Yoga in the Forest Yurt.

Sometimes in the afternoon Shanti Likes
to practice playing her guitar...





Sometimes she likes to play basketball with a friend...



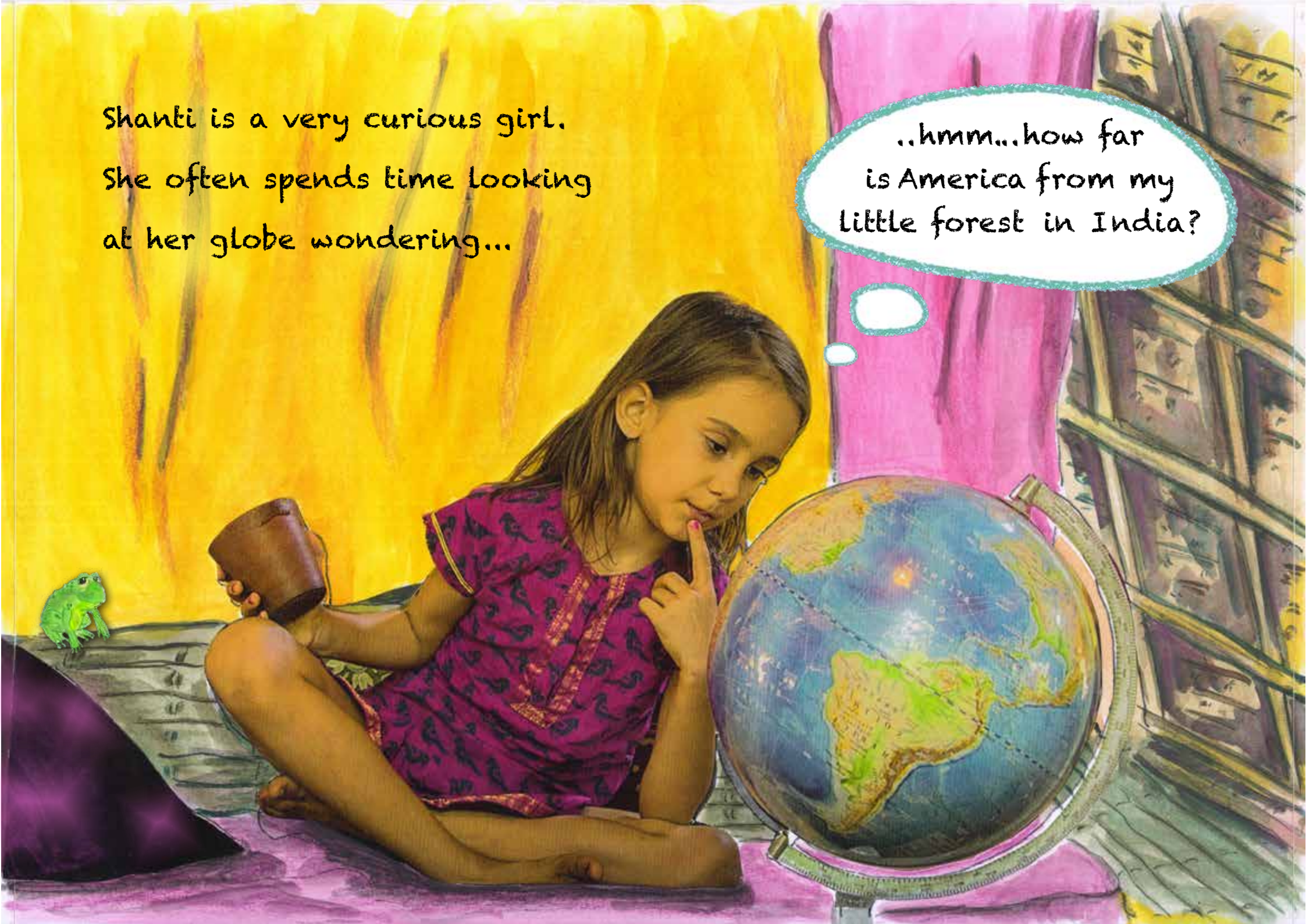
And sometimes to play with her mother in the swimming pool.

