

LET YOUR LIGHT SO SHINE

Inspiring stories about compassion, kindness, courage, sharing, gratitude, acceptance and love.



WRITTEN BY TOLUWALOLA KASALI

ILLUSTRATED BY KATERYNA HUBAIDULINA

Let Your Light So Shine

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Inspiring stories about compassion, kindness, courage, sharing, gratitude, acceptance and love.

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KATERYNA HUBAIDULINA

THIS BOOK IS DEDICATED TO

Nike Kasali
(Mum)

Rotimi Kasali
(Brother)



MY NAME IS _____

I am going to let my light shine bright for the world to see!



THIS BOOK BELONGS TO

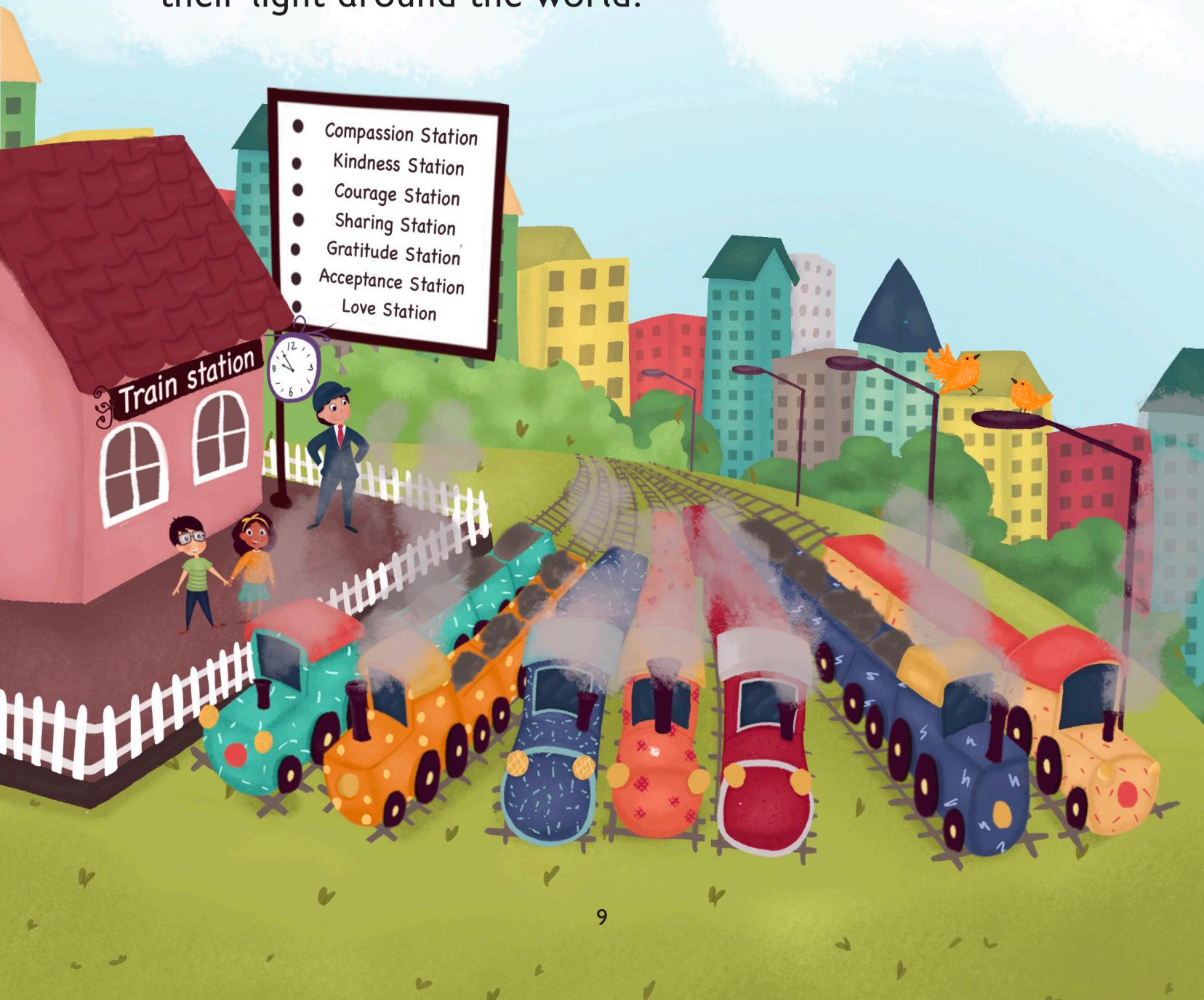
I am the light of the world!