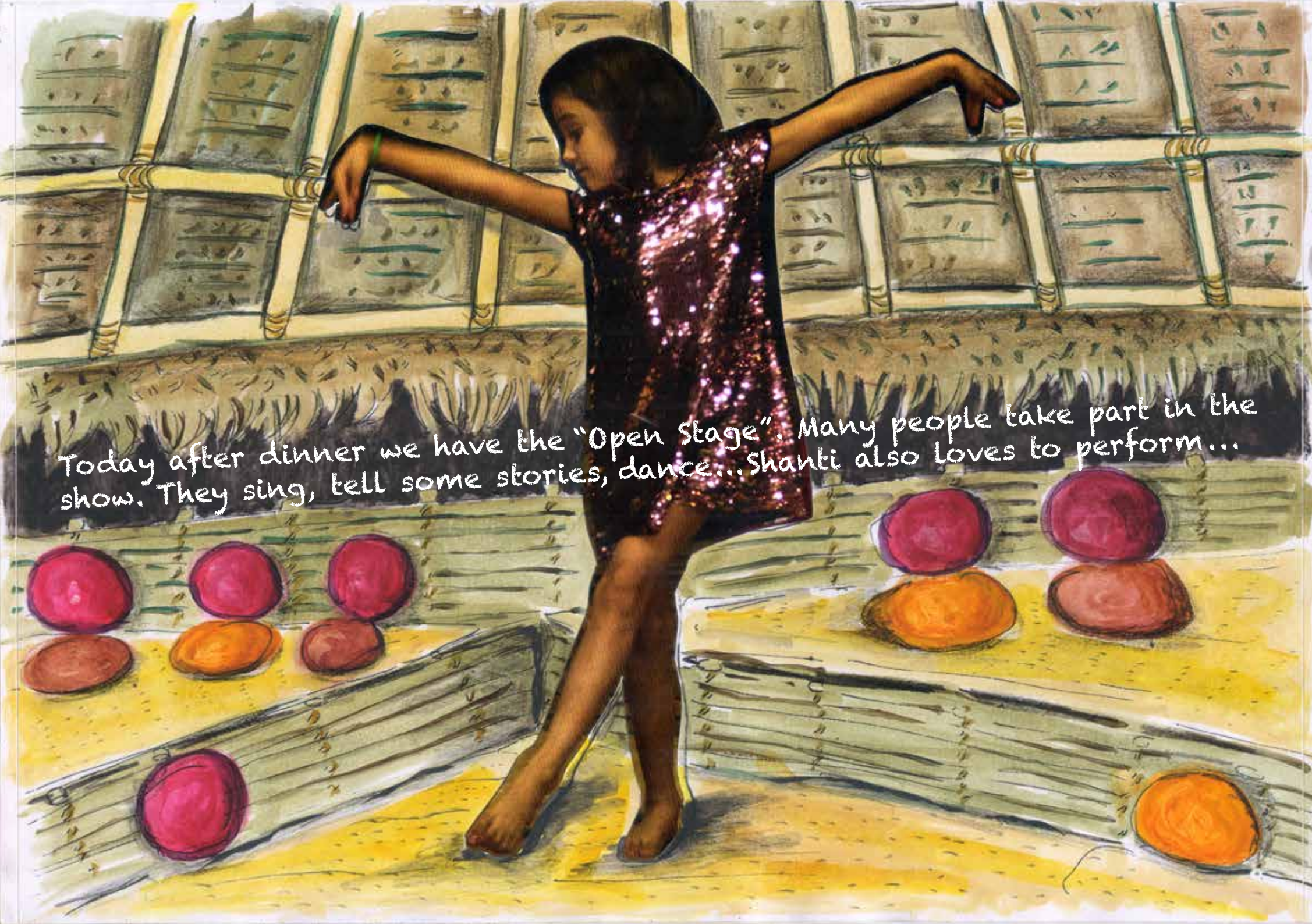


Other afternoons
Shanti travels with
her Mother on the
motorcycle to
do some
shopping...