My name
is Joshua!

My name
is Ruth!

Hello! Come with us on a short train ride as we introduce you to our amazing friends who are shining their light around the world!



Welcome To Compassion Station – caring about others and taking action

Meet our friend Esther!

Hello, my name is Esther. I love baking at the weekend. I asked Mummy if we could please bake 20 trays of cookies this weekend.

“Why do you want so many cookies?” Mummy asked.

So, I told her about my plans to sell the cookies at the Homemade Street Fair and give all the money to Sarah and her family.

Sarah told me at school that her mummy is sad because there is a big hole in their roof, but they don’t have money to fix it.

“That is so caring of you, Esther. You can ask your sister Deborah and brother Aaron for help to sell your best homemade bakes and drinks.”



We made lots of money to help Sarah and her family fix the roof, and we can help make Sarah's mummy happy again.

We are friends and we should care for each other.



Welcome To Kindness Station – helping others

Meet our friend Hannah!

Hello, my name is Hannah. I enjoy playing outside.

I was skipping down the street during playtime when I spotted David sitting on the floor. His head was bent over, and his hands were on his knees.

“I fell off my bicycle and hurt my knees. It really hurts,” David said.

I asked if I could help him get up, and he was glad that I offered to help. He held my hands tight, and I pulled him up gently.

“You are the only one who stopped to help me, Hannah. That is very kind of you.”



Standing up for a friend

On the playground at school, two big boys took Jonah's ball. They passed it around and laughed in his face.

"Give me back my ball," Jonah said.

That's not very kind, I thought. The teacher told us that bullying is unkind behaviour and should be reported. So, I did.



The teacher walked up to the boys and said, “Bullying is hurtful to others and makes the other person feel unhappy and uncomfortable.

“Also, bullying is not cool, boys. Do you know what is cool? Being kind to others and thinking about how your words and actions affect people.”

So, the boys gave Jonah back his ball and said they were sorry. They also promised to treat other people better.



Welcome to Courage Station – making brave decisions

Meet our friend Jonah!

Hello, my name is Jonah, and I love to play football with my friends.

We are playing a friendly football match against another school tomorrow, and one of the players on our school's team fell sick.

The coach asked for a volunteer to replace the player.

I really want to try to play with my friends again, I thought, but I also don't want to let them down because I cannot move fast enough in my wheelchair.

Then, I remembered that Mummy told me a story about being courageous in the face of fear. So I volunteered, and the coach accepted me as the team's replacement for the day.

The coach also assured Mummy that I could safely practice in that environment in my wheelchair.



Helping others with your courage

We won the match! Everyone came up to me after the match and said, “Thank you for stepping up, Jonah.”

I was also given a medal for being the man of the match. The coach said, “Jonah stepped up and volunteered when we were one man down. We are thankful for his courage.”

I asked my coach if I could donate my medal to the children’s sports foundation that helps other courageous children in wheelchairs.

The coach said yes, and my parents were very proud of me. “It is good to use your courage to help others,” they said.

Courage

Courage

Cou



Welcome to Sharing Station – giving to others

Meet our friend David!

Hello, my name is David. I love to make new friends. Moses just moved into town with his family because his home got destroyed when fighting started in his town. Moses left with his family to find a safe place.

“Would you like to build a snowman with me?” I asked.

“I would love to, but I don’t have a jacket and snow boots to keep myself warm,” Moses said.

So, Daddy asked me if I would like to give Moses my extra jacket and snow boots. I was sad at first, but Daddy reminded me that it is important to share what I have with others, especially with people who don’t have what I have.

Moses was very happy, and we built his first snowman together.