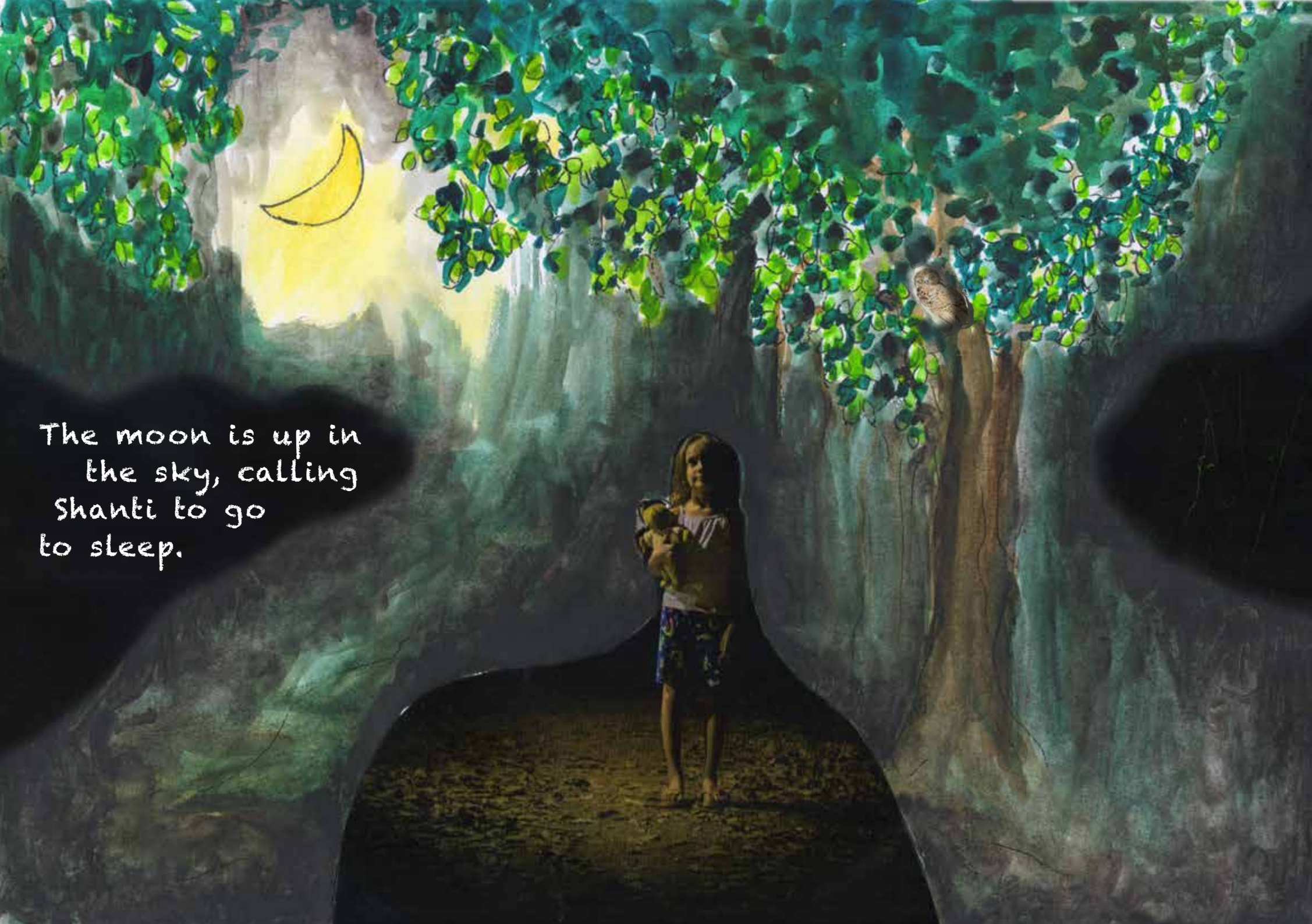
Shanti is a very curious girl.
She often spends time looking
at her globe wondering...

..hmm...how far
is America from my
little forest in India?

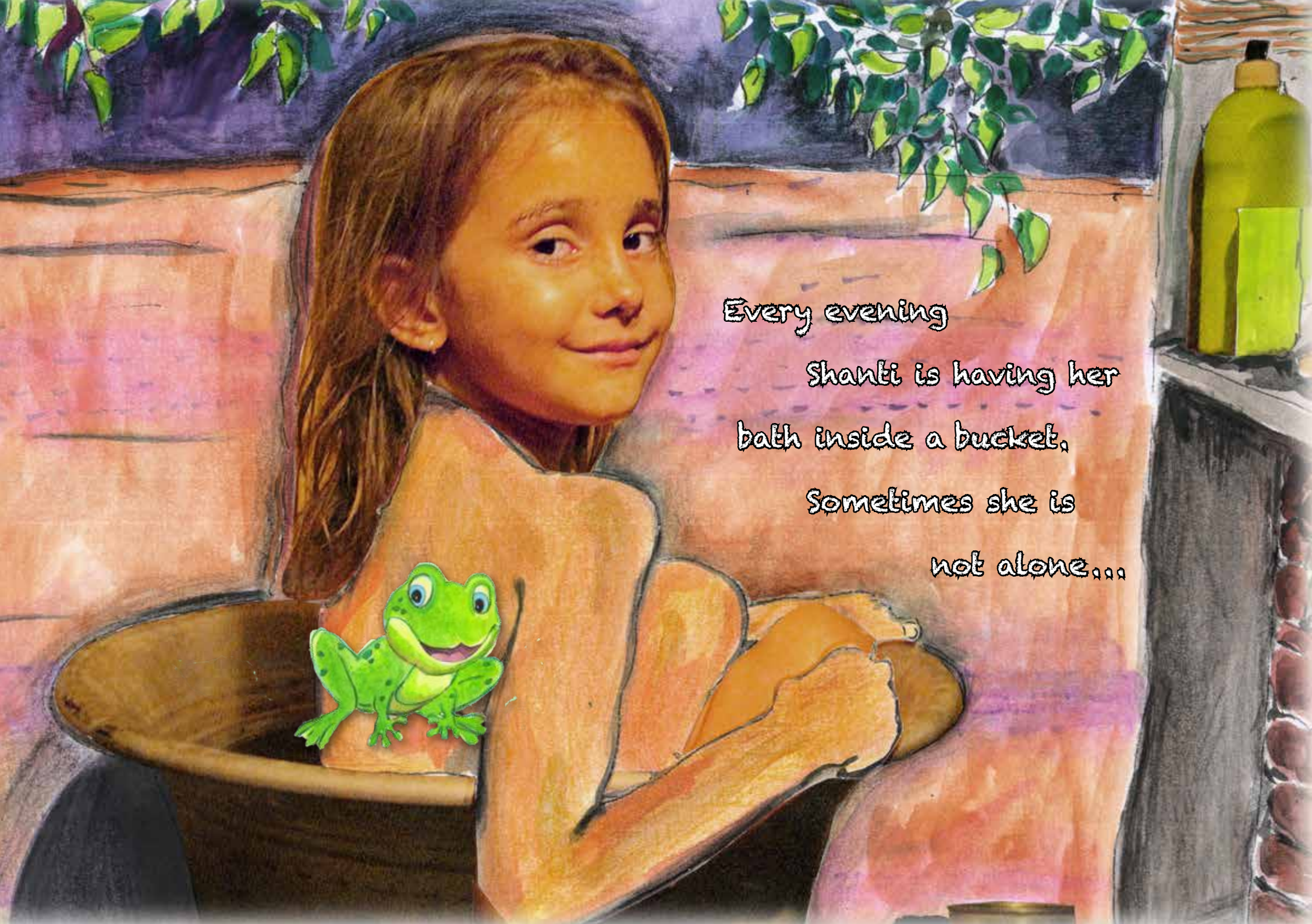




Today after dinner we have the "Open Stage". Many people take part in the show. They sing, tell some stories, dance... Shanti also loves to perform...

A painting of a young girl with long brown hair, wearing a light-colored shirt and a blue patterned skirt, standing barefoot on a dark path. She is holding a small brown teddy bear. To her right is a large, thick tree trunk with a hollowed-out section. The tree's canopy is filled with vibrant green leaves. In the upper left, a bright yellow crescent moon is visible against a dark, textured night sky. The overall style is painterly and whimsical.

The moon is up in
the sky, calling
Shanti to go
to sleep.



Every evening

Shanti is having her
bath inside a bucket.

Sometimes she is
not alone...



Shanti enters the mosquito
net in her hut and jumps
into her bed.

"Good night
my little forest,
I had a wonderful day"



A Few words about Shanti

Shanti is 19 years old today. She was three years old when she came to live in Sadhana Forest with her family.

Sadhana Forest land was completely barren in those days.

Today after 16 years of giving so much love and energy to the land it has transformed into a beautiful forest.

Throughout the years many people and families from all over the world have visited Sadhana Forest and stayed with us as volunteers. There are always amazing people and kids in our living room, eating, talking, singing, having fun...

Many trees were planted by beautiful children.