Sharing with others

I love my toys, and Mr. Teddy is my favourite.

Moses came to visit today, and he wanted to play with Mr. Teddy. I told him I was the only one allowed to play with Mr. Teddy.

Mummy heard me and asked us to take turns playing with Mr. Teddy.

I agreed and asked Moses to please be gentle with Mr. Teddy.

After Moses left, Mummy said she was proud of me for sharing my favourite toy with Moses. “You both took turns playing with Mr. Teddy, and no one was left out,” Mummy said.



Welcome to Gratitude Station – an attitude of being thankful

Meet our friend Moses!

Hello, my name is Moses. I love to spend time with my family.

Today is Thanksgiving Day, and Mummy asked me to write what I am thankful for.

When the fighting started in my town, my family lost everything – our house, shoes, clothes, and toys. But a nice man saved my family and moved us to a new town.

So, I am thankful that I still have my family. I am also thankful for my new friend, David. He makes me very happy.

When I think about what happened in the fighting, it makes me very sad. But when I think about my family and my new friends, it makes me very happy.



Celebrating Thanksgiving with others

Mummy cooked so many delicious meals today to celebrate Thanksgiving. She reminded us that we needed to give thanks to God for the food.

So, we gave thanks for the food and tucked right in.

We had so much food left over after eating. I asked Daddy if we could donate the food to the charities down the street.

The charities help children who don't have parents, and children who have escaped fighting in their towns. They also send items to children trapped in towns where the fighting continues.

So, we took all the leftover food down the street. I also included some of my toys. All the children were very thankful and that made me so happy.



Welcome to Acceptance Station – everyone is welcome

Meet our friend Mary!

Hello, my name is Mary, and my 10th birthday is on Saturday.

Daddy asked if I invited all my friends to the party. I told him I invited everyone except the new girl at school.

Daddy reminded me that it was not fair to leave her out, but I told him I did not want her at my party because she was not cool and did not wear nice clothes to school.

“You should not exclude people because they don’t fit your idea of being cool,” Daddy said. “Do you know what is cool? Being kind and caring about other people’s feelings is cool.

“You should treat everyone the same way you would like to be treated, no matter how much they have or what they own,” he added.



Everyone is specially made

Today was my first day at swimming club, and everyone was staring at me because of the colour of my hair and skin.

I felt very uncomfortable and kept my face down.

The teacher walked up to speak to me and asked what was wrong. I told her I did not like being stared at because of the colour of my hair and skin.

The teacher explained to me that the colour of our skin, hair, eyebrows, or eyes does not define who we are.

“We are all specially made by God and beautiful in our own special way. This means that you are special,” she said.

“Oh, I see. We are all special!” I said.

“Exactly!” the teacher said.

Swimming club



One of the girls walked up to say hello. I was confident because of the encouraging words the teacher said to me. I smiled back and said hello.

That's how I made my first new friend at the swimming club.



Welcome to love station – loving yourself and others

This is our final station! We have learned so much from our friends.

We asked the nice man driving the train about what it means to love ourselves and others.

“If you love yourself, it will be easier to love others,” he said.

“You mean like loving our friends Esther, Hannah, Jonah, David, Moses, and Mary?”

“Yes, you should love your friends and those around you just as you love yourself,” he said.

“So, how do we do that?” we asked.

“You do that by treating them the way you would want them to treat you.”

“That’s easy. I think we can do that.”



Spreading love

I am going to be kind to myself and others. I am going to let my light shine for the world to see.

- I am **caring**
- I am **kind**
- I am **giving**
- I am **courageous**
- I am **thankful**
- I am **accepting of others**
- I am **loving**
- I am the **light of the world**
- I let my light shine **so bright** for the world to see
- I am **wonderfully created by God**
- I am **loved by God!**



**Love yourself, love your
friends and spread the
love to others.**

THANK YOU FOR FOLLOWING US ON THIS
JOURNEY TO MEET OUR AMAZING FRIENDS.



**Let your light shine bright
everywhere you go!**

**The light is inside of you,
so let it shine!**



LET YOUR
LIGHT SO SHINE



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