You! Yes, you are most welcome to join us in Sadhana Forest.

You can help us to plant trees and experience life in the forest.

Staying in the forest made us realize that the trees are not the only ones who grow... we are growing with them, too!



This is Shanti, 7 y old



I live in a hut

Song

Hello everybody
we are happy to be here
A magical story
You are about to hear
Hello everyone
open your eyes and heart
We are going to tell you
a story:

" I live in a hut "

I live in a hut
Life here is so fun
I also have a cat
Who likes sleeping
in the sun...

I live in a forest
Full of growing trees
Swinging in my hammock
Flowing with the breeze

I live in a magic palace
With many birds and lizards
Dogs, cows, snakes, spiders
Some say even wizards

We live in a hut
Life here is so fun
Let's have a coconut
Together in
the sunnnn. . .

Do you want to come?



I invite you to watch our **Videobook**
and to **Sing along** with us on YouTube:





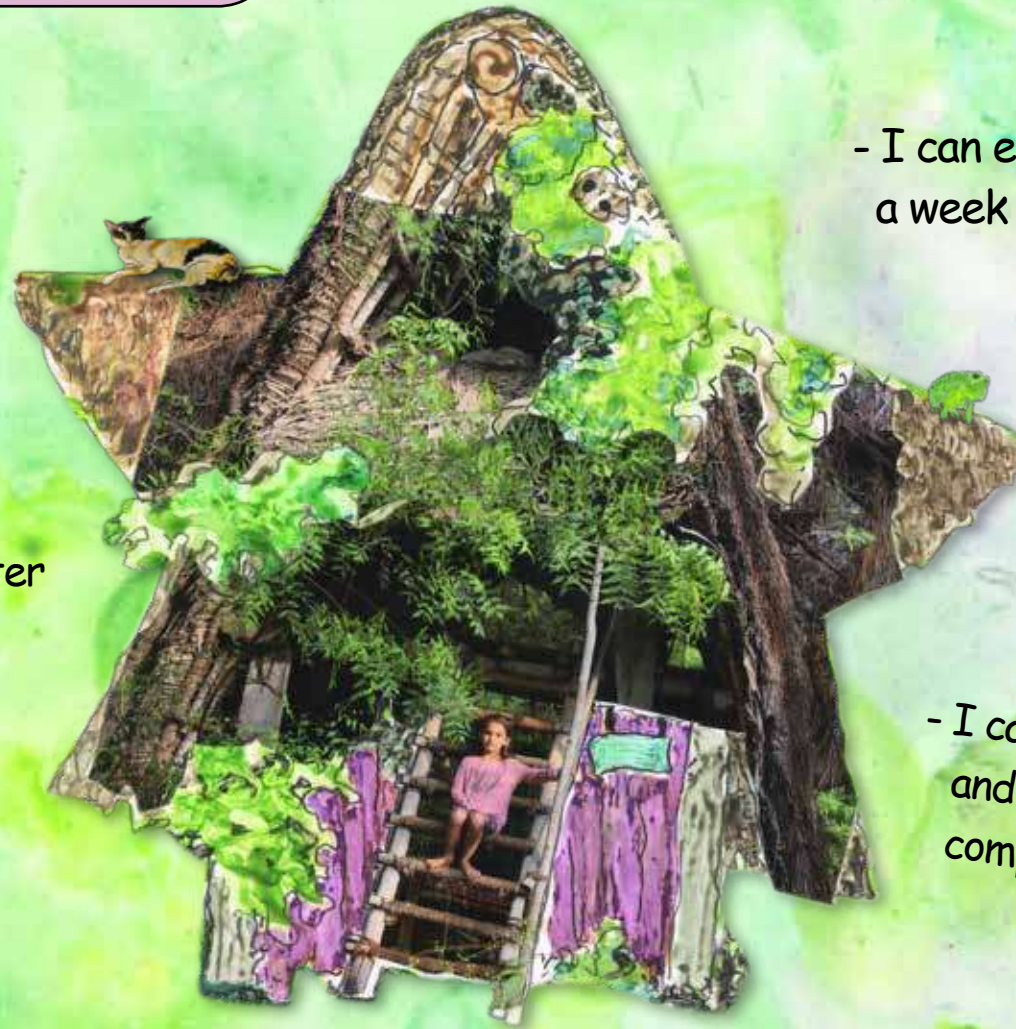
Not The End...

Things we can do @ home to help our planet

- I can plant a tree once
or twice a year

- I can take shorter
showers and save water

- I can help my parents
with their work



- I can eat vegan food once
a week or more

- I can volunteer sometimes
in an animal sanctuary

- I can use less plastic

- I can collect the food waste
and bring it to a community
compost project.

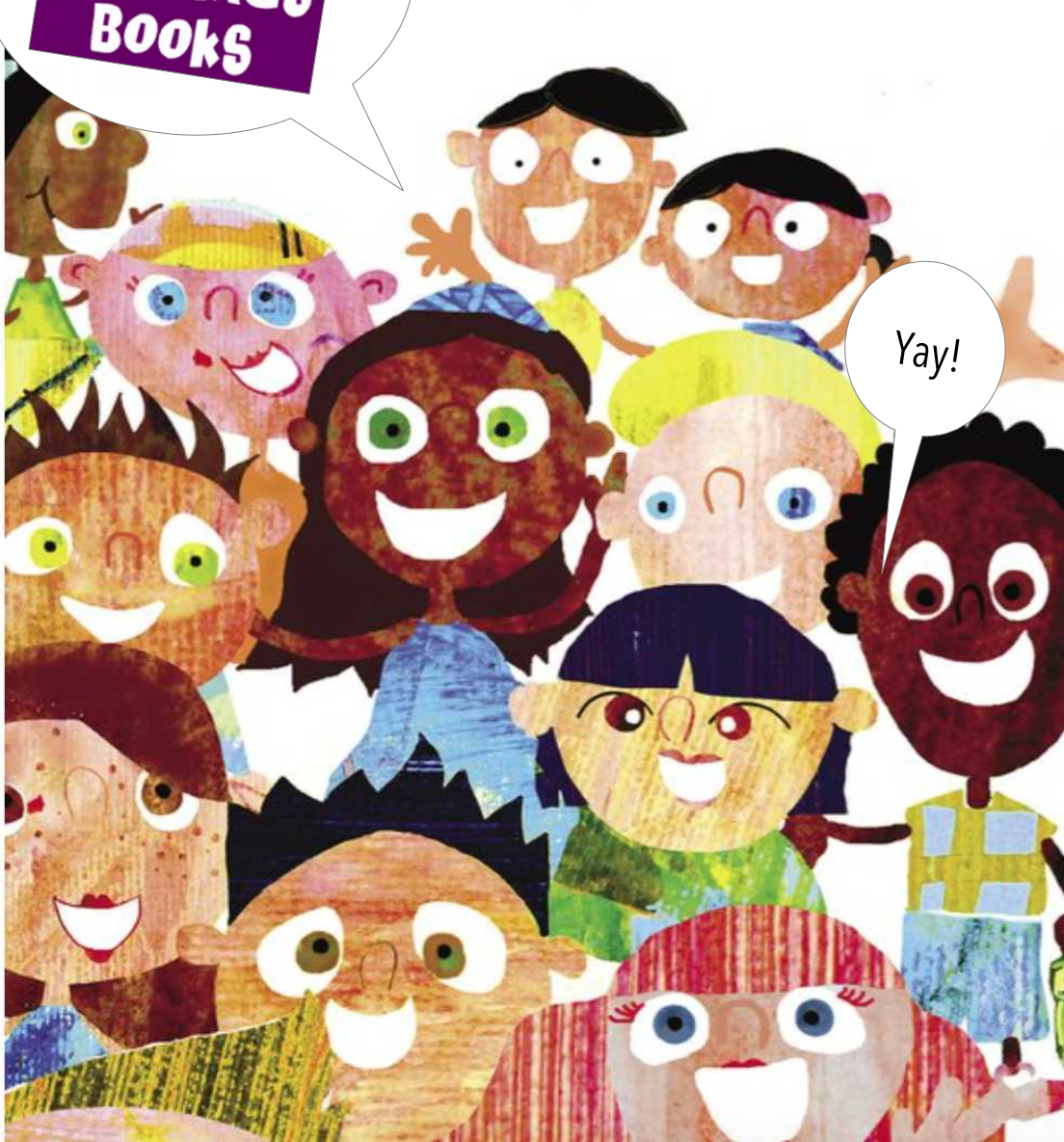
- I can have fun in nature with my friends

